What is your Occupational Personality Type(s)? To discover the work environments suited to your interests, abilities and personality, complete this career exploration exercise.

Pretend that you have enrolled in a class that requires several group projects. For the newest assignment, the instructor wants you to complete this form so that she can place the most similar people together. Think about the things you like and are interested in. Where do you best fit?

Select the three groups out of the six which most closely describe you.

1 = Most closely describes you.
2 = Frequently describes you.
3 = Sometimes describes you.

Choice #1 _________________
Choice #2 _________________
Choice #3 _________________

To find out what your results mean in term of majors and careers, visit an advisor in the Academic Advising & Exploration Center (Roseman 2054).

Adapted from “Survivors Exercise,” Academic Advising Department, Kellogg Community College, Battle Creek MI.

This exercise is based off of the RIASEC model which is the copyrighted work of Dr. John L. Holland, and his publisher Psychological Assessment Resources, Ind. (PAR).