May 1, 2012

Happy May Day! It’s soon to be finals time – May 7th marks the first day of finals. Finals are the time of the year that makes even the most capable students shudder. This time of year brings with it not only stress, but also the common recurring theme of many college students’ lives: the all-nighter.

10 Tips to help you do GREAT on your Finals and Tests

Tip #1. Study for each final well before the actual final. Split your time up between all of your classes.

Tip #2. Review all your class notes. Highlight terms your teacher or professor says are important. Use highlighter markers. These really make important things stand out.

Tip #3. Retype handwritten notes to help you remember them even better. If you have recorded lectures, replay them.

Tip #4. Make test flash cards with important facts, dates, names, etc. on them. Use them to ingrain facts. Use them many times until you know these facts well.

Tip #5. Form study groups with fellow class members. Meet 1-2 times per week, or as many times as you can, before the final. Use study groups to help quiz each other and double-check facts and what you need to know for the exam.
Tip #6. Use mnemonics to help you remember important facts, terms, or theories. Associate each fact with a picture, part of the alphabet, etc. What is a mnemonic? Think of one thing representing another to help you remember things on your final or test i.e. (ROYGBIV) Red, Orange, Yellow, Green, Blue, Indigo, and Violet.

Tip #7. Take care of yourself. Get plenty of sleep before each test or exam.

Tip #8. Use relaxation techniques to prevent test anxiety before the test. Do things like deep breathing, and tell yourself helpful things like "I can do this" and "I am prepared for this test" and "This test is going to go well."

Tip #9. Ask any questions you need of your teacher or professor before you have your test. Sometimes this can help by providing helpful pointers (like what will be on the test).

Tip #10. Attend every class - try not to miss any, especially any Test Review classes. Some teachers may actually zero in on what they think is important and what will be on the test.

Congratulations Class of 2012! You did it! Take a minute to look back at where you've been. Retrace your steps. How many detours have you taken? How many naysayers have you silenced? How many professors have you had to prove yourself to? How many late night study groups have you commiserated with? How many good grades have you celebrated? How many goals have you already accomplished? You know what? You're almost there! You will appreciate your degree more because you have worked hard - REALLY HARD - for it! Congratulations, celebrate your accomplishment and plan to take a nap on your diploma the day after you graduate. WHEW! Best wishes for a successful career!
Happenings:

Adult Student Connections held its final meeting on April 18th. We elected new officers for the 2012-13 academic year. I am looking forward to working with the dynamic officer team of Cory Tracy, Kayla (M-Kay) DePriest, Marian VanDalen-Anderson, and Ray Adkins. Please feel free to discuss anything with any of these officers who will be happy to present your ideas, suggestions, concerns etc. to the organization. We will be busy over the summer planning events for next school year so we can hit the ground running in September.

You’re Invited - Service Members and Veterans Meet and Greet

Wednesday, May 9th 7:00p.m. - 10:00p.m.
Warhawk Alley – University Center – 46
Free Billiards and Refreshments!

At UW-Whitewater, veterans have the opportunity to join the Veterans and Service Members Organization. Next school year, Jacob Crouse will be leading this group. This campus organization is involved in social, academic, informational, and community services. For more information or to get involved, email: uwvsso@gmail.com or Jacob at crousejb12@uw.edu.

Commencement: The spring undergraduate commencement ceremony will be on Saturday, May 12th beginning at 10:00a.m. - DLK/Kachel Fieldhouse. Congrats!

Summer School: The first summer school session begins on Tuesday, May 29th.

Just think after next week, you will not have any homework to do every night-no papers to write, no verb declensions to study, no books to read, and no information to memorize. Hmm - what to do? Relax and Enjoy Yourself, you have earned it. Until next fall… Lynn