



# Safety First

## A Monthly UW-Whitewater Police Services Publication

Officer Stephen Hanekamp, Editor



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### Beat the Heat

July 2008 is here and along with it comes high temperatures, barbecues and short fuses! Peoples tempers tend to get a little shorter in the summer heat. Let's all work hard together to ensure we don't let our summer frustrations out on others. Here are some safety tips to help you stay cool and enjoy the warmth while we can! When you get to hot, just remember how much you complained about the winter!



## Heat Safety Tips:

- **Dress for the heat.**
  - Wear lightweight, light-colored clothing. Light colors will reflect away some of the sun's energy. It is also a good idea to wear hats or to use an umbrella.
- **Drink water.**
  - Carry water or juice with you and drink continuously even if you do not feel thirsty. Avoid alcohol and caffeine, which dehydrate the body. Avoid using salt tablets unless directed to do so by a physician.
- **Eat small meals and eat more often.**
  - Avoid high-protein foods, which increase metabolic heat.
- **Slow down.**
  - Avoid strenuous activity. If you must do strenuous activity, do it during the coolest part of the day, which is usually in the morning between 4 and 7 a.m.
- **Stay indoors when possible.**
  - If air-conditioning is not available, stay on the lowest floor out of the sunshine. Remember that electric fans do not cool, they simply circulate the air.
- **Be a good neighbor.**
  - During heat waves, check in on elderly residents in your neighborhood and those who do not have air conditioning.
- **Learn first aid and CPR.**

### June Incident Summary

UW-Whitewater Police Services contacts involving an incident number being taken.

- 10 - Burglar and/or fire alarms activated
- 18 - Traffic citations
- 5 - Assist other agencies
- 1 - Vandalism
- 2 - Accident reports completed
- 3 - Criminal Damage to Property reports
- 1 - Soliciting complaint
- 3 - Theft of property
- 2 - Assist Whitewater Rescue

### Are Fireworks Legal in Wisconsin?

The state of Wisconsin allows the sale, possession and use, without a permit, of sparklers, stationary cones and fountains, toy snakes, smoke bombs, and caps, noisemakers and confetti poppers with less than 1/4 of a grain of explosive mixture. There is no age restriction on sale, possession or use of these devices and the state statute does not classify them as fireworks. **These are the only kinds of "fireworks" as that word is commonly used, that a person may use or possess without a permit or that may be sold to a person who does not have a permit.**



-Wisconsin Department of Justice

# Happy Birthday America

### UW-Whitewater Police Services—Feature Staff



Officer Jason Burt

Ofc. Burt stated with the UW-Whitewater Police Department in July of 1999 and currently works the evening shift (3-11pm). He is currently a Field Training Officer, the Bicycle Maintenance Officer, an Evidence Technician and does Crime Prevention Programming. Ofc. Burt is also certified as a state instructor by the Law Enforcement Training and Standards Board in Professional Communications and Vehicle Contacts. When not working he is active in the Wisconsin Law Enforcement Association Local 2 as a representative and Steward, the Whitewater Community CISD Team, WI Special Olympics and enjoys hiking and biking. Ofc. Burt can be reached at 262-472-4660 or by email at burtj@uww.edu.