## Session 1 (July 12-16)  
Session 2 (July 19-23)  
Session 3 (July 26-30)  
Session 4 (August 2-6)

**Name:**

**Date of Birth:**

**School:**

**Home Address:**

**City:**

**State:**

**Zip:**

**Home Phone:**

**Cell Phone:**

**Email:**

**Grade (Fall 2015):**

**How did you hear about the camp:**

- Attended Previously  
- School  
- Advertising  
- Website  
- Facebook  
- Club  
- Other

Gymnastics Level (Check and fill in one):

- Competitive Level:  
- XCEL Level:  
- USGA Level:

**Recreation:**

- Level/Class and Number of Years:

**Club/Prog:**

**Special Needs & Comments/Food Allergies:**

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- Resident $485  
- Commuter $465

Roommate Preference:

**Applicants are taken on a first-come, first-serve basis.**

Application must include a non-refundable $100 deposit for each applicant. The deposit amount is included in the total camp fee.

(Payment must be paid in full 10 days prior to the start of camp)

Make checks payable to UW-Whitewater or by phone with MasterCard or Visa.

Amount Enclosed: $______

- Mastercard  
- Visa

Credit Card #:  

Exp. Date:  

Name on Card:  

Register Online: camps.uww.edu

Register by Mail: Warhawk Gymnastics Camp, UW-Whitewater, Roseman Building Room 2005, 800 West Main St., Whitewater, WI 53190

Fax: 262-472-5241 Questions: cesevents@uww.edu or 800-622-0350

Register by phone: using MasterCard or Visa: 262-472-3165 or 800-622-0350 (Mondays–Fridays, 7:45 a.m.–4:15 p.m.)

For the most current addition of this brochure, please check our website: camps.uww.edu

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**COACHING STAFF**

**Head Coach:** Jennifer Regan began her role as the head women’s gymnastics coach at UW-Whitewater during the 2002-03 academic year. Coach Regan has helped build a Warhawk team that is consistently one of the top Division III teams in the nation, including a NCGA National Title in 2012, 2013 and 2014.

Coach Regan’s Coaching Highlights:

- 6 Individual National Champions (9 titles; Allyse Dieringer two-time uneven bars champion and one-time balance beam champion; Justine Weyer two-time vault champion)
- 19 All-America Honorees (70 combined All-America honors; 14 Multi-honorees)
- 2 CoSIDA Academic All-Americans
- 33 NCGA Academic All-Americans
- 7 WIAC Individual Champions (14 total individual titles)
- 2 WIAC Scholar Athlete
- 33 WIAC Athletes of the Week
- 2009 and 2014 NCGA Coach of the Year
- 2008 and 2010 WIAC Coach of the Year

Coach Regan’s teams and gymnasts hold the top scores in the UW-Whitewater record book in every category for both individual and team scores.

Coach Regan’s teams hold the top 30 scores posted in UW-Whitewater gymnastics history and at least the top 10 team scores in program history in each event.

Coach Regan boasts a home dual meet record of 51-6 with just one loss at home since 2007.

Coach Regan has led the Warhaws to four consecutive unbeaten in dual meet regular seasons.

Regan earned her Bachelor of Science degree in Biology from Springfield College in 1997, and her Master of Education degree, also from Springfield, in 1999.

For more information, visit: www.uwwsports.com

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WARHAWK Gymnastics Camp 2015

2012, 2013, and 2014 NCGA Championship Team

Registration opens January 12th, 2015

**Session 1**  
July 12-16  
**Session 2**  
July 19-23  
**Session 3**  
July 26-30  
**Session 4**  
August 2-6

For check-in please arrive by 8:00 a.m. Friday morning.

**Resident $485**  
**Commuter $465**

**Make checks payable to UW-Whitewater or by phone with MasterCard or Visa.**

**Amount Enclosed: $______**

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Signature of Parent or Guardian:

Date:  

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**CHECK US OUT ON FACEBOOK:**

Camp: http://www.facebook.com/WarhawkGymnasticCamps  
Team: https://www.facebook.com/pages/UW-Whitewater-Warhawk-Gymnastics/184885455925

No state tax supported the printing of this document.

The University of Wisconsin-Whitewater is committed to equal opportunity in its educational programs, activities and employment policies for all persons regardless of race, color, gender, creed, religion, age, ancestry, national origin, disability, sexual orientation, political affiliation, marital status, Vietnam-era veteran status, parental status and pregnancy. If you have any disabling condition that requires special accommodations or attention, please advise us well in advance. We will make every effort to accommodate your special needs.
The Warhawk Gymnastics Camp is for female gymnasts ages 6 to 18. This camp allows you to have fun and experience the instruction that you need to improve your gymnastics. Our camp is geared toward all gymnastics levels. We encourage and welcome all ability levels: those with no prior gymnastics experience, those with high school experience, and those who have competed from Levels 1 through 10.

**About**

Overnight campers will reside in a campus residence hall. The residence hall has a secured entrance and the campers are monitored by the residence hall directors, assistants, and by our own camp counseling staff. Rooms are double occupancy only. The bathrooms and showers offer clean, individual stalls for privacy. The residence hall also has lounge spaces with TV, DVD player and a full kitchen for use.

**Accommodations**

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**Facilities**

Gymnasts will have the opportunity to train in the state-of-the-art facility. Our facility is updated every summer and all of our equipment has been updated to meet NCAA standards. The Warhawk Gymnastics Gymnasium has the best Division III facilities in the country. The gym is equipped with a floor exercise area, an overhead traveling spotting rig for tumbling and vaulting, elite beams, two LZT vaults, resi pit for vaulting, a resi pit for tumbling, a resi and loose-foam pit for training uneven bars, a strap bar, a channel bar system, two trampolines, a tumble track, a dance studio, two spotting rigs and a lot more.

**Support Staff**

- **Robert Murray**  
  Head Coach and Owner, Kidsport Gymnastics, Winona, MN
- **Doug Brynes**  
  Head Coach of Hamline University and Spirit Gymnastics
- **Larry Corrigan**  
  Head Coach and Owner of Clarksville Elite Gymnastics Center, Tennessee State Gymnastics Board Administrative Committee Chair
- **Shennette Gavi**  
  Level 4-10 Club Coach-Clarksville Elite Gymnastics Center
- **Jeff Schepers**  
  Head Gymnastics Coach, Ursinus College
- **Scott Gay**  
  Assistant Gymnastic Coach, UW-Eau Claire
- **Steve Avgerinos**  
  Assistant Gymnastic Coach, Illinois State University

**Fees and Insurance**

Resident $485  Commuter $465

*Registration opens – January 12th, 2015*  
Anyone interested in attending two camps should contact our office to receive a $100 discount off their total price.

*If six or more gymnasts from one program attend the same camp, a reduced rate of $25 per person is applicable. These applications MUST be sent in together by March 1, 2015 or the group rate does not apply. Discount applies only to one week registrations.

In order to receive a camp t-shirt you must register and place your deposit before or by June 1, 2015.

The resident camp fee covers lodging, meals, educational materials, a camp t-shirt and insurance. The commuter fee includes noon and evening meals, educational materials, a camp t-shirt, and insurance (If you attend two camps, you will only receive one t-shirt).

**Schedule**

**Sunday Schedule**

5 p.m. - 6:30 p.m.  Check-in
7 p.m.  Mandatory meeting for gymnasts and parents  
In Hyland Hall
7:30 p.m.  Campers report to Williams Center for preliminary evaluations

**Monday-Wednesday Schedule**

7 a.m.  Wake Up
7:45 - 8:30 a.m.  Breakfast
9 - 9:30 a.m.  Warm-ups
9:30 - 11:50 a.m.  Morning workout
12 - 1 p.m.  Lunch
1 - 3:45 p.m.  Afternoon workout
3:45 - 5:15 p.m.  Free time/swimming
5:15 - 6:30 p.m.  Dinner
7:45 - 8:30 p.m.  Evening activities
  Monday: Open Workout  
  Tuesday: Surprise Activity  
  Wednesday: Open Workout/Movie

**Thursday Schedule**

7:30 a.m.  Wake up
7:45 - 8:30 a.m.  Breakfast
9 - 9:30 a.m.  Warm-ups
9:30 - 11:50 a.m.  Morning workout
12 - 1 p.m.  Dorms
1 - 1:30 p.m.  Lunch
2 - 3:30 p.m.  Show time - all parents, family and friends are invited to attend
3 - 3:30 p.m.  Dance and awards
3:45 p.m.  Return to dorm to pack up campers stuff

Register Online:  
camps.uww.edu