

WARHAWK GYMNASTICS CLINICS

OCTOBER 2ND • OCTOBER 16TH • NOVEMBER 13TH • 2011



ABOUT THE CLINICS

Come train at the home of the WIAC Conference Champions. The state of the art Warhawk training facility has everything you need to work on those new skills for High School Season! Our talented coaches are excited to help you reach all of your goals.

DAILY CLINIC SCHEDULE

8:45AMCheck-In
9:00-9:20AMStretching
9:20-10:05AMRotation 1
10:05-10:50AMRotation 2
10:50-11:05AM15 Minute Break
11:05-11:50AMRotation 3
11:50-12:30PMRotation 4
12:35-1:00PMConditioning & Drills

COST OF CLINICS

\$40 for individual sessions. • \$90 for all 3 sessions!

Must sign up by September 30th to receive discount for all 3 sessions. First come first serve basis!

EQUIPMENT

- 2 LZT Vaults
 - Competition Landing & Resi Pit Landing
- 2 AAI Uneven Bars
 - Channel Bar System
 - Floor Bars
 - Trampoline Bounce Bar
 - Single rail to open foam pit or resi landing
- 5 Competition Height Beams
 - One Extended
 - 3 Low Beams
- 1 Tumble Trek System
 - 2 Trampolines
 - Tumbling Strip into resi pit



Phone: 262-472-5647 E-Mail: allison.annala@gmail.com

Register Online at: <http://camps.uww.edu>

WARHAWK GYMNASTICS CLINICS 2011

October 2nd (\$40) October 16th (\$40) November 13th (\$40) All Three Clinics (\$90)

Name: _____ Gender: Male Female Date of Birth: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____ Email: _____

School: _____ Grade: _____ How did you hear about the clinic: Advertising Website School Other

Special Needs & Comments: _____

Applicants are taken on a first come, first-serve basis.

Amount Enclosed \$ _____ *Make checks payable to UW-Whitewater or by phone with MasterCard or Visa.*

Mastercard Visa Credit Card #: _____ Exp. Date: _____ Name on Card: _____

Register Online: <http://camps.uww.edu> **Register by Mail:** Warhawk Gymnastics Clinics, UW-Whitewater, Roseman Building Room 2005, 800 West Main St., Whitewater, WI 53190

Fax: 262-472-5241 **Questions:** csevents@uww.edu or 1-800-622-0350

Register by phone using MasterCard or Visa: 262-472-3165 or 1-800-622-0350 (Mondays-Fridays, 7:45 a.m.-4:15 p.m.)

I understand that the University may take photographs and/or video of event participants and activities. I agree that the University of Wisconsin-Whitewater shall be the owner of and may use such photographs and/or videos relating to the promotion of future events. I relinquish all rights that I may claim in relation to use of said photographs and/or videos.

Signature of Parent or Guardian: _____ Date: _____