### Section IV - College of Education

1. All students entering the pre-professional education pre-block courses, including undergraduates, transfer students, and baccalaureate degree holding students, must meet the following criteria:
   
   [a] Passing scores on at least two subtests of the Pre-Professional Skills Test PPST;
   
   [b] A 2.75 grade point average on a minimum of 12 credits.

2. Students seeking teacher licensure must be admitted to Professional Education in order to enroll in selected upper division courses (300-400) in Education. For information pertaining to admission to Professional Education, check at Winther Hall Information Desk.

3. The Wisconsin Department of Public Instruction licensure code requires all new graduates in Early Childhood and Elementary Education to complete the Environmental Education requirement. Either Biology 214, Ecology and Society, or Geography 252, Human Environmental Problems, will partially satisfy the requirement. Students should check with their advisers about the requirement.

### Professional Education Admission

For courses Restricted to Professional Education Admission: Practicing Teachers must have a copy of their teaching certificate and the application to Professional Education for Licensed Teachers on file with the College of Education (send to Winther Hall 2033, UW-W, Whitewater, WI 53190) prior to registering. Teachers seeking their first license must be admitted to Professional Education at UW-W. This is in addition to being admitted to, and enrolled in, a graduate program.

### Health, Physical Education, Recreation and Coaching

#### Physical Education General

**PEGNRL 103 BEGINNING ARCHERY (GP)** ... An activity course designed to teach the student the fundamental techniques of archery for use as a leisure-time activity.

- #4504 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
  03/17-05/20 TR 11:00 AM - 11:50 AM WC0104B Timothy A Fader
- #4506 Section 02 [units: 0.5] Gen Ed Physical Education (GP)  
  03/17-05/20 TR 11:00 AM - 11:50 AM WC0104C Timothy A Fader

**PEGNRL 104 BEGINNING BADMINTON (GP)** ... An activity course designed to teach the student the basic skills, knowledges, strategies, and understandings of badminton.

- #4509 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
  01/21-03/14 MW 08:50 AM - 09:40 AM WC0201A Stacy Boudreau
- #4511 Section 02 [units: 0.5] Gen Ed Physical Education (GP)  
  01/21-03/14 MW 09:55 AM - 10:45 AM WC0201A Stacy Boudreau

**PEGNRL 108 BEGINNING BOWLING (GP)** ... An activity course designed to develop or improve the fundamental skills of bowling so that bowling can be utilized now, and later in life, as a recreational activity.

- #4515 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
  NOTE: For students with a bowling average below 130. Required course fee is $25.00.  
  01/21-03/14 TR 08:25 AM - 09:15 AM UC0045 Kara J Amundson
- #4516 Section 02 [units: 0.5] Gen Ed Physical Education (GP)  
  NOTE: For students with a bowling average below 130. Required course fee is $25.00.  
  01/21-03/14 TR 09:30 AM - 10:20 AM UC0045 Kara J Amundson
- #4518 Section 03 [units: 0.5] Gen Ed Physical Education (GP)  
  NOTE: For students with a bowling average below 130. Required course fee is $25.00.  
  01/21-03/14 TR 12:30 PM - 01:20 PM UC0045 Amy J Zelinger
- #4522 Section 04 [units: 0.5] Gen Ed Physical Education (GP)  
  NOTE: For students with a bowling average below 130. Required course fee is $25.00.  
  01/21-03/14 MW 01:10 PM - 02:00 PM UC0045 Timothy A Fader
- #4523 Section 05 [units: 0.5] Gen Ed Physical Education (GP)  
  NOTE: For students with a bowling average below 130. Required course fee is $25.00.  
  03/17-05/20 TR 09:30 AM - 10:20 AM UC0045 Kara J Amundson
- #4525 Section 06 [units: 0.5] Gen Ed Physical Education (GP)  
  NOTE: For students with a bowling average below 130. Required course fee is $25.00.  
  03/17-05/20 TR 11:00 AM - 11:50 AM UC0045 Amy J Zelinger
- #4527 Section 07 [units: 0.5] Gen Ed Physical Education (GP)  
  NOTE: For students with a bowling average below 130. Required course fee is $25.00.  
  03/17-05/20 TR 12:30 PM - 01:20 PM UC0045 Amy J Zelinger

**PEGNRL 120 BEGINNING GOLF (GP)** ... To learn the basic skills, rules, and etiquette of golf for use as a leisure-time activity.

- #4529 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
  03/17-05/20 TR 08:25 AM - 09:15 AM WC0104A Nicholas J Bennett
- #4530 Section 02 [units: 0.5] Gen Ed Physical Education (GP)  
  03/17-05/20 TR 09:30 AM - 10:20 AM WC0104A Nicholas J Bennett
- #4531 Section 03 [units: 0.5] Gen Ed Physical Education (GP)  
  03/17-05/20 TR 11:00 AM - 11:50 AM WC0104A Nicholas J Bennett
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<tr>
<th>Start/End Dates</th>
<th>Meeting Days</th>
<th>Meeting Times</th>
<th>Location</th>
<th>Instructor</th>
<th>Course Topic (if applicable)</th>
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<td>#4532 Oct 04-20</td>
<td>TR</td>
<td>12:30 PM - 01:20 PM</td>
<td>WC0104A</td>
<td>Nicholas J Bennett</td>
<td>Gen Ed Physical Education (GP)</td>
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</table>

**PEGNRL 121 INTERMEDIATE GOLF (GP)**  An activity course designed to give the student the opportunity to develop and utilize intermediate skills in golf. Students will practice their skills in an actual nine-hole course setting.

| #4534 Sep 17-Oct | MW          | 09:55 AM - 10:45 AM | SA0011 | Nicholas J Bennett | Gen Ed Physical Education (GP) |
| #4536 Oct 17-Oct | MW          | 11:00 AM - 11:50 AM | SA0011 | Nicholas J Bennett | Gen Ed Physical Education (GP) |

**PEGNRL 135 BICYCLING**  This bicycling course is designed for both the beginner to the intermediate rider. A variety of topics will be included: safety, proper size and riding technique, equipment, repairs & maintenance, basic physiological benefits, cycle touring and route development. Trips will be on low traveled roads and bike paths. Bikes and helmets are available.

| #4537 Sep 17-Oct | F           | 08:50 AM - 11:40 AM | WC0104A | Timothy A Fader | Gen Ed Physical Education (GP) |

**PEGNRL 141 BEGINNING YOGA (GP)**  An activity course which introduces the techniques of performing basic asanas (exercises) and purposeful breathing. Extra emphasis is given to toning the body, using deep muscle isometrics, and concentration in relaxation and better mental attitudes.

| #4538 Oct 01-14 | MW          | 07:45 AM - 08:35 AM | WC0182 | Sam K Gnatzig | Gen Ed Physical Education (GP) |

**PEGNRL 142 INTERMEDIATE YOGA (GP)**  An activity course designed which expands on the techniques of performing intermediate asanas and new methods for breathing, massage, and imagery. Special emphasis is given to limbering the body while using deep muscle isometrics, imagery in everyday life, stress reduction, and nutrition designed to improve lifelong health.

| #4539 Sep 17-Oct | MW          | 07:45 AM - 08:35 AM | WC0182 | Sam K Gnatzig | Gen Ed Physical Education (GP) |

**PEGNRL 150 BEGINNING SWIMMING (ARC LEVELS III-IV) (GP)**  An activity class designed to help the student develop proficiency in the front crawl, back crawl, elementary backstroke, and treading water. The breaststroke and sidestroke are introduced. Prereq: Demonstrate all completion requirements in the American Red Cross Level II course.

| #4540 Oct 01-14 | MW          | 09:55 AM - 10:45 AM | WC0174 | Nancy K Farmer | Gen Ed Physical Education (GP) |

**PEGNRL 151 INTERMEDIATE SWIMMING (ARC LEVEL V-VI) (GP)**  An activity course designed to polish the students front crawl and back crawl, as well as develop proficiency in the breaststroke and sidestroke. The butterfly, approach stroke, turns, and surface dives are introduced. PREREQ: ARC LEVEL IV OR ITS EQUIVALENT

| #4541 Sep 17-Oct | MW          | 09:55 AM - 10:45 AM | WC0174 | Nancy K Farmer | Gen Ed Physical Education (GP) |

**PEGNRL 158 BEGINNING SKIN AND SCUBA DIVING (GP)**  An activity course emphasizing basic skin and scuba diving knowledges, skills, safety precautions, and recreational benefits through 22 hours of classroom and practical work. Successful completion of the course qualifies students for checkout dives and final scuba diver certification. The course is taught under the auspices of the Professional Association of Diving Instructors (PADI).

| #4542 Oct 01-14 | R           | 06:30 PM - 09:30 PM | WC0183B | Bill Krieger | Gen Ed Physical Education (GP) |
| #4543 Oct 02-14 | R           | 06:30 PM - 09:30 PM | WC0183B | Bill Krieger | Gen Ed Physical Education (GP) |

**PEGNRL 160 BEGINNING TENNIS (GP)**  An activity course instructing students in the basic fundamentals of tennis. The course consists of learning and practicing six basic strokes. An attempt is made to develop an appreciation and love for the game so the student will participate in the activity after college.

| #4544 Oct 01-20 | MW          | 08:50 AM - 09:40 AM | WC0104C | Kara J Amundson | Gen Ed Physical Education (GP) |
| #4545 Oct 01-20 | MW          | 09:55 AM - 10:45 AM | WC0104C | Kara J Amundson | Gen Ed Physical Education (GP) |

**PEGNRL 167 BEGINNING WEIGHT TRAINING (GP)**  A course designed to develop a basic understanding of the use of weights as fundamental techniques and skills and to help the individual set up and understand a good program of training.

| #4546 Oct 01-20 | TR          | 09:30 AM - 10:20 AM | WC0195 | Joshua B Ireland | Gen Ed Physical Education (GP) |
| #4547 Oct 01-20 | MW          | 09:55 AM - 10:45 AM | WC0195 | A Ryan Bracius | Gen Ed Physical Education (GP) |
| #4548 Oct 01-20 | TR          | 11:00 AM - 11:50 AM | WC0195 | Joshua B Ireland | Gen Ed Physical Education (GP) |
| #4549 Oct 01-20 | MW          | 09:30 AM - 10:40 AM | WC0195 | A Ryan Bracius | Gen Ed Physical Education (GP) |
| #4550 Oct 01-20 | MW          | 09:55 AM - 10:45 AM | WC0195 | A Ryan Bracius | Gen Ed Physical Education (GP) |
| #4551 Oct 01-20 | TR          | 11:00 AM - 11:50 AM | WC0195 | Joshua B Ireland | Gen Ed Physical Education (GP) |
| #4552 Oct 01-20 | MW          | 01:10 PM - 02:00 PM | WC0195 | A Ryan Bracius | Gen Ed Physical Education (GP) |

Spring 2014 UWW GenEd Class Listing > Physical Education -- Page 2 / 4 1/5/2015 10:57 AM
PEGNRL 170 BEGINNING SELF DEFENSE (GP) ... An activity course designed to increase personal fitness, to develop skills in the defense of one’s self, and to develop skills to identify crime situations and how to handle them.

#4553 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
01/21-03/14 M 06:15 PM - 07:55 PM WC0202 Austin G Sams

#4554 Section 02 [units: 0.5] Gen Ed Physical Education (GP)
01/21-03/14 W 06:15 PM - 07:55 PM WC0203 Trent A Norrell

#4556 Section 03 [units: 0.5] Gen Ed Physical Education (GP)
03/17-05/20 W 06:15 PM - 07:55 PM WC0203 Jon P Nagel

#4558 Section 04 [units: 0.5] Gen Ed Physical Education (GP)
03/17-05/20 M 06:15 PM - 07:55 PM WC0202 Austin G Sams

PEGNRL 175 BEGINNING TAE KWON DO: KARATE (GP) ... An activity course designed to teach the fundamental physical and mental skills of Tae Kwon Do, a Korean style of karate. The course will cover basic blocks, kicks, strikes, and forms, as well as proper breathing techniques and the theory of power. Emphasis will be placed on how karate can be used for self-defense.

#4559 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
01/21-03/14 M 06:15 PM - 07:55 PM WC0203 Christopher R Wunsch

#4560 Section 02 [units: 0.5] Gen Ed Physical Education (GP)
01/21-03/14 T 06:50 PM - 07:55 PM WC0203 Austin G Sams

#4561 Section 03 [units: 0.5] Gen Ed Physical Education (GP)
03/17-05/20 T 06:15 PM - 07:55 PM WC0203 Austin G Sams

PEGNRL 176 INTERMEDIATE TAE KWON DO: KARATE (GP) ... An activity course designed to teach the intermediate physical and mental skills of Tae Kwon Do, a Korean martial art. The course will review skills learned in Beginning Tae Kwon Do. Emphasis will be placed on forms and self-defense techniques.

COREQ: PEGNRL 175

#4562 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
03/17-05/20 M 06:15 PM - 07:55 PM WC0203 Christopher R Wunsch

PEGNRL 177 ADVANCED TAE KWON DO (GP) ... The course is designed to enhance skills learned in the beginning and intermediate classes along with developing more advanced skills. Students will discuss and practice various advanced techniques, skills, strategies and philosophies in martial arts, along with a constant focus on sound structural basics.

PREREQ: PEGNRL 175 AND PEGNRL 176

#4564 Section 01 [units: 1] Gen Ed Physical Education (GP)
01/21-05/20 R 06:15 PM - 07:55 PM WC0202 Trent A Norrell

PEGNRL 179 MARTIAL ARTS SPARRING TECHNIQUES (GP) ... Course focuses on techniques, strategies, and skills to improve self-defense and martial arts competition.

PREREQ: PEGNRL 175; COREQ: PEGNRL 176

#4566 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
03/17-05/20 W 06:15 PM - 07:55 PM WC0202 Trent A Norrell

PEGNRL 183 EXERCISEWALKING (GP) ... An activity class to teach students a variety of walking styles and training routines. Students develop a program of exercise walking which best fits their lifestyle and physical fitness needs.

#4567 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
01/21-03/14 TR 11:00 AM - 11:50 AM WC0104B Stacy Boudreau

#4570 Section 02 [units: 0.5] Gen Ed Physical Education (GP)
03/17-05/20 MW 01:10 PM - 02:00 PM WC0104B Stacy Boudreau

PEGNRL 187 MILITARY CONDITIONING (GP) ... An activity course which is an introductory study for men and women of military calisthenics designed to develop both individual fitness and leadership skills essential to the management of an effective organizational physical fitness program.

#4175 Section 01 [units: 1] Gen Ed Physical Education (GP)
01/21-03/14 MTR 06:30 AM - 07:20 AM WC0201A Matthew S Lane

#4176 Section 02 [units: 1] Gen Ed Physical Education (GP)
03/17-05/20 MTR 06:30 AM - 07:20 AM WC0201A Matthew S Lane

PEGNRL 190 SWIM FOR FITNESS (GP) ... An activity course helping students utilize their swimming skills to develop and maintain fitness; distance, fartlek, interval techniques, and dry land exercises are taught. Out-of-class activity is recommended.

#4572 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: Prerequisite: Intermediate Swimming Ability
01/21-03/14 TR 11:00 AM - 11:50 AM WC0174 Joel M Rollings

PEGNRL 192 PERSONAL HEALTH AND FITNESS FOR LIFE (GP) ... An activity course which develops students understanding of the importance of a healthy lifestyle, while experiencing the choices available. Students will develop a basic understanding of creating and/or assessing healthy and safe exercise program(s) relative to their goals and needs.

#3263 Section 01 [units: 1] Gen Ed Physical Education (GP) NOTE: This is a hybrid course using Desire2Learn (D2L) and other technology for delivery of part of the course.
01/21-05/20 M 07:45 AM - 08:35 AM WH2001 Brian J Borland
01/21-05/20 M 07:45 AM - 08:35 AM WH2001 Chris J Heilman
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<th>Start/End Dates</th>
<th>Meeting Days</th>
<th>Meeting Times</th>
<th>Location</th>
<th>Instructor</th>
<th>Course Topic (if applicable)</th>
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<td>01/21-05/20</td>
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<td>WH2001</td>
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<td>Joshua B Ireland</td>
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<td>01/21-05/20</td>
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<td>WH2001</td>
<td>Benjamin J Staupe</td>
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<td>Daryl K Agapalsa</td>
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<td>NOTE: This course is totally web-based and delivered through Desire2Learn. Access to the course will be given via e-mail once you have registered for the course. Restricted to students with online degree programs and consent of department. Required additional course fee is $50.00 per unit.</td>
<td>01/17-05/20</td>
<td>Arranged</td>
<td>Arranged</td>
<td>WEB BASED</td>
<td>Jennifer R Regan</td>
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Physical Education Professional

PEPROF 291 LIFEGUARDING (GP) ... This course leads to a three-year certification as an American Red Cross Lifeguard, a Waterfront Lifeguard and a Head Lifeguard as well as certification in First Aid and Cardiopulmonary Resuscitation for the Professional Rescuer.

#4625 Section 01 [units: 3] | Gen Ed Physical Education (GP) | NOTE: This is a hybrid course using Desire2Learn (D2L) and other technology for delivery of part of the course. Required additional course fee is $83.00. | 02/28 | F | 06:00 PM - 10:00 PM | WC0174 | Joel M Rollings |
| 03/01-03/02 | SU | 08:00 AM - 05:00 PM | WC0174 | Joel M Rollings |
| 03/07 | F | 06:00 PM - 10:00 PM | WC0174 | Joel M Rollings |
| 03/08-03/09 | SU | 08:00 AM - 05:00 PM | WC0174 | Joel M Rollings |
| 01/21-03/11 | Arranged | Arranged | WEB BASED | Joel M Rollings |