

EDUCATION:

Ph.D. Counselor Education and Supervision (CACREP); Northern Illinois University, DeKalb, Illinois
December 2015
Dissertation: *Developing a personal guiding theory of counseling: A qualitative exploration* (Director: Jane Rheineck)

M.A. Community Counseling (CACREP); Concordia University, River Forest, Illinois
May 2001

B.A. Psychology; Concordia University, River Forest, Illinois
May 1996

LICENSURE:

- Licensed Professional Counselor, State of Wisconsin (#5911-125) 2015-current
- Licensed Clinical Professional Counselor, State of Illinois (#180.005125) 2003-current

CERTIFICATIONS:

- National Certified Counselor 2012-current
- ACT Against Violence Facilitator 2010
- Non-profit Business Education, Notre Dame University, Notre Dame, IN 2009

PROFESSIONAL EXPERIENCE:

Teaching Experience

University of Wisconsin - Whitewater

Assistant Professor-Counselor Education

August 2015-present

- Teach graduate courses in counseling: Clinical Studies in Counseling, Counseling Across the Lifespan, Principles of Counseling, Theories of Counseling
- Supervise field experience in counseling: Counseling Internship, Supervised Practicum

Concordia University Chicago

Assistant Professor-Psychology

June 2011 – July 2015

- Teach undergraduate traditional courses: Developmental Psychology: Adolescence, Interpersonal Skills for the Helping Professions, Abnormal Psychology, Group Dynamics and Leadership Skills, Theories of Personality, Senior Seminar, Interface between psychology and Christianity, Community Psychology, Honors Seminar: Exploring psychology at the bookstore, and Child & Adolescent Psychology (online)
- Coordinate undergraduate psychology interns

Concordia University Chicago**Visiting Assistant Professor-Psychology** 2010-2011

- Teach undergraduate traditional courses: General Psychology, Developmental Psychology: Adolescence, Interpersonal Skills for the Helping Professions, Abnormal Psychology, Group Dynamics and Leadership Skills

Concordia University Chicago**Adjunct Faculty** 2008-2010

- Taught undergraduate traditional courses: Abnormal Psychology, Counseling Skills, Developmental Psychology: Adolescence
- Instructed directed study: Industrial and Organizational Psychology and Developmental Psychology of Infancy and Early Childhood.
- Taught graduate traditional and cohort courses: Administration of Human Services and Cognitive Development

Counseling Experience**Youth Crossroads, Inc., Berwyn, IL****Clinical Counselor** 2009-2010

- Provided individual, family and crisis counseling to youth ages 10-17.
- Facilitated family skill building group.
- Supervised Master level interns.

Director of Community Programs 2003-2009

- Developed and coordinated programs for middle school aged youth.
- Provided counseling for adolescents and families.
- Supervised and trained Bachelor Level interns, mentors and volunteers.

Crisis Counselor 2000-2003

- Provided crisis intervention to youth ages 10-17 and their families.
- Counseled individual, family and groups.

Family Guidance Center, Chicago, IL**Counselor Drug Free/RRP Program** 2000

- Provided substance abuse counseling to individuals and groups.

Additional Work Experience**Victor C. Neumann Association, Chicago, IL****Residential Supervisor/Housing Manager** 1998-2000

- Supervised and organized daily activities for two 24-hour residential homes for mentally ill and developmentally disabled adults.

Forest Hospital, Des Plaines, IL**Psychiatric Technician** 1997-1998

- Coordinated groups and activities on unit for eating disorder patients.

Victor C. Neumann Association, Chicago, IL**Program Specialist**

1996-1997

- Provided case-management services to a caseload of eight CILA clients.

Training Specialist

1996

- Led psychosocial rehabilitation groups in mental health day program of clients.

Additional Teaching Experience

- Co-facilitated CAHC-533x Standardized Testing, (NIU, Summer 2014)
- Co-facilitated CAHC-524 Clinical Mental Health Counseling: Practices, Processes, and Issues (NIU, Spring 2013)
- Co-facilitated CAHC-500 Professional Identity and Ethics in Counseling (NIU, Spring 2012)
- Co-facilitated CAHC-525 Counseling Skills and Strategies course with Master level counseling students (NIU, Fall 2011)

Additional Counseling Experience

- Provided individual counseling services to students in the NIU Counseling Lab as part of doctoral level practicum (Spring 2011)
- Provided individual counseling services to students in the NIU Community Counseling Center with an emphasis on depression, anxiety, and developmental issues (Summer 2011; Spring 2012; Summer 2012)

Additional Supervision Experience

- Coordinated counseling services in the Northern Illinois University Counseling Lab (Summer 2011)
- Pre-admission Workshop (PAW) Summer School Counselor Institute – assisted interviewing (December 2011)
- Provided supervision (group, individual, and triadic) to MA level practicum students as part CAHC-752 Supervision in Counseling course (Fall 2012)

REFEREED PUBLICATIONS:

Barth, A. L., & Moody, S. (under review). Current trends in counseling practice: Theory use and skills. *The Professional Counselor*.

REFEREED PRESENTATIONS:

Barth, A. L., & Rasing, A. (2015). *Grants help to empower professionals and enrich lives: Have the courage to apply*. Illinois Counseling Association, Skokie, IL.

Barth, A. L. (2014). *Faith – My path to meaning making as a counselor*. Wisconsin Counseling Association, Madison, WI.

Barth, A. L. (2014). Poster Presentation: *Theory Use in Counseling Practice: Current Trends within the Profession*. North Central Association for Counselor Educators and Supervisors, St. Louis, MO.

Standefer, S., Barth, A., Carter, D., Davis, T., Freisma, A., Smith, K., & Wix, K. (2014). Roundtable Presentation: *Intentional Community: Relational-Cultural Theory in a Doctoral Program*. North Central Association for Counselor Educators and Supervisors, St. Louis, MO.

Wickman, S., Barth, A. L., Smith, K. J., and Wambu, G. (2013). *Constructivist Counselor Education: Beyond the Banking Model*. Association for Counselor Educators and Supervisors, Denver, CO.

Barth, A. L. (2012). *My journey to the Beck Institute: CBT principles, model, and conceptualization*. Illinois Counseling Association, Springfield, IL.

Barth, A. L., and Standefer, S. (2012). Poster presentation: *Termination is NOT a bad word*. Illinois Counseling Association: Springfield, IL

Barth, A. L. (2012). Roundtable: *Promoting personal growth and professional development through the internship experience*. Associated Colleges of the Chicago Area (ACCA)'s Scholarship of Pedagogy Symposium: River Forest, IL.

Wickman, S., Barth, A. L., Klug, A., Pagonos, P., Nelson, J. S., Filmore, J., Wambu, G., and Melvin, K. (2011). *Constructivist Counselor Education: Beyond the Banking Model*. Illinois Counseling Association: Skokie, IL.

INVITED PRESENTATIONS/IN-SERVICE WORKSHOPS:

Anderton, C. L., & Barth, A. L. (April, 2016). *LGBTQQIAA: Why know the acronym and how you can help as a school counselor?* Professional Development Workshop for UW-Whitewater's Inaugural Spring School Counselor Summit, Whitewater, WI

Barth, A. L. (2015). *Theory use in counseling: A national survey*. First Mondays presentation: Concordia University Chicago, River Forest, IL

Barth, A. L. (2014). *The Cognitive Model*. Graduate counseling course, Northern Illinois University, DeKalb, IL

Barth, A. L. (2014). *My experiences providing clinical mental health counseling*. Graduate counseling course, Northern Illinois University, DeKalb, IL

Barth, A. L. (2013). *Cognitive Behavior Theory*. Graduate counseling course, DePaul University, Chicago, IL

Wickman, S., Barth, A. L., Smith, K. J., Filmore, J., Klug, A., and Wambu, G. (2012). *Constructivist Counselor Education: Beyond the Banking Model*. Pre-conference workshop, Illinois Counseling Association, Springfield, IL

Barth, A. L. (2012). *An Overview of CBT*. Graduate counseling course, Northern Illinois University, DeKalb, IL.

Barth, A. L. (2011). *Working with the Family*. Graduate counseling course, Concordia University Chicago, River Forest, IL.

Barth, A. L. (2011). *Incorporating my Christianity into my career as a counselor*. Undergraduate psychology course, Concordia University Chicago: River Forest, IL.

Barth, A. L. (2008). *How to Start a Mentoring Program*. 4 Most Youth Symposium, Chicago, IL.

Barth, A. L. (2007). *Use of Media to Tell Your Story*. Tutor/Mentor Leadership Conference, Chicago, IL.

Barth, A. L. (2007). *Me, Angry*. Illinois Jaycees Leadership Academy, Lisle, IL

GRANT WRITING EXPERIENCE:

Concordia University Summer Research Grant 2015

- Concordia University Chicago: \$1,200 to research national trends in how counselors are using theory in their counseling practice

Kraft Employees Fund FY 2006

- Youth Crossroads, Inc.: \$32,000 to coordinate youth mentoring program for middle school aged youth. Provided activities for youth and families, trained and monitored volunteer mentors.

HONORS AND AWARDS:

- Merlin W. Schultz Professional Development Grant, Illinois Counseling Association Foundation; November 2011

CONTINUING EDUCATION:

- CBT for Depression and Anxiety: Level I, Beck Institute May 2012
- Teaching Online Certification Course, Concordia University Chicago January 2012

PROFESSIONAL SERVICE:

National:

- American Counseling Association (2012): conference volunteer

Regional:

- North Central Association for Counselor Education and Supervision (2014): conference proposal review committee

State:

- Illinois Counseling Association Foundation Vice President (2014-2015)
- Illinois Counseling Association Foundation Board Member (2013-2015)
- Illinois Counseling Association (2013): conference volunteer co-coordinator
- Illinois Counseling Association (2013, 2011): conference proposal review committee
- Illinois Counseling Association (2011): conference volunteer

University/College/Department:

- College of Education and Professional Studies Scholarship and Awards Committee (2015-present): University of Wisconsin-Whitewater
- College of Education and Professional Studies Strategic Planning and Budget Committee (2015-present): University of Wisconsin-Whitewater
- Counselor Education Department Search Committee (2015-2016): University of Wisconsin-Whitewater
- Special Education Department Search Committee (2015-2016): University of Wisconsin-Whitewater
- Psychology Department Search Committee (2014): Concordia University Chicago
- Reader Psychology Master's thesis: Bain, B. (2013): The relationship between cell phone connectedness and overall stress: An exploratory study of two new scales
- Student Life Policies Committee (2012-present): Concordia University Chicago
- General Education Review Task Force (2011): Concordia University Chicago

PROFESSIONAL MEMBERSHIPS:

- American Counseling Association
- Association for Counselor Education and Supervision
- Association for Humanistic Counseling
- North Central Association for Counselor Education and Supervision
- Illinois Counseling Association
- Wisconsin Counseling Association

REFERENCES: Available upon request.