

Positively Psyched Camp LEAP Action Summary

LEAP Workshop Year: 2015

For more information, contact:

Action Dates: 2015-2016

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General Goal:

To develop a camp grounded in the principles of positive psychology for high school (incoming) sophomores and juniors. The camp is intended to foster their values and strengths.

Planned Actions:

Spring 2015

- Camp development: We defined the overall camp structure and curricular theme.
- Recruitment of campers: We created and finalized the camp brochure. However, the process of working with marketing to create the brochure took longer than anticipated, leaving us little time to realistically recruit campers for a new camp.
- After consultation with Ryan Callahan in April, we decided we would be better able to effectively recruit campers for June 2016 rather than starting this year. We shifted our focus to camp development so that we may best create an engaging and effective camp program.
- Recruitment and Training of counselors: We identified a core group of potential camp counselors. We developed training goals and began planning of training materials and activities.
- Revised goal for May LEAP session – given that the high school camp will not take place in June 2105, we are planning a Positive Psychology workshop for undergraduates. The workshop will function as a pilot of some of the camp curriculum and will also serve as training for future 2016 camp counselors.

2015-2016 Academic Year

August 2015

- Continue to develop workshop for undergraduates. The goal of the workshop is to teach positive psychology principles and methods. An additional workshop goal is to start preparing the undergraduates for working with youth.

September 2015 – Oct 2015

- Finalize marketing materials for June 2016 camp
- Finalize overall camp structure/curriculum

November 2015

- Positive Psychology Workshop for undergraduate students

December 2015-February 2016

- Develop specific camp curriculum/materials
- Develop manual for camp counselors
- Select/develop assessment measures for campers & counselors

March/April 2016

- Recruit counselors

May/June 2016

- Train new counselors

June 2016

- Implement Positively Psyched camp

Deliverables, Completed Actions:

- Thing one
- Add completed actions as necessary

Notes:

Teams, add any special notes here.