September 9, 2011

The new semester has begun. **WELCOME!** I hope your first week on campus has been a positive one. I’ve had the pleasure of meeting and working with some of you, but for those of you I haven’t met, my name is Lynn Smith the Adult Student Coordinator. My role is to provide ongoing assistance during your college career, connecting you with on and off campus resources, linking you with other adult students, and advocating for services unique to nontraditional students. My office is located in Roseman Hall – 2017. My door is always open and I would love to have you stop by, call 262-472-1619, or email me at SmithLM11@uww.edu.

Speaking of connections, I am excited to tell you that the officers for the campus organization, Adult Student Connections have already met and they are busy planning events for you this semester. The organization offers services that help and support adult students balance the responsibilities of work, home, community, and college life. Rochelle Day, President of ASC will be contacting you to welcome you to the next meeting which will be on Friday, September 30th 1:00 p.m. - 2:00 p.m. Room 133 - University Center (near the Involvement Center). Stay tuned for more details!

**Chat over Coffee or Tea on Tuesdays**

On Tuesday mornings throughout the semester, between 8:00 a.m. - 9:30 a.m., stop by and chat and connect with other adult students over a **free** cup of coffee or tea. You will smell the coffee brewing in Room 133 of the University Center. Room 133 can be found near the Career and Leadership Offices, past the bay of computers and Bailey Interview Center. It is tucked in the corner near the fireplace. There’s nothing like the smell of coffee to get you motivated for academia!
Lunch Bunch

What’s On Wednesdays between the hours of 11:00 a.m. – 1:00 p.m.? Adult students will gather to have lunch together in Room 133 of the University Center. Join other nontraditional students to connect, chat, and commiserate from 11:00 a.m. – 1:00 p.m. Grab your lunch and come for a few minutes or as long as your schedule will allow. Everyone is Welcome!

The next edition of my newsletter will list where the refrigerators and microwaves are on campus that you can use at your own risk.

Which Computers Can I Use On Campus?

I’ve attached a list of the computer labs around campus for your use. Please review!

Tips to Calm those First Semester Nerves

1. Break tasks down into bite sized pieces. Instead of looking at the syllabus for the whole semester and stressing out over it, take things one task at a time.
2. Make use of the professor’s office hours. Their office hours are their time with/for you. Take advantage of it.
3. Reread your notes and keep track of the readings. Don't get behind. Read ahead if you have time.
4. Take a deep breath and take one day off of studying for some much needed refuel time.
5. College can be overwhelming at any age. Remember to take it in smaller pieces and you will get more done.

Hang in there, stay focused and keep moving toward your degree. Let me know how it's going!

Until Next Time... Study Hard!

Lynn Smith