

# REGISTRATION FORM

MAIL UW-Whitewater Continuing Education Services Roseman Bldg. Room 2005 800 W. Main St. Whitewater, WI 53190	PHONE 262-472-3165 or 1-800-622-0350 Monday-Friday, 7:45 AM - 4:15 PM	FAX 262-472-5241  ONLINE <a href="http://www.uww.edu/conteduc/">http://www.uww.edu/conteduc/</a>
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Please Print - Your confirmation and any correspondence will be sent to the address below

_____		_____	
First Name	Last Name		
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Address			
_____			
City	State	Zip	
<input type="checkbox"/> M <input type="checkbox"/> F	D.O.B: / /		
_____		_____	
Daytime Phone		Evening Phone	
_____			
Email Address			

## Cost of Attendance

\_\_\_\_\_ \$295, single attendee

\_\_\_\_\_ \$275 per person, two or more attendees from same agency

\_\_\_\_\_ \$150 per person, for grad students, and guidance and counseling/social work

\_\_\_\_\_ Number Attending

**Total Amount Enclosed:** \_\_\_\_\_

## Method of Payment

Check enclosed (make payable to UW - Whitewater.)

Visa  MasterCard

\_\_\_\_\_ Exp. date

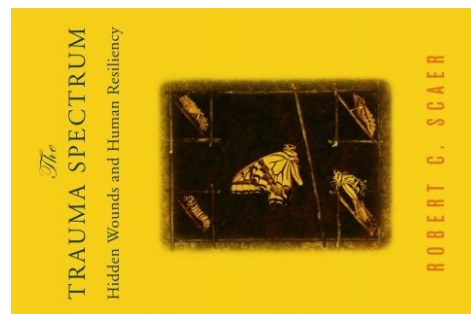
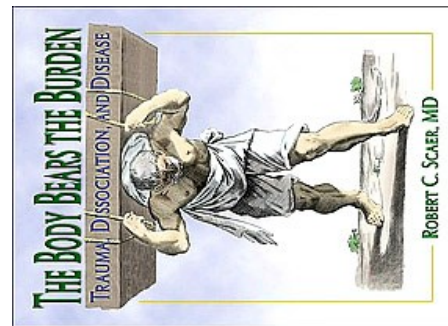
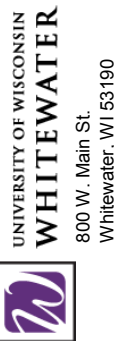
\_\_\_\_\_ Cardholder Name

I understand that the University may take photographs and or videos of workshop participants and activities. I agree that the University of Wisconsin-Whitewater shall be the owner of and may use such photographs and or videos relating to the promotion of future workshops. I relinquish all rights that I may claim in relation to use of said photographs and or videos.

\_\_\_\_\_ Signature

### THE FOLLOWING INFORMATION IS FOR DEMOGRAPHIC PURPOSES AND IS VOLUNTARY:

RACE/ETHNICITY	OCCUPATION/ORGANIZATION
___ White (not Hispanic origin)	___ Social/Recreational
___ Black (not Hispanic origin)	___ Educational Services
___ Hispanic	___ Health Services
___ Asian or Pacific Islander	___ Other, describe: _____
___ American Indian/Alaskan Native	



DR. ROBERT SCAER  
& MARCUS KUREK PRESENT

# THE INFINITE COMPLEXITY OF THE TRAUMATIC EXPERIENCE:

Implications for  
Diagnosis & Healing

April 30 - May 1, 2010

Co-sponsored By:

**CrossRoads**  
Counseling Center

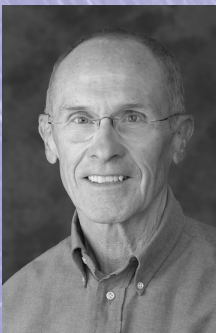


UNIVERSITY OF WISCONSIN  
WHITEWATER

# TWO - DAY TRAUMA LECTURE AND WORKSHOP

SPRING 2010

## ROBERT SCAER, M.D.



Dr. Scaer received his B.A. in Psychology, and his M.D. degree at the University of Rochester. He is Board Certified in Neurology, and has been in practice for 33 years. His primary areas of interest and expertise have been in the fields of brain injury and chronic pain, and more recently in the study of traumatic stress and its role in physical symptoms and diseases.

Dr. Scaer has lectured extensively nationally and internationally on these topics, and has published several articles on traumatic stress.

He has published two books: *The Body Bears the Burden: Trauma, Dissociation and Disease*, and *The Trauma Spectrum: Hidden Wounds and Human Resiliency*.

Dr. Scaer is currently retired from clinical medical practice, and continues to pursue a career in writing and lecturing.

## MARCUS KUREK, PT, MA, SEP

Mr. Kurek has over 20 years of expertise in integrative therapeutic modalities for the treatment of chronic conditions. He served as the principle physical therapist of the Pain Management Services at the Mapleton Center and is the co-founder and owner of The Center for Pain and Trauma Recovery.



Mr. Kurek earned his bachelor's degree in physical therapy from Northwestern University School of Medicine, a Masters Degree in Contemplative Psychotherapy from the Naropa University, and is a certified Somatic Experiencing Practitioner (SEP) under the study of Dr. Peter Levine. In 2006, he formed The NeuroHarmonics Institute, which incorporates neuro-feedback therapy as a treatment modality in a wide variety of therapeutic conditions.

## SCHEDULE\*

### Friday, April 30

9:00 AM Trauma neurophysiology and the freeze response & What makes up the traumatic experience  
Dr. Scaer  
10:45 AM Therapeutic considerations  
Mr. Kurek  
12:15 PM *Lunch (on your own)*  
1:45 PM The infinite complexity of the traumatic experience & dissociation theory in trauma  
Dr. Scaer  
3:30 PM Emotional armoring, somatic tracking, attachment, and bonding  
Mr. Kurek

### Saturday, May 1

9:00 AM Trauma neurophysiology and the freeze response & what makes up the traumatic experience  
Dr. Scaer  
10:45 AM Somatic awareness & dissociation  
Mr. Kurek  
12:15 PM *Lunch (on your own)*  
1:45 PM The infinite complexity of the traumatic experience & dissociation theory in trauma  
Dr. Scaer  
3:30 PM Personal organizational patterns  
Mr. Kurek  
5:00 PM Somatic resonance, bonding, transference, neurofeedback  
Q&A

\*There will be a 15-minute break between presentation segments

## TRAUMA & PTSD

PTSD, Traumatic Stress and their subsyndromal counterparts are pervasive in the healthcare population. Once thought to only reside in the domain of the mental health arena, PTSD and Traumatic Stress can now be found in all disciplines of healthcare. The symptoms leading to the recognition of these conditions are subtle and confusing for the untrained practitioner. Undiagnosed, these conditions could sabotage the effectiveness of seemingly appropriate therapeutic interventions. Understanding the different levels of brain functioning will give the practitioner tools to identify and treat signs of threat to avoid retraumatization and enhance the effectiveness of therapeutic interventions when treating the PTSD and Traumatic Stress population. This presentation is focused on developing the understanding and the terminology to help different branches of healthcare to interact effectively when treating this population.

### OBJECTIVES:

- 1) Participants will be able to redefine what we commonly consider to be life trauma in a manner that promotes effective treatment for commonly ignored symptoms.
- 2) Participants will learn to apply a broad spectrum of available therapeutic techniques to the complexity of the spectrum of post-traumatic emotional and somatic dysfunction.
- 3) Participants will be able to use concepts of the core neuro-physiology of trauma and its healing to a therapeutic paradigm.

## ADDITIONAL INFORMATION

### THE INFINITE COMPLEXITY OF THE TRAUMATIC EXPERIENCE: IMPLICATIONS FOR DIAGNOSIS AND HEALING

Hans Selye implies that *stress* involves any experience that requires adaptation by the body – in other words, that poses a threat to health. Trauma may simplistically be defined as stress *in the face of helplessness*. This simple, relatively precise definition lends itself to a significant revision of our concepts of trauma, and has implications for how we look at the effects and symptoms of trauma, the role of culture and social adaptations, mental and physical health and diagnosis, methods of healing trauma, and many others.

In this workshop, we'll push the limits in how we need to define trauma in order to understand and treat its effects on the body and mind. We'll explore such things as preverbal trauma, the trauma of grief and loss, the health results of trauma and the trauma of our system of healthcare, and the incredibly varied physical and emotional expressions of the traumatic experience that are ignored in the DSM-IV. This will lead us to a theoretical model for the essential ingredients in trauma healing.

**DATE:** Friday - Saturday, April 30 - May 1

**TIME:** 9:00 AM - 5:00 PM

**CEUs:** 1.2 (12 continuing education or professional development hours)

**FEES:** \$295 per person

**DISCOUNT:** \$275 for 2+ attendees from same agency

\$150 for graduate students and guidance and counseling/social work

## REGISTER ONLINE:

<http://www.uww.edu/conteduc/>

### LOCATION

UW-WHITEWATER CAMPUS  
800 W. Main St.  
Whitewater, WI 53190

### FOR FURTHER INFORMATION

CONTINUING EDUCATION SERVICES  
262-472-3165  
cesevents@uww.edu  
Monday-Friday 7:45 AM-4:15 PM

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