

# UW-WHITewater – RECREATION SPORTS FACILITIES PERSONAL TRAINING AGREEMENT FORM

Client Name (please print): \_\_\_\_\_ ID # \_\_\_\_\_

Local Address \_\_\_\_\_ City/Zip \_\_\_\_\_

Cell/Main Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

- |  |  |
|--|--|
| Check One: <input type="checkbox"/> NEW Client (assessment required)<br><input type="checkbox"/> Current Client, purchasing additional sessions<br><input type="checkbox"/> Returning Client | Check One: <input type="checkbox"/> UWV Student<br><input type="checkbox"/> UWV Faculty/Staff<br><input type="checkbox"/> Community Member |
|--|--|

I prefer to workout at (please circle)    University Fitness Center (Wells Hall)    WC Weight Room

I have filled out the PT Info Packet (please circle)    YES    NO    PT Requested: \_\_\_\_\_

I have a WARHAWK FITNESS MEMBERSHIP?    YES    NO    (this is a requirement to participate)

**\*\*\* ALL SERVICES MUST BE PAID FOR PRIOR TO FIRST SCHEDULED APPOINTMENT \*\*\***

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please mark the times you are available/would prefer to train:**

	Monday	Tuesday	Wednesday	Thursday	Friday
7 – 9 am					
9 – 11 am					
11 am – 1 pm					
1 – 3 pm					
3 – 5 pm					
5 – 7 pm					
7 – 9 pm					

Scheduling Notes:

- ✓ If you are training with a partner or group, make sure everyone has the same availability before signing up.
- ✓ Saturday and Sunday are by appointment only

Employee Initials	Date	Amount Paid	Payment Type:
_____	_____	_____	<input type="checkbox"/> Student Billing <input type="checkbox"/> Cash <input type="checkbox"/> Purple Points <input type="checkbox"/> Check <span style="float: right;">(#    )</span>

# PERSONAL TRAINING PACKAGE OPTIONS

- ✓ Assessments are required for all NEW Clients, but not for a body composition appointment
- ✓ Each session is 1 hour

## Body Composition

- ✓ PT Info Packet is NOT required
  - ✓ Appointment lasts about 15 – 20 minutes
- ◇ Body Composition \$10

Total Amount Due:

## One-On-One Packages

- ◇ Assessment (1 hour) \$20
- ◇ Assessment + Program (2 appointments, 1 hour each) \$35
- ◇ 1 session QTY: \_\_\_\_ \$20
- ◇ 5 sessions \$100
- ◇ 10 sessions \$180
- ◇ 20 sessions \$320

Total Amount Due:

## Partner Packages

- ✓ Cost Per Person
- ✓ Make sure each partner fills out Agreement Form and PT info packet

- ◇ Assessment (1 hour) \$20
- ◇ Assessment + Program (2 appointments, 1 hour each) \$30
- ◇ 1 session QTY: \_\_\_\_ \$15
- ◇ 5 sessions \$75
- ◇ 10 sessions \$130
- ◇ 20 sessions \$220

Partner Name:

Total Amount Due:

## Group Packages

- ✓ Cost Per Person, 3 – 5 people
- ✓ Make sure each partner fills out Agreement Form and PT info packet

- ◇ Assessment (1 hour) \$20
- ◇ 1 session (only available as an add on session) QTY: \_\_\_\_ \$13
- ◇ 5 sessions \$65
- ◇ 10 sessions \$110
- ◇ 20 sessions \$180

Group Participants:

Total Amount Due:

1. 4.
2. 5.
- 3.