

# 2012 WARHAWK WRESTLING CAMPS

**Youth Wrestling Commuter July 9–11**

**Premier Rookie Wrestling: July 9–11**

**Premier Elite Wrestling: July 11–14**



## YOUTH WRESTLING COMMUTER

July 9-11 • Grades K-6

The Youth Wrestling Camp is a great experience for wrestlers of all levels. This camp is especially great for those who want to learn and refine the fundamental skills and techniques of wrestling and wrestling competition. The camp will focus on developing fundamentally-sound skills. Wrestlers will learn to develop good wrestling habits and develop an interest for the sport of wrestling. This is a commuter camp and parents are welcome to observe or can drop the kids off for the day and pick them up in the afternoon.

**COST: \$100**

## PREMIER ROOKIE WRESTLING

July 9-11 • Grades 7-12

Intended for those that are new to the sport of wrestling or are attending a wrestling camp for the first time. This overnight camp assures that campers will not get lost in the numbers and will get individual attention throughout each session the entire camp.

**COST: \$200 • LIMITED TO 40 CAMPERS**

## PREMIER ELITE WRESTLING

July 11-14 • Grades 7-12

Going on its 12th year of helping to bring wrestlers to the "next level!" This camp is intended to help experienced wrestlers advance their skills. The camp will cover multiple areas that are essential to becoming a champion wrestler.

**COST: \$275 • LIMITED TO 44 CAMPERS**

## AREAS COVERED AT PREMIER CAMPS

Areas covered in both of these camps include: mental preparation, strength and power-development, implementing new techniques, drilling techniques, situational wrestling, and hard wrestling. The camp is designed so athletes will get plenty of one-on-one instruction. The unique part of the UW-Whitewater Premier Camps is the 4:1 camper-counselor ratio. Campers will be put in groups of four upon arrival and that group will have a counselor with them at all times and at all practice sessions. Due to the format of the Premier Camps we need to limit the camp members. The Premier Elite and Youth Camps fill quickly so be sure to RESERVE YOUR SPOT TODAY.

## HOUSING & FOOD

The residence halls are within walking distance of the Williams Center complex and instruction facilities. Campers will be housed two to a room. The dining halls are located in close proximity to the residence halls and serve three well-balanced meals daily to resident campers. Commuters for the Premier Camps will be entitled to lunch and dinner. These meals are included in the camp fee.

## CAMP FEES

**Youth Wrestling Commuter Camp • JULY 9-11**

Cost: \$100/Camp

**Premier Rookie Wrestling Camp • JULY 9-11**

Cost: \$200/Camp

**Premier Elite Wrestling Camp • JULY 11-14**

Cost: \$275/Camp

The camp fee for each camp includes room and board (except the Youth Wrestling Commuter Camp), insurance, instructional materials and camp t-shirt.

## INSURANCE

Each camper will be covered by a group accident insurance policy. The cost of insurance is included in the registration fee. The insurance includes primary coverage up to \$7,500 and \$300 maximum dental insurance. Insurance does not cover pre-existing injuries and is for accidents only. Every precaution will be taken to prevent accidents. The Warhawk Wrestling Camps will have a camp health supervisor available.

## WHAT TO BRING

About 2–3 weeks prior to the start of each camp, specific instructions for reporting to camp and what to bring will be sent to participants.



Register Online at: <http://camps.uww.edu>

## FACILITIES

The camps will be held in the Williams Center facilities of the University of Wisconsin-Whitewater, which contains a state-of-the-art training room, weight room, and several thousand square feet of gym space.



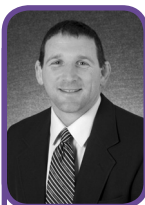
## YOUTH WRESTLING

- 8:30** Drop Off Kids
- 9:00** Wrestling Room Session 1
- 10:30** Pool
- 11:30** Lunch
- 1:00** Wrestling Room Session 2
- 3:00** Pick Up Kids



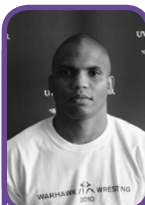
## PREMIER WRESTLING ROOKIE & ELITE

- 6:30** Run
- 7:30** Breakfast
- 9:00** Wrestling Room Session 1
- 11:00** Special Session
- 12:00** Lunch
- 1:30** Wrestling Room Session 2
- 3:30** Special Session
- 4:30** Dinner
- 6:30** Wrestling Room Session 3
- 9:00** Pool
- 10:30** Lights Out



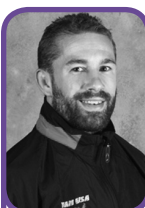
### TIM FADER HEAD COACH

Tim Fader is in his eighth year in a program that has grown in numbers and success each year. The Warhawks have had 6 All-Americans and 12 Scholar All-Americans in the past three years. In his 13 years of being the head wrestling coach, Tim has coached 28 All-Americans and 3 NCAA Champions. A graduate of Augustana College (IL), he was a two-time NCAA All-American and twice named Academic All-American by the College Sports Information Directors of America.



### BRANDON BRADLEY ASSISTANT COACH

Brandon Bradley is a graduate assistant working on his masters in Health and Human Performance. He was a four year starter at the University of North Carolina Pembroke and finished as a captain of his team in his senior season. Brandon has spent the past two summers working wrestling camps across the country including the Warhawk Youth and Premier Wrestling camps. Additionally he has taken a group to the Olympic Training Center in Colorado.



### JIM GRUENWALD OLYMPIAN

Warhawk camps welcome back 2X Olympian Jim Gruenwald for one of the days of the camp season as well as some additional outstanding guest clinicians that will be announced prior to the camp. Campers will receive world class instruction at this summer camp.

## HOST YOUR OWN CAMP

Wisconsin coaches can also run commuter camps and pre-season clinics through UW-W. These camps and clinics are held at a host high school and vary in price and length.

*"UW-W Commuter Camps make it easy to get your entire team more mat time and instruction. The UW-W coaching staff as well as their wrestlers come to you and teach in the familiarity of your own wrestling room. They set the tone with intense workouts and connect well with all of the kids. Wrestlers, parents, and coaches alike appreciate that!"*

**Frank Cuda** Head Coach of Kettle Moraine High School

If you are interested in hosting a commuter camp, contact Head Coach Tim Fader at 262-472-1867 or fadert@uww.edu or Assistant Coach Brandon Bradley at 262-472-1682 or bradleybm05@uww.edu.

# WARHAWK WRESTLING CAMPS 2012

- Youth Commuter: July 9-11
- Premier Rookie: July 9-11
- Premier Elite: July 11-14

Name: \_\_\_\_\_

Gender:  Male  Female Date of Birth: \_\_\_\_\_

School: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Grade (Fall 2012): \_\_\_\_\_

T-Shirt:  S  M  L  XL  XXL

How did you hear about the camp:

- Attended Previously
- Advertising
- Website
- School
- Other

Years of Experience: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Special Needs & Comments: \_\_\_\_\_

Roommate Preference (For Premier Camps): \_\_\_\_\_

*Application must include a non-refundable \$100 deposit for the premier camps.*

Amount Enclosed \$ \_\_\_\_\_

*Make checks payable to UW-Whitewater or by phone with MasterCard or Visa.*

Mastercard  Visa Credit Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Name on Card: \_\_\_\_\_

**Register Online:** <http://camps.uww.edu>

**Register by Mail:** Warhawk Wrestling Camp, UW-Whitewater, Roseman Building Room 2005, 800 West Main St., Whitewater, WI 53190

**Fax:** 262-472-5241

**Questions:** cesevents@uww.edu or 1-800-622-0350

**Register by phone using MasterCard or Visa:** 262-472-3165 or 1-800-622-0350 (Mondays-Fridays, 7:45 a.m.-4:15 p.m.)

*I understand that the University may take photographs and/or video of event participants and activities. I agree that the University of Wisconsin-Whitewater shall be the owner of and may use such photographs and/or videos relating to the promotion of future events. I relinquish all rights that I may claim in relation to use of said photographs and/or videos.*

Signature of Parent or Guardian: \_\_\_\_\_

Date: \_\_\_\_\_