

# METACOGNITION: The Key to Acing Courses



Thursday, November 16th

Timmerman Atrium and Auditorium

Dinner & Discussion: 5:00–6:00 PM

Workshop: 6:00–7:30 PM

Led by Dr. Saundra McGuire

Sign-Up Deadline: November 1st

All students who are admitted to college have the ability to ace their courses. However, most students did not acquire effective learning strategies in high school, and resort to memorizing information just before tests. This strategy usually yields poor results, with students earning grades much lower than their ability. This interactive workshop will introduce students to cognitive science based learning strategies that help all students experience meaningful, transferrable learning, resulting in A's in their courses!



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