

Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

1. All students entering the pre-professional education pre-block courses, including undergraduates, transfer students, and baccalaureate degree holding students, must meet the following criteria:

[a] Passing scores on at least two subtests of the Pre-Professional Skills Test PPST;

[b] A 2.75 grade point average on a minimum of 12 credits.

2. Students seeking teacher licensure must be admitted to Professional Education in order to enroll in selected upper divisions courses (300-400) in Education. For information pertaining to admission to Professional Education, check at Winther Hall Information Desk.

3. The Wisconsin Department of Public Instruction licensure code requires all new graduates in Early Childhood and Elementary Education to complete the Environmental Education requirement. Either Biology 214, Ecology and Society, or Geography 252, Human Environmental Problems, will partially satisfy the requirement. Students should check with their advisers about the requirement.

PROFESSIONAL EDUCATION ADMISSION

For courses Restricted to Professional Education Admission: Practicing Teachers must have a copy of their teaching certificate and the application to Professional Education for Licensed Teachers on file with the College of Education (send to Winther Hall 2033, UW-W, Whitewater, WI 53190) prior to registering. Teachers seeking their first license must be admitted to Professional Education at UW-W. This is in addition to being admitted to, and enrolled in, a graduate program.

HEALTH, PHYSICAL EDUCATION, RECREATION AND COACHING

Coaching

COACHING 100 WIAA COACHING CERTIFICATION: COACHING PRINCIPLES/SPORTS FIRST AID ... The course serves as the Wisconsin Interscholastic Athletic Association (WIAA) certified coaching course for students who are not seeking licensure in education. The course will develop a basic knowledge of sport first aid and coaching principles. This course does not count toward the coaching minor.

#4683 Section 01 [units: 3]

09/02-12/22 TR 09:30 AM - 10:45 AM SA0011 Chad Kelsey

09/02-12/22 TR 09:30 AM - 10:45 AM SA0011 James P Zebrowski

COACHING 240 INTRODUCTION TO COACHING ... A course designed to introduce undergraduate students to the profession of coaching. The nature of the profession, qualifications, skills and issues relative to the profession will be explored.

#4819 Section 01 [units: 2]

09/02-12/22 MW 09:55 AM - 10:45 AM WC0184 David E Wiederrecht

#4820 Section 02 [units: 2]

09/02-12/22 TR 09:30 AM - 10:20 AM WC0185 Michael J Johnson

#4821 Section 03 [units: 2]

09/02-12/22 TR 11:00 AM - 11:50 AM WC0185 Patrick J Miller

#5841 Section 04 [units: 2] NOTE: This course is totally web-based and taught out of D2L. Contact Dianne Jones via e-mail - jonesd@uwv.edu There will be a \$50.00/cr on-line course fee applied.

09/02-12/22 Arranged Arranged WEB BASED Dianne C Jones

#5843 Section 05 [units: 2] NOTE: This course is totally web-based and taught out of D2L. Contact Dianne Jones via e-mail - jonesd@uwv.edu There will be a \$50.00/cr on-line course fee applied.

09/02-12/22 Arranged Arranged WEB BASED Dianne C Jones

COACHING 250 APPLICATION OF MECHANICAL PRINCIPLES TO COACHING ... This course is designed as an introductory course to the fundamentals of movement.

PREREQ: PEPROF 271 OR BIOL 120 OR BIOL 360

#4822 Section 01 [units: 2]

09/02-12/22 TR 12:30 PM - 01:20 PM WC0184 Kelly S Witte

09/02-12/22 TR 12:30 PM - 01:20 PM WC0191 Kelly S Witte

COACHING 255 CONDITIONING FOR INTERSCHOLASTIC SPORTS ... This course is designed to give the student the knowledge needed to develop an agility, endurance, and strength program for all sports.

PREREQ: COACHING 250

#4685 Section 01 [units: 2]

09/02-12/22 TR 09:30 AM - 10:45 AM WC0183B Kelly S Witte

09/02-12/22 TR 09:30 AM - 10:45 AM WC0106 Kelly S Witte

COACHING 256 PSYCHO-SOCIAL ASPECTS OF COACHING ... A study of the social and psychological factors that impact athletic performance. Theoretical and applied perspectives will be explored from a coaching framework.

#4823 Section 01 [units: 2]

09/02-12/22 MW 08:50 AM - 09:40 AM WC0183A Kelly S Witte

#4824 Section 02 [units: 2]

09/02-12/22 MW 11:00 AM - 11:50 AM WC0183B Kelly S Witte

COACHING 260 HISTORY AND SOCIAL ASPECTS OF ATHLETICS ... This course is designed to deal with the historical and sociological aspects of athletics as they pertain to every day living. Emphasis will be directed toward the social aspects and historical implications. Areas to be covered include those of socio-economic relationships, building athletics into an American heritage, industrial revolution, athletics and the school, and the future of athletics in our society.

#4686 Section 01 [units: 3]

09/02-12/22 TR 11:00 AM - 12:15 PM SA0011 James P Zebrowski

Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

COACHING 265 COACHING OF COMMUNITY SPONSORED SPORTS ... *Designed for men and women who wish to take part in the coaching of community sponsored sports. The role of community sponsored sports in the total picture of a young person's development, the organization and administration, and the actual coaching of community sponsored sports will be covered.*

#4687 Section 01 [units: 3]

09/02-12/22 M 06:15 PM - 08:45 PM WC0183B Patrick J Miller

COACHING 350 COACHING OF FOOTBALL ... *An in-depth study of the game of football, and the coaching techniques that lead to a successful program. Special emphasis in the areas of building offenses and defenses, with a good hard look at related areas.*

#4688 Section 01 [units: 2]

09/02-12/22 R 07:45 AM - 09:25 AM SA0011 Lance O Leipold

COACHING 351 COACHING OF BASKETBALL ... *This course is designed for those men and women who wish to become basketball coaches. The administration, organization, and management principles, as well as rules, techniques of individual and team play, strategy, psychology, and problems of coaching are pursued through lectures, discussions, practices, and demonstrations.*

#4689 Section 01 [units: 2]

09/02-12/22 F 11:00 AM - 12:40 PM WC0184 Keri L Carollo

COACHING 352 COACHING OF BASEBALL ... *Primarily designed for men and women who wish to become baseball/softball coaches. The organization, psychology, coaching techniques, team selection techniques, training program and fundamentals skills will be covered by lecture and demonstrations.*

#4690 Section 01 [units: 2]

09/02-12/22 TR 11:00 AM - 11:50 AM SA0009 David A Perchinsky

COACHING 359 COACHING OF VOLLEYBALL ... *Primarily designed for men and women who seek advanced volleyball knowledge or wish to coach volleyball. Includes skill analysis, offensive and defensive strategy, plays, sociology and psychology of sport, organization, training, scouting and rules.*

#4692 Section 01 [units: 2]

09/02-12/22 TR 11:00 AM - 11:50 AM WC0191 Stacy Boudreau

09/02-12/22 TR 11:00 AM - 11:50 AM Stacy Boudreau

COACHING 460 ORGANIZATION AND ADMINISTRATION OF INTERSCHOLASTIC ATHLETICS ... *This course is designed for those individuals who wish to become athletic coaches or administrators. The organization and administration of an athletic program will be covered.*

PREREQ: COACHING 240, 250, 255, 256, 461 AND 2 CREDITS IN COACHING COURSES 350-361

#4693 Section 01 [units: 2] NOTE: Contact instructor at carollok@uwu.edu for more information

09/02-12/22 Arranged Arranged WEB BASED Keri L Carollo

COACHING 461 PREVENTION AND CARE OF ATHLETIC INJURIES ... *This course is designed to give the student the knowledge needed to develop agility, endurance, and strength programs for all sports.*

PREREQ: COACHING 250

#4695 Section 01 [units: 2] NOTE: Required additional course fee is \$10.00

09/02-12/22 TR 08:25 AM - 09:15 AM SA0009 Chad Kelsey

COACHING 463 CHILDREN AND SPORTS ... *Explore the historical perspective and the present controversy surrounding the involvement of children in competitive sport. Future directions for competitive sport for children will be a major focus.*

#5839 Section 01 [units: 3] NOTE: This course is totally web-based and taught out of D2L. Contact Dianne Jones via e-mail - jonesd@uwu.edu There will be a \$50.00/cr on-line course fee applied.

09/02-12/22 Arranged Arranged WEB BASED Dianne C Jones

COACHING 490 WORKSHOP IN INTERCOLLEGIATE OR INTERSCHOLASTIC ATHLETICS ... *Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques. Repeatable for a maximum of 6 credits in major. Prereq: Consent of advisor or department chair.*

#4697 Section 01 [units: 2] NOTE: Required additional course fee of \$30 for a one-time green fee applies

09/02-12/22 TR 08:20 AM - 09:15 AM WC0106 Patrick J Miller COACHING OF GOLF

#5174 Section 02 [units: 1-2] NOTE: MADISON. Additional Meeting TBA. WBCA conference fee required.

10/01 R Arranged OFF CAMPUS David M Vander Meulen BB COACHING CLINIC

10/02 F Arranged OFF CAMPUS David M Vander Meulen

COACHING 492 FIELD STUDY IN COACHING ... *Field study in coaching provides undergraduate students with a supervised capstone experience in coaching. Students will be placed with department approved university/public/private/community teams/programs to obtain practical experience in the sport(s) of their choice. The site selection will be consistent with the professional objectives selected by the student. Prereq: Consent of department chair.*

#5860 Section 01 [units: 2-3]

09/02-12/22 Arranged Arranged Kelly S Witte

Dept. Consent

COACHING 498 INDEPENDENT STUDY ... *Study of a selected topic or topics under the direction of a faculty member. Repeatable for a maximum of 4 credits in major. Prereq: Consent of advisor or department chair.*

#4680 Section 01 [units: 1-4]

09/02-12/22 Arranged Arranged Brian J Borland

Dept. Consent

#5864 Section 02 [units: 1-4]

09/02-12/22 Arranged Arranged Chad Kelsey

Dept. Consent

#6068 Section 03 [units: 1-4]

09/02-12/22 Arranged Arranged Kelly S Witte

Dept. Consent

*** GRADUATE LEVEL COURSES ***

Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

COACHING 660 ORGANIZATION AND ADMINISTRATION OF INTERSCHOLASTIC ATHLETICS ... This course is designed for those individuals who wish to become athletic coaches or administrators. The place of athletics education and the organization and administration of an athletic program will be covered. A research paper dealing with an appropriate topic will be required.

#4694 Section 01 [units: 2] NOTE: Contact Instructor @ carollok@uww.edu for more information
09/02-12/22 Arranged Arranged WEB BASED Keri L Carollo

COACHING 661 PREVENTION AND CARE OF ATHLETIC INJURIES ... Principles governing the prevention and treatment of common athletic injuries. A research paper dealing with a mutually agreed upon topic will be required.

#4696 Section 01 [units: 2] NOTE: Required additional course fee is \$10.00
09/02-12/22 TR 08:25 AM - 09:15 AM SA0009 Chad Kelsey

COACHING 663 CHILDREN AND SPORTS ... Explores the historical perspective and the present controversy surrounding children in competitive sports. Future directions of competitive sport for children will be a major focus.

#5840 Section 01 [units: 3] NOTE: This course is totally web-based and taught out of D2L. Contact Dianne Jones via e-mail - jonesd@uww.edu There will be a \$50.00/cr on-line course fee applied.
09/02-12/22 Arranged Arranged WEB BASED Dianne C Jones

COACHING 690 WORKSHOP IN INTERCOLLEGIATE OR INTERSCHOLASTIC ATHLETICS ... Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques.

#5176 Section 02 [units: 1-2] NOTE: MADISON. Additional Meeting TBA. WBCA conference fee required.
10/01 R Arranged OFF CAMPUS David M Vander Meulen BB COACHING CLINIC
10/02 F Arranged OFF CAMPUS David M Vander Meulen

Health Education

HEALTHED 181 CONTEMPORARY HEALTH ... An investigation of health areas and behaviors as they relate to the college student.

PREREQ: PEGNRL 192

#5179 Section 01 [units: 2]
09/02-12/22 TR 09:30 AM - 10:20 AM WC0184 Nancy K Farmer
#5180 Section 02 [units: 2]
09/02-12/22 TR 02:15 PM - 03:05 PM WC0184 Nancy K Farmer
#5396 Section 03 [units: 2]
09/02-12/22 MW 11:00 AM - 11:50 AM WC0184

HEALTHED 280 INTRODUCTION TO HEALTH EDUCATION AND PROMOTION ... This course is the designated gateway course required for students who choose to minor in health education or health promotion and should be taken within the first 6 units of declaring a health minor or pursuing health licensure requirements. It serves as an introduction to knowledge, research, and application of skills necessary for helping others with health behavior changes, while creating healthier environments in the home, school, workplace, and community.

#5181 Section 01 [units: 2] NOTE: This class will be taught on-line. Students must contact the instructor by e-mail at haithcom@uww.edu before October 2, 2009 for further instructions.
10/26-12/22 Arranged Arranged WEB BASED Melissa J Haithcox

HEALTHED 340 SECONDARY HEALTH EDUCATION ... An introduction to various health belief models and philosophies with particular emphasis on health education content at the secondary level.

#4698 Section 01 [units: 3]
09/02-12/22 R 09:30 AM - 12:00 PM WC0183A Cristy A Jefson

HEALTHED 341 YOGA/STRESS REDUCTION ... A course designed to help students and professionals learn to effectively handle stress through specific Yoga training and mind/body connections.

PREREQ: JUNIOR/SENIOR STATUS

#4700 Section 01 [units: 2]
09/02-12/22 TR 08:00 AM - 09:15 AM WC0182 Jodi R Landowski

HEALTHED 360 CURRENT TOPICS IN HEALTH AND WELLNESS ... The course examines, interprets, and evaluates wellness as it relates to current topics in health, disease prevention, health promotion, and health education. Topics included are cardiovascular health, alcohol and other drugs, nutrition concepts, health hazards, tobacco, and topics related to public health such as physical activity and behavior changes.

PREREQ: JUNIOR/SENIOR STATUS OR CONSENT OF INSTRUCTOR

#4702 Section 01 [units: 3]
09/02-12/22 MWF 01:10 PM - 02:00 PM WC0185 Ann W Garvin

HEALTHED 362 STRESS MANAGEMENT ... The course explains what stress is, its various causes, and its effects. It helps develop a personal "Stress Profile" which enables the participants to pinpoint the specific sources and manifestations of stress and tension. The course shows how to combine biofeedback, relaxation techniques, exercise, diet, and other skills into an individualized "Stress Management System" that will help individuals feel healthier and cope better with daily pressure.

PREREQ: SOPHOMORE/JUNIOR/SENIOR STATUS

#4704 Section 01 [units: 3] NOTE: Required additional course fee is \$60. Contact instructor at sidmanc@uww.edu for more information.
09/02-12/22 MWF Arranged WEB BASED Cara L Sidman

Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

HEALTHED 382 ELEMENTARY HEALTH EDUCATION ... Teaching and learning experiences in selected content areas of health education. Designed for the elementary teacher.

PREREQ: RESTRICTED TO STUDENTS WITH PROFESSIONAL EDUCATION ADMISSION

#5182	Section 01	[units: 2]					
	09/02-12/22	TR	01:00 PM - 01:50 PM	WC0183A	Cristy A Jefson		
#5224	Section 02	[units: 2]					
	09/02-12/22	TR	02:00 PM - 02:50 PM	WC0183A	Cristy A Jefson		

HEALTHED 391 NUTRITION FOR HEALTH ... The course helps students plan, evaluate, and analyze dietary intake based on sound nutritional guidelines, principles, and knowledge for the purpose of health enhancement, improved mental and physical performance, and decreasing risk of disease.

PREREQ: SOPHOMORE STATUS

#4708	Section 01	[units: 3]					
	09/02-12/22	MWF	11:00 AM - 11:50 AM	WC0185	Ann W Garvin		
#4709	Section 02	[units: 3]					
	09/02-12/22	MWF	09:55 AM - 10:45 AM	WC0185	Ann W Garvin		

HEALTHED 445 TEACHING HEALTH EDUCATION ... A study of philosophy, trends and teaching-learning strategies. Emphasis will be placed on developing and utilizing models and strategies in health education.

PREREQ: HEALTHED 340

#4712	Section 01	[units: 3]					
	09/02-12/22	T	09:30 AM - 12:00 PM	WC0183A	Cristy A Jefson		

HEALTHED 492 FIELD STUDY: HEALTH ... Studies designed to increase the student's understanding of specific areas of health through involvement in off-campus experiences such as elementary or secondary schools, health volunteer agencies, or health maintenance organizations under the direction of department instructors. Repeatable.

PREREQ: JUNIOR/SENIOR STATUS OR CONSENT OF INSTRUCTOR

#4675	Section 01	[units: 1-12]					Dept. Consent
	09/02-12/22	Arranged	Arranged		Karen L Barak		
#4714	Section 02	[units: 1-12]					Dept. Consent
	09/02-12/22	Arranged	Arranged		Ann W Garvin		
#4715	Section 03	[units: 1-12]					Dept. Consent
	09/02-12/22	Arranged	Arranged		Cristy A Jefson		

HEALTHED 498 INDEPENDENT STUDY ... Study of a selected topic or topics under the direction of a faculty member. Repeatable for a maximum of 3 credits in major/degree.

PREREQ: HEALTH MINOR AND 2.75 GPA OR CONSENT OF DEPARTMENT

#4716	Section 01	[units: 1-3]					Dept. Consent
	09/02-12/22	Arranged	Arranged		Ann W Garvin		
#4717	Section 02	[units: 1-3]					Dept. Consent
	09/02-12/22	Arranged	Arranged		Cristy A Jefson		

***** GRADUATE LEVEL COURSES *****

HEALTHED 540 SECONDARY HEALTH EDUCATION ... An introduction to various health belief models and philosophies with particular emphasis on health education content at the secondary level.

#4699	Section 01	[units: 3]					
	09/02-12/22	R	09:30 AM - 12:00 PM	WC0183A	Cristy A Jefson		

HEALTHED 541 YOGA/STRESS REDUCTION ... A course designed to help students and professionals learn to effectively handle stress through specific Yoga training and mind/body connections.

#4701	Section 01	[units: 2]					
	09/02-12/22	TR	08:00 AM - 09:15 AM	WC0182	Jodi R Landowski		

HEALTHED 560 CURRENT TOPICS IN HEALTH AND WELLNESS ... The course examines, interprets, and evaluates wellness as it relates to current topics in health, disease prevention, health promotion, and health education. Topics included are cardiovascular health, alcohol and other drugs, nutrition concepts, health hazards, tobacco, and topics related to public health such as physical activity and behavior changes.

#4703	Section 01	[units: 3]					
	09/02-12/22	MWF	01:10 PM - 02:00 PM	WC0185	Ann W Garvin		

HEALTHED 562 STRESS MANAGEMENT ... The course explains what stress is, its various causes and its effects. It helps develop a personal "Stress Profile" which enables the participants to pinpoint the specific sources and manifestations of stress and tension. The course shows how to combine biofeedback, relaxation techniques, exercise, diet, and other skills into an individualized "Stress Management System" that will help individuals feel healthier and cope better with daily pressure.

#4706	Section 01	[units: 3]	NOTE: Required additional course fee is \$60. Contact instructor at sidmanc@uww.edu for more information.				
	09/02-12/22	MWF	Arranged	WEB BASED	Cara L Sidman		

HEALTHED 582 ELEMENTARY HEALTH EDUCATION ... Teaching and learning experiences in selected content areas of health education. Designed for the elementary teacher.

#5225	Section 01	[units: 2]					
	09/02-12/22	TR	01:00 PM - 01:50 PM	WC0183A	Cristy A Jefson		

<i>Start/End Dates</i>	<i>Meeting Days</i>	<i>Meeting Times</i>	<i>Location</i>	<i>Instructor</i>	<i>Course Topic (if applicable)</i>
#5226	Section 02 [units: 2]				
09/02-12/22	TR	02:00 PM - 02:50 PM	WC0183A	Cristy A Jefson	

HEALTHED 591 NUTRITION FOR HEALTH ... The course helps students plan, evaluate, and analyze dietary intake based on sound nutritional guidelines, principles, and knowledge for the purpose of health enhancement, improved mental and physical performance, and decreasing risk of disease.

#4710	Section 01 [units: 3]				
09/02-12/22	MWF	11:00 AM - 11:50 AM	WC0185	Ann W Garvin	
#4711	Section 02 [units: 3]				
09/02-12/22	MWF	09:55 AM - 10:45 AM	WC0185	Ann W Garvin	

HEALTHED 645 TEACHING HEALTH EDUCATION ... A study of philosophy, trends and teaching-learning strategies. Emphasis will be placed on developing and utilizing models and strategies in health education.

#4713	Section 01 [units: 3]				
09/02-12/22	T	09:30 AM - 12:00 PM	WC0183A	Cristy A Jefson	

HEALTHED 798 INDIVIDUAL STUDIES ... Study of a selected topic or topics under the direction of a faculty member.

#4718	Section 01 [units: 1-3]				Dept. Consent
09/02-12/22	Arranged	Arranged		Cristy A Jefson	

HEALTHED 799 THESIS RESEARCH ... Students must complete a Thesis Proposal Form in the Graduate Studies Office before registering for this course.

#4719	Section 01 [units: 1-6]				Dept. Consent
09/02-12/22	Arranged	Arranged		William A Skelly	
P/F Grading Basis Only					

Physical Education Field

PEFIELD 411 DIRECTED TEACHING PHYSICAL EDUCATION-ELEMENTARY SCHOOL ... Directed Teaching - Physical Education - Elementary

PREREQ: PEPFROF 330/530, PEPFROF 340/540, PEPFROF 380/580, PEPFROF 400/600, PEPFROF 492 S/NC, AND SUCCESSFUL COMPLETION OF ALL COURSES IN MAJOR

#4720	Section 01 [units: 6-12]				
09/02-12/22	Arranged	Arranged		L Brenda Clayton	
09/02-12/22	Arranged	Arranged		Jodi Roehl	
S/NC Grading Basis Only					

#6092	Section 02 [units: 6-12]				
09/02-12/22	Arranged	Arranged		Penny Portman	
S/NC Grading Basis Only					

PEFIELD 412 DIRECTED TEACHING PHYSICAL EDUCATION-MIDDLE SCHOOL ... Directed Teaching - Physical Education - Middle School

PREREQ: PEPFROF 330/530, PEPFROF 340/540, PEPFROF 380/580, PEPFROF 400/600, PEPFROF 492 S/NC, AND SUCCESSFUL COMPLETION OF ALL COURSES IN MAJOR

#4721	Section 01 [units: 1-12]				
09/02-12/22	Arranged	Arranged		L Brenda Clayton	
09/02-12/22	Arranged	Arranged		Jodi Roehl	
S/NC Grading Basis Only					

#6093	Section 02 [units: 6-12]				
09/02-12/22	Arranged	Arranged		Penny Portman	
S/NC Grading Basis Only					

PEFIELD 414 DIRECTED TEACHING PHYSICAL EDUCATION-SECONDARY ... Directed Teaching - Physical Education - Secondary

PREREQ: PEPFROF 330/530, PEPFROF 340/540, PEPFROF 380/580, PEPFROF 400/600, PEPFROF 492 S/NC, AND SUCCESSFUL COMPLETION OF ALL COURSES IN MAJOR

#4722	Section 01 [units: 1-12]				
09/02-12/22	Arranged	Arranged		L Brenda Clayton	
09/02-12/22	Arranged	Arranged		Jodi Roehl	
S/NC Grading Basis Only					

#6094	Section 02 [units: 6-12]				
09/02-12/22	Arranged	Arranged		Penny Portman	
S/NC Grading Basis Only					

Physical Education General

PEGNRL 103 BEGINNING ARCHERY ... An activity course designed to teach the student the fundamental techniques of archery for use as a leisure-time activity.

#4827	Section 01 [units: 0.5]	Gen Ed Physical Education (GP)			
09/02-10/23	MW	09:55 AM - 10:45 AM	WC0104B	Timothy A Fader	
#4828	Section 02 [units: 0.5]	Gen Ed Physical Education (GP)			
10/26-12/22	MW	09:55 AM - 10:45 AM	WC0104B	Timothy A Fader	

Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

PEGNRL 104 BEGINNING BADMINTON ... An activity course designed to teach the student the basic skills, knowledges, strategies, and understandings of badminton.

#4829 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
10/26-12/22 MW 09:55 AM - 10:45 AM WC0201A Keri L Carollo

#4830 Section 02 [units: 0.5] Gen Ed Physical Education (GP)
10/26-12/22 MW 11:00 AM - 11:50 AM WC0201A Keri L Carollo

PEGNRL 108 BEGINNING BOWLING ... An activity course designed to develop or improve the fundamental skills of bowling so that bowling can be utilized now, and later in life, as a recreational activity.

#5204 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: REQUIRED COURSE FEE IS \$25.00. For students with a bowling average below 130.
09/02-10/23 TR 09:30 AM - 10:20 AM UC0045 Keri L Carollo

#5210 Section 02 [units: 0.5] Gen Ed Physical Education (GP) NOTE: REQUIRED COURSE FEE IS \$25.00. For students with a bowling average below 130.
09/02-10/23 TR 11:00 AM - 11:50 AM UC0045 Timothy A Fader

#5211 Section 03 [units: 0.5] Gen Ed Physical Education (GP) NOTE: REQUIRED COURSE FEE IS \$25.00. For students with a bowling average below 130.
10/26-12/22 TR 11:00 AM - 11:50 AM UC0045 Heather M Zebrowski

PEGNRL 109 INTERMEDIATE BOWLING ... A course designed to develop the bowler on the intermediate skill level through intermediate and advanced techniques.

#4834 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: REQUIRED COURSE FEE IS \$25.00. For students with a bowling average above 130.
10/26-12/22 TR 12:30 PM - 01:20 PM UC0045 Amber L Griffin

PEGNRL 120 BEGINNING GOLF ... To learn the basic skills, rules, and etiquette of golf for use as a leisure-time activity.

#4835 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: Required additional course fee is \$2.00
09/02-10/23 MW 11:00 AM - 11:50 AM WC0104A David A Perchinsky

#4836 Section 02 [units: 0.5] Gen Ed Physical Education (GP) NOTE: Required additional course fee is \$2.00
09/02-10/23 MW 09:55 AM - 10:45 AM WC0104A David A Perchinsky

#4837 Section 03 [units: 0.5] Gen Ed Physical Education (GP) NOTE: Required additional course fee is \$2.00
09/02-10/23 TR 09:30 AM - 10:20 AM WC0104A Todd A Skrivseth

#4838 Section 04 [units: 0.5] Gen Ed Physical Education (GP) NOTE: Required additional course fee is \$2.00
09/02-10/23 TR 12:30 PM - 01:20 PM WC0104A David A Perchinsky

PEGNRL 135 BICYCLING ... This bicycling course is designed for both the beginner to the intermediate rider. A variety of topics will be included: safety, proper size and riding technique, equipment, repairs & amintenance, basic physiological benefits, cycle touring and route development. Trips will be on low traveled roads and bike paths. Bikes and helmets are available.

#4724 Section 01 [units: 1] Gen Ed Physical Education (GP)
09/02-10/23 F 08:50 AM - 10:30 AM WC0144 Timothy A Fader

PEGNRL 141 BEGINNING YOGA ... An activity course which introduces the techniques of performing basic asanas (exercises) and purposeful breathing. Extra emphasis is given to toning the body, using deep muscle isometrics, and concentration in relaxation and better mental attitudes.

#4726 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
09/02-10/23 MW 07:45 AM - 08:35 AM WC0182 Jodi R Landowski

PEGNRL 142 INTERMEDIATE YOGA ... An activity course designed which expands on the techniques of performing intermediate asanas and new methods for breathing, massage, and imagery. Special emphasis is given to limbering the body while using deep muscle isometrics, imagery in everyday life, stress reduction, and nutrition designed to improve lifelong health.

#4727 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
10/26-12/22 MW 07:45 AM - 08:35 AM WC0182 Jodi R Landowski

PEGNRL 149 BEGINNING COUNTRY WESTERN DANCE ... This course is an introduction to contemporary Country Western dance, with selections drawn from an array of continuously emerging line and partner dances, as well as the standard couple dances. Some standard CW couple dances include, but are not limited to Waltz, Polka, Two Step, Triple Two Step, Double Two Step, Progressive Two Step, and Pony.

#4728 Section 01 [units: 2] Gen Ed Physical Education (GP)
09/02-12/22 MW 01:10 PM - 02:20 PM WC0182 Denay Trykowski

#4966 Section 02 [units: 2] Gen Ed Physical Education (GP)
09/02-12/22 MW 02:30 PM - 03:40 PM WC0182 Denay Trykowski

PEGNRL 150 BEGINNING SWIMMING (ARC LEVELS III-IV) ... An activity class designed to help the student develop proficiency in the front crawl, back crawl, elementary backstroke, and treading water. The breaststroke and sidestroke are introduced. Prereq: Demonstrate all completion requirements in the American Red Cross Level II course.

#4730 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
09/02-10/23 MW 11:00 AM - 11:50 AM WC0174 Nancy K Farmer

PEGNRL 151 INTERMEDIATE SWIMMING (ARC LEVEL V-VI) ... An activity course designed to polish the students front crawl and back crawl, as well as develop proficiency in the breaststroke and sidestroke. The butterfly, approach stroke, turns, and surface dives are introduced.

PREREQ: ARC LEVEL IV OR ITS EQUIVALENT

#4894 Section 01 [units: 0.5] Gen Ed Physical Education (GP)
10/26-12/22 MW 11:00 AM - 11:50 AM WC0174 Nancy K Farmer

Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

PEGNRL 158 BEGINNING SKIN AND SCUBA DIVING ... An activity course emphasizing basic skin and scuba diving knowledges, skills, safety precautions, and recreational benefits through 22 hours of classroom and practical work. Successful completion of the course qualifies students for check-out dives and final scuba diver certification. The course is taught under the auspices of the Professional Association of Diving Instructors (PADI).

#4736 Section 01 [units: 1] Gen Ed Physical Education (GP) NOTE: Required additional course fee is \$35.00. REQUIRED PADI TEXT First class meeting in WC 183B Instructor will inform students of meetings in WC174

09/02-10/23 R 06:30 PM - 09:30 PM WC0183B Bill Krieger

09/02-10/23 R 06:30 PM - 09:30 PM WC0174 Bill Krieger

#4747 Section 02 [units: 1] Gen Ed Physical Education (GP) NOTE: Required additional course fee is \$35.00. REQUIRED PADI TEXT First class meeting in WC 183B Instructor will inform students of meetings in WC174

10/26-12/22 R 06:30 PM - 09:30 PM WC0183B Bill Krieger

10/26-12/22 R 06:30 PM - 09:30 PM WC0174 Bill Krieger

PEGNRL 160 BEGINNING TENNIS ... An activity course instructing students in the basic fundamentals of tennis. The course consists of learning and practicing six basic strokes. An attempt is made to develop an appreciation and love for the game so the student will participate in the activity after college.

#4895 Section 01 [units: 0.5] Gen Ed Physical Education (GP)

09/02-10/23 MW 01:10 PM - 02:00 PM WC0104C Heather M Zebrowski

#4896 Section 02 [units: 0.5] Gen Ed Physical Education (GP)

09/02-10/23 TR 09:30 AM - 10:20 AM WC0104C Heather M Zebrowski

PEGNRL 167 BEGINNING WEIGHT TRAINING ... A course designed to develop a basic understanding of the use of weights as fundamental techniques and skills and to help the individual set up and understand a good program of training.

#4897 Section 01 [units: 0.5] Gen Ed Physical Education (GP)

09/02-10/23 MW 11:00 AM - 11:50 AM WC0195 Todd A Skrivseth

#4898 Section 02 [units: 0.5] Gen Ed Physical Education (GP)

09/02-10/23 TR 12:30 PM - 01:20 PM WC0195 Todd A Skrivseth

#4899 Section 03 [units: 0.5] Gen Ed Physical Education (GP)

10/26-12/22 MW 11:00 AM - 11:50 AM WC0195 Michael J Johnson

#5793 Section 04 [units: 0.5] Gen Ed Physical Education (GP)

10/26-12/22 TR 12:30 PM - 01:20 PM WC0195 David E Wiederrecht

PEGNRL 170 BEGINNING SELF DEFENSE ... An activity course designed to increase personal fitness, to develop skills in the defense of one's self, and to develop skills to identify crime situations and how to handle them.

#4749 Section 01 [units: 0.5] Gen Ed Physical Education (GP)

09/02-10/23 M 06:15 PM - 07:55 PM WC0202 Austin G Sams

#4750 Section 02 [units: 0.5] Gen Ed Physical Education (GP)

09/02-10/23 W 06:15 PM - 07:55 PM WC0203 Trent A Norrell

#4751 Section 03 [units: 0.5] Gen Ed Physical Education (GP)

10/26-12/22 M 06:15 PM - 07:55 PM WC0202 Austin G Sams

#4752 Section 04 [units: 0.5] Gen Ed Physical Education (GP)

10/26-12/22 W 06:15 PM - 07:55 PM WC0202 Austin G Sams

PEGNRL 175 BEGINNING TAE KWON DO: KARATE ... An activity course designed to teach the fundamental physical and mental skills of Tae Kwon Do, a Korean style of karate. The course will cover basic blocks, kicks, strikes, and forms, as well as proper breathing techniques and the theory of power. Emphasis will be placed on how karate can be used for self-defense.

#4676 Section 01 [units: 0.5] Gen Ed Physical Education (GP)

09/02-10/23 M 06:15 PM - 07:55 PM WC0203 Barbara S Barnett

#4677 Section 02 [units: 0.5] Gen Ed Physical Education (GP)

09/02-10/23 T 06:15 PM - 07:55 PM WC0203 Barbara S Barnett

#4678 Section 03 [units: 0.5] Gen Ed Physical Education (GP)

10/26-12/22 T 06:15 PM - 07:55 PM WC0203 Barbara S Barnett

PEGNRL 176 INTERMEDIATE TAE KWON DO: KARATE ... An activity course designed to teach the intermediate physical and mental skills of Tae Kwon Do, a Korean martial art. The course will review skills learned in Beginning Tae Kwon Do. Emphasis will be placed on forms and self-defense techniques.

COREQ: PEGNRL 175

#4679 Section 01 [units: 0.5] Gen Ed Physical Education (GP)

10/26-12/22 M 06:15 PM - 07:55 PM WC0203 Barbara S Barnett

PEGNRL 177 INTRODUCTION TO MARTIAL ARTS WEAPONS ... A course designed to teach beginning martial arts weapon skills. Students will discuss various weapons used in the martial arts and will learn basic skills and techniques in the bo staff and escrima sticks.

PREREQ: BEGINNING TAE KWON DO OR CONSENT OF INSTRUCTOR

#4753 Section 01 [units: 0.5] Gen Ed Physical Education (GP)

10/26-12/22 W 06:15 PM - 07:55 PM WC0203 Trent A Norrell

PEGNRL 183 EXERCISEWALKING ... An activity class to teach students a variety of walking styles and training routines. Students develop a program of exercise walking which best fits their lifestyle and physical fitness needs.

#4681 Section 01 [units: 0.5] Gen Ed Physical Education (GP)

09/02-10/23 MW 11:00 AM - 11:50 AM WC0104B Brian J Borland

<i>Start/End Dates</i>	<i>Meeting Days</i>	<i>Meeting Times</i>	<i>Location</i>	<i>Instructor</i>	<i>Course Topic (if applicable)</i>
#4900 Section 02	[units: 0.5]	Gen Ed Physical Education (GP)			
09/02-10/23	TR	11:00 AM - 11:50 AM	WC0104B	Todd A Skrivseth	
#4901 Section 03	[units: 0.5]	Gen Ed Physical Education (GP)			
10/26-12/22	MW	11:00 AM - 11:50 AM	WC0104B	Brian J Borland	
#4902 Section 04	[units: 0.5]	Gen Ed Physical Education (GP)			
10/26-12/22	TR	09:30 AM - 10:20 AM	WC0104B	Timothy A Fader	

PEGNRL 187 MILITARY CONDITIONING ... An activity course which is an introductory study for men and women of military calisthenics designed to develop both individual fitness and leadership skills essential to the management of an effective organizational physical fitness program.

#4903 Section 01	[units: 1]	Gen Ed Physical Education (GP)			
09/02-10/23	MTR	06:30 AM - 07:30 AM	WC0104B	David C Shono	
#4904 Section 02	[units: 1]	Gen Ed Physical Education (GP)			
10/26-12/22	MTR	06:30 AM - 07:30 AM	WC0104B	David C Shono	

PEGNRL 192 PERSONAL HEALTH AND FITNESS FOR LIFE ... An activity course which develops students understanding of the importance of a healthy lifestyle, while experiencing the choices available. Students will develop a basic understanding of creating and/or assessing healthy and safe exercise program(s) relative to their goals and needs.

#4905 Section 01	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	08:50 AM - 09:40 AM	WH2001	Todd A Skrivseth	
#4906 Section 02	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	08:50 AM - 09:40 AM	WH2001	Todd A Skrivseth	
#4907 Section 03	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	08:50 AM - 09:40 AM	SA0010	Brian J Borland	
#4908 Section 04	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	08:50 AM - 09:40 AM	SA0010	Brian J Borland	
#4909 Section 05	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	09:55 AM - 10:45 AM	WH2001	Brian J Borland	
#4910 Section 06	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	09:55 AM - 10:45 AM	WH2001	Brian J Borland	
#4911 Section 07	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	09:55 AM - 10:45 AM	SA0010	Stacy Boudreau	
#4916 Section 08	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	09:55 AM - 10:45 AM	SA0010	Stacy Boudreau	
#4917 Section 09	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	TR	09:30 AM - 10:20 AM	SA0010	David A Perchinsky	
#4918 Section 10	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	TR	09:30 AM - 10:20 AM	SA0010	David A Perchinsky	
#4919 Section 11	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	TR	11:00 AM - 11:50 AM	WC0183B	Brian J Borland	
#4920 Section 12	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	TR	11:00 AM - 11:50 AM	WC0183B	Brian J Borland	
#4921 Section 13	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	TR	12:30 PM - 01:20 PM	SA0010	Michael J Johnson	
#4922 Section 14	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	TR	12:30 PM - 01:20 PM	SA0010	Michael J Johnson	
#4923 Section 15	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	12:30 PM - 01:20 PM	SA0010	Heather M Zebrowski	
#4924 Section 16	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	12:30 PM - 01:20 PM	SA0010	Heather M Zebrowski	
#4925 Section 17	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	08:50 AM - 09:40 AM	WH2001	Todd A Skrivseth	
#4926 Section 18	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	08:50 AM - 09:40 AM	WH2001	Todd A Skrivseth	
#4927 Section 19X	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	08:50 AM - 09:40 AM	SA0010	Jennifer R Regan	
#4928 Section 20X	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	08:50 AM - 09:40 AM	SA0010	Jennifer R Regan	
#4929 Section 21	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	09:55 AM - 10:45 AM	SA0010	Stacy Boudreau	
#4930 Section 22	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	09:55 AM - 10:45 AM	SA0010	Stacy Boudreau	
#4931 Section 23	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	11:00 AM - 11:50 AM	SA0010	Stacy Boudreau	

<i>Start/End Dates</i>	<i>Meeting Days</i>	<i>Meeting Times</i>	<i>Location</i>	<i>Instructor</i>	<i>Course Topic (if applicable)</i>
#4932 Section 24	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	11:00 AM - 11:50 AM	SA0010	Stacy Boudreau	
#4933 Section 25	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	TR	09:30 AM - 10:20 AM	SA0010	David A Perchinsky	
#4934 Section 26	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	TR	09:30 AM - 10:20 AM	SA0010	David A Perchinsky	
#4935 Section 27	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	TR	11:00 AM - 11:50 AM	SA0010	Timothy A Fader	
#4936 Section 28	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	TR	11:00 AM - 11:50 AM	SA0010	Timothy A Fader	
#4937 Section 29	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	11:00 AM - 11:50 AM	WH1001	Heather M Zebrowski	
#4938 Section 30	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
10/26-12/22	MW	11:00 AM - 11:50 AM	WH1001	Heather M Zebrowski	
#5229 Section 31	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	TR	09:30 AM - 10:20 AM	WC0191	Brian J Borland	
#5230 Section 32	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	TR	09:30 AM - 10:20 AM	WC0191	Brian J Borland	
#5794 Section 33	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	01:10 PM - 02:00 PM	SA0010	Jennifer R Regan	
#5815 Section 34	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	11:00 AM - 11:50 AM	SA0010	Michael J Johnson	
#5816 Section 35	[units: 1]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$15.		
09/02-10/23	MW	11:00 AM - 11:50 AM	SA0010	Michael J Johnson	

PEGNRL 490 WORKSHOP ... Variable topics. Group activity oriented presentations emphasizing `hands on` and participatory instructional techniques.

#4939 Section 01	[units: 0.5]				
09/02-10/23	W	06:15 PM - 07:55 PM	WC0182	Sam K Gnatzig	BEGINNING PILATES
#4940 Section 02	[units: 0.5]				
10/26-12/22	W	06:15 PM - 07:55 PM	WC0201	Sam K Gnatzig	INTERMEDIATE PILATES
#4943 Section 03	[units: 3]	NOTE: STUDENT MUST REGISTER WITH PARTNER. MAY NOT TAKE AS PASS FAIL OR S/NC			
09/02-12/22	TR	02:15 PM - 03:30 PM	WC0182	Denay Trykowski	CLUB PARTNER DANCE/SWING LATIN
#4944 Section 04	[units: 1]				
10/26-12/22	TR	08:25 AM - 09:15 AM	WE0028	Jen Kaina	GROUP INDOOR CYCLING
#4945 Section 05	[units: 1]	NOTE: Required additional course fee is \$40.			
09/11	F	12:00 PM - 05:00 PM	WC0183A	Timothy A Fader	LEARN TO SAIL
09/18-09/20	FSU	10:00 AM - 05:00 PM	OFF CAMPUS	Timothy A Fader	
#4946 Section 06	[units: 1]	NOTE: Required additional course fee is \$10.			
10/26-12/22	MW	01:10 PM - 02:00 PM	WC0104A	David E Wiederrecht	STABILITY BALL TRAINING
#4947 Section 07	[units: 1]	NOTE: Required additional course fee is \$40.			
10/26-12/22	MW	01:00 PM - 02:15 PM	WC0144	Timothy A Fader	INTRO TO ROCKCLIMBING
#5232 Section 08	[units: 1]	NOTE: Required additional course fee is \$15.			
09/02-10/23	R	02:00 PM - 05:00 PM	WC0202	Timothy A Fader	INTRO TO MOUNTAIN BIKING

Physical Education Professional

PEPROF 165 INTRODUCTION TO PHYSICAL EDUCATION ... This course is designed for the beginning student considering a career as a professional physical educator with a Physical Education Broadfield K-12 License or a Health, Human Performance, Recreation major. The class will focus on the development of a physical education philosophy, career orientation, the history of physical education and sport, and the various sub-disciplines related to the field of physical education.

#4948 Section 01	[units: 2]				
09/02-12/22	MW	08:50 AM - 09:40 AM	WC0184	Penny Portman	
#4949 Section 02	[units: 2]				
09/02-12/22	TR	11:00 AM - 11:50 AM	WC0184	David E Wiederrecht	

PEPROF 172 FUNDAMENTALS OF BASKETBALL ... Designed to teach the physical education major/minor the basic skills, knowledge, strategies, and mechanical principles relative to basketball.

PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS

#4950 Section 01	[units: 1]				
10/26-12/22	TR	11:00 AM - 12:15 PM	WC0201	Amy J Zelinger	

PEPROF 173 FUNDAMENTALS OF TUMBLING ... An activity-centered course designed to provide the physical education major/minor with basic tumbling skills as well as an understanding of the mechanics of movement.

PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS

#4951 Section 01	[units: 1]				
09/02-10/23	MWF	09:55 AM - 10:45 AM	WC0203	Nancy K Farmer	

Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

PEPROF 174 FUNDAMENTALS OF VOLLEYBALL ... *Designed to teach physical education majors/minors the basic skills, knowledge, strategies and mechanical principles relative to volleyball.*

PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS

#4952 Section 01 [units: 1]
10/26-12/22 TR 09:30 AM - 10:45 AM WC0191 Heather M Zebrowski

PEPROF 175 FUNDAMENTALS OF BOWLING AND BADMINTON ... *Designed to teach the physical education major/minor the basic skills, knowledge, strategies and mechanical principles relative to bowling and badminton.*

PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS

#4953 Section 01 [units: 1] NOTE: Required additional course fee is \$13.
10/26-12/22 TR 09:30 AM - 10:45 AM WC0201 Keri L Carollo
10/26-12/22 TR 09:30 AM - 10:45 AM UC0045 Keri L Carollo

PEPROF 177 FUNDAMENTALS OF TRACK AND FIELD ... *Designed to teach the physical education major/minor the basic skills, knowledge, strategies and mechanical principles relative to track and field.*

PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS

#4954 Section 01 [units: 1]
09/02-10/23 MWF 01:10 PM - 02:00 PM WC0104B Michael J Johnson

PEPROF 178 FUNDAMENTALS OF SOCCER AND SPEEDBALL ... *A course designed to teach the physical education major/minor the basic skills, knowledge, strategies and mechanical principles relative to soccer and speedball.*

PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS

#4955 Section 01 [units: 1]
09/02-10/23 TR 12:30 PM - 01:45 PM WC0201 Amy J Zelinger

PEPROF 200 FUNDAMENTALS OF RHYTHMS ... *A course designed to teach movement patterns that will be used in the execution of basic dance steps and dances.*

PREREQ: PHYSICAL EDUCATION MAJOR, RECREATION MINOR, DANCE EDUCATION MINOR, OR CONSENT OF INSTRUCTOR

#4957 Section 01 [units: 2]
09/02-12/22 TR 11:00 AM - 12:15 PM WC0182 Denay Trykowski

PEPROF 209 INVESTIGATING COMMUNITY PROFESSIONS IN PHYSICAL EDUCATION ... *This course prepare students majoring in Physical Education, who are not pursuing a teaching license, for the required Field Study course. This course provides resources and instruction for designing a plan for professional development and field study placement. Students will visit potential field study sites, interview professionals and develop a resume. Satisfactory/No Credit grade basis only.*

#4958 Section 01 [units: 1]
09/02-12/22 F 07:50 AM - 09:30 AM WC0184 Karen L Barak
S/NC Grading Basis Only

PEPROF 212 FUNDAMENTALS OF APPARATUS ... *An activity course designed to teach the physical education major/minor the skills necessary for performance on apparatus and an understanding of the mechanical principles involved.*

PREREQ: PEPROF 173 AND PHYSICAL EDUCATION LICENSE MAJOR OR RECREATION MINOR

#4959 Section 01 [units: 1]
10/26-12/22 MWF 09:55 AM - 10:45 AM WC0203 Jennifer R Regan

PEPROF 213 FUNDAMENTALS OF TENNIS ... *Designed to teach the physical education major/minor the basic skills, knowledge, strategies and mechanical principles relative to tennis.*

PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS

#4960 Section 01 [units: 1]
09/02-10/23 TR 11:00 AM - 12:15 PM WC0104C Heather M Zebrowski

PEPROF 215 FUNDAMENTALS OF WEIGHT TRAINING & PHYSICAL FITNESS ... *A course designed to develop a general understanding of physical fitness programs and the use of weights as a means of developing strength and physical fitness. The course involves surveying weight training and fitness programs and learning when and where each is used.*

PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS

#4961 Section 01 [units: 1]
10/26-12/22 TR 11:00 AM - 12:15 PM WC0144 Brian J Borland
10/26-12/22 TR 11:00 AM - 12:15 PM WC0195 Brian J Borland

PEPROF 240 THEORY OF TEAM AND INDIVIDUAL ACTIVITIES ... *A course that bridges the gap between participation in and the teaching of team and individual activities.*

PREREQ: PEPROF 165, 1 CREDIT OF INDIVIDUAL SPORTS PEPROF SERIES (PEPROF 175, 176 AND 213) AND 1 CREDIT OF TEAM SPORTS PEPROF SERIES (CHOOSE FROM PEPROF 171, 172, 174, 178 AND 210)

#4962 Section 01 [units: 3]
09/02-12/22 TR 12:30 PM - 01:45 PM WC0144 Guoli Liang

Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

PEPROF 271 STRUCTURE AND FUNCTION OF THE HUMAN BODY ... *Study of the basic structure and function of the human body. Emphasis will be placed on the interrelationships between the systems of the body and their application to human movement.*

PREREQ: GENERAL STUDIES LAB SCIENCE OR CONSENT OF INSTRUCTOR

#4965	Section 01	[units: 4]	NOTE: This is a hybrid section using D2L			
	09/02-12/22	R	08:00 AM - 09:40 AM	WC0186	Matt Zwaschka	
	09/02-12/22	MWF	08:50 AM - 09:40 AM	WC0183B	William A Skelly	
#5104	Section 02	[units: 4]	NOTE: This is a hybrid section using D2L			
	09/02-12/22	R	09:55 AM - 11:35 AM	WC0186	Matt Zwaschka	
	09/02-12/22	MWF	08:50 AM - 09:40 AM	WC0183B	William A Skelly	
#5105	Section 03	[units: 4]	NOTE: This is a hybrid section using D2L			
	09/02-12/22	R	11:50 AM - 01:30 PM	WC0186	Matt Zwaschka	
	09/02-12/22	MWF	08:50 AM - 09:40 AM	WC0183B	William A Skelly	
#5106	Section 04	[units: 4]	NOTE: This is a hybrid section using D2L			
	09/02-12/22	R	06:15 PM - 08:05 PM	WC0186	Matt Zwaschka	
	09/02-12/22	MWF	08:50 AM - 09:40 AM	WC0183B	William A Skelly	

PEPROF 281 FIRST AID AND C.P.R. ... *A study of the human body in relation to accidents and emergency care. A study of the methods of, and the importance of, immediate care of a person who has been injured or has been suddenly taken ill. It includes self-help and home care if medical assistance is not available or is delayed. It includes techniques of cardio-pulmonary resuscitation.*

#5107	Section 01	[units: 2]	NOTE: Required additional course fee is \$20.			
	09/02-12/22	MWF	09:55 AM - 10:45 AM	WC0183B	Joel M Rollings	
#5108	Section 02	[units: 2]	NOTE: Required additional course fee is \$20.			
	09/02-12/22	TR	08:00 AM - 09:15 AM	WC0183B	Joel M Rollings	

PEPROF 291 LIFEGUARDING ... *This course leads to a three-year certification as an American Red Cross Lifeguard, a Waterfront Lifeguard and a Head Lifeguard as well as certification in First Aid and Cardiopulmonary Resuscitation for the Professional Rescuer.*

#5233	Section 01	[units: 3]	Gen Ed Physical Education (GP)	NOTE: Required additional course fee is \$30.		
	09/18-09/25	F	04:00 PM - 09:00 PM	WC0183B	Joel M Rollings	
	09/19-09/26	S	08:00 AM - 08:00 PM		Joel M Rollings	

PEPROF 314 TECHNIQUES OF TEACHING DANCE ... *A course designed to emphasize techniques of teaching dance and the organization of rhythms and dance programs for the elementary and secondary levels.*

PREREQ: PEPROF 200, JUNIOR STANDING, AND ADMISSION TO PROFESSIONAL EDUCATION, OR CONSENT OF INSTRUCTOR

#5109	Section 01	[units: 3]				
	09/02-12/22	TR	12:30 PM - 01:45 PM	WC0182	Denay Trykowski	

PEPROF 324 TECHNIQUES OF TEACHING GYMNASTICS ... *A course for physical education majors and minors designed to develop an understanding of progressions in and mechanical skill analysis of tumbling, apparatus, and floor exercise activities to be used in the teaching of gymnastics. It includes hands on teaching experiences.*

PREREQ: PEPROF 173 AND 212 OR EQUIVALENT

#5111	Section 01	[units: 3]				
	09/02-12/22	TR	11:00 AM - 12:15 PM	WC0203	Jennifer R Regan	

PEPROF 325 P.E. FOR THE KINDERGARTEN PRIMARY (K-3) CLASSROOM TEACHER ... *Required of students in elementary education who intend to teach children in the kindergarten through third grade levels. Emphasis is placed upon the preparation of the classroom teacher to meet the developmental needs of children in grades K-3 through the medium of motor activities.*

PREREQ: RESTRICTED TO STUDENTS WITH PROFESSIONAL EDUCATION ADMISSION

#5112	Section 01	[units: 2]				
	09/02-12/22	TR	11:00 AM - 12:15 PM	R1042	Penny Portman	

PEPROF 326 P.E. FOR THE ELEMENTARY (4-8) CLASSROOM TEACHER ... *Required of students enrolled in the elementary education curriculum. Specific emphasis is placed upon preparing the classroom teacher to meet the needs of children in grades 4-8 in the area of physical education.*

PREREQ: RESTRICTED TO STUDENTS WITH PROFESSIONAL EDUCATION ADMISSION

#5113	Section 01	[units: 2]				
	09/02-12/22	TR	09:30 AM - 10:45 AM	R1042	Penny Portman	

PEPROF 327 MOTOR PROGRAMMING FOR EARLY CHILDHOOD ... *This course is designed for those who plan to work with children in any type of pre-school program. Emphasis will be placed on providing ideas for developmental motor activities that will aid children with their 1) physical coordination, 2) emotional reactions to various experiences, 3) social interactions and, 4) mental development.*

PREREQ: RESTRICTED TO STUDENTS WITH PROFESSIONAL EDUCATION ADMISSION

#5234	Section 01	[units: 2]				
	09/02-12/22	T	06:15 PM - 08:45 PM	WC0185	Guoli Liang	

PEPROF 371 KINESIOLOGY ... *The study of mechanical principles which are essential to the analysis of sport techniques as well as the performance of motor skills. The course includes a review of muscle-skeletal anatomy and the thorough study of human movement.*

PREREQ: PEPROF 271

#5114	Section 01	[units: 3]				
	09/02-12/22	MWF	08:50 AM - 09:40 AM	WC0185	Chad Kelsey	

Start/End Dates	Meeting Days	Meeting Times	Location	Instructor	Course Topic (if applicable)
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PEPROF 400 METHODS OF TEACHING PHYSICAL EDUCATION ... This course focuses on the teaching and learning process including selection of content, methods of presentation, class management, supervision, community influences, curriculum planning, professional responsibilities and establishing an environment for learning which includes conflict resolution.

PREREQ: ADMISSION TO PROFESSIONAL EDUCATION, PHYSICAL EDUCATION K-12 LICENSE MAJOR, EDFOUND 222, EDFOUND 212 OR EDFOUND 481, PEPROF 240

#5115	Section 01	[units: 3]	09/02-12/22	TR	08:00 AM - 09:15 AM	WC0184	L Brenda Clayton
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PEPROF 410 STUDENT TEACHING SEMINAR-PHYSICAL EDUCATION ... Restricted to students currently enrolled in Directed Teaching.

COREQ: RESTRICTED TO STUDENTS CURRENTLY ENROLLED IN DIRECTED TEACHING

#5117	Section 01	[units: 2]	09/02-12/22	W	05:00 PM - 07:30 PM	WC0185	L Brenda Clayton
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Dept. Consent

PEPROF 415 HEALTH APPRAISAL AND EXERCISE TESTING ... Theoretical considerations and practical applications of health appraisal and exercise testing. Includes the use of written health appraisal instruments, tests of muscular strength, endurance and flexibility, tests of aerobic capacity, pulmonary function testing, electrocardiography and graded exercise testing. Applications for healthy populations, medical populations and special populations.

#4664	Section 01	[units: 3]	09/02-12/22	T	08:40 AM - 10:20 AM	WC0186	Steven J Albrechtsen
			09/02-12/22	T	06:00 PM - 07:40 PM	UH0140	Steven J Albrechtsen

#4665	Section 02	[units: 3]	09/02-12/22	T	10:35 AM - 12:15 PM	WC0186	Steven J Albrechtsen
			09/02-12/22	T	06:00 PM - 07:40 PM	UH0140	Steven J Albrechtsen

#4666	Section 03	[units: 3]	09/02-12/22	T	12:30 PM - 02:10 PM	WC0186	Steven J Albrechtsen
			09/02-12/22	T	06:00 PM - 07:40 PM	UH0140	Steven J Albrechtsen

PEPROF 416 EXERCISE PRESCRIPTION AND LEADERSHIP ... Theoretical considerations and practical applications of exercise prescription and leadership. Includes risk stratification, prescription techniques, program progression, exercise leadership, health counseling and program administration. Applications for healthy populations, medical populations and special populations.

#4673	Section 01	[units: 3]	09/02-12/22	R	11:00 AM - 01:30 PM	WH2001	Thomas F Gustafson
			09/02-12/22	R	11:00 AM - 01:30 PM	WH2001	Steven J Albrechtsen

PEPROF 475 ADAPTED PHYSICAL EDUCATION ... A study of the problems of the atypical child in relation to the physical education activity program. Emphasis is placed on the atypical child in the public school. Areas studied include postural deviations, orthopedic and neurological disabilities, sensory handicaps, the mentally handicapped and the behaviorally deviant child.

#5118	Section 01	[units: 3]	09/02-12/22	W	06:15 PM - 08:45 PM	WC0184	Kathleen A Happel
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PEPROF 490 WORKSHOP IN PHYSICAL EDUCATION ... Variable topics. Group activity oriented presentations emphasizing 'hands on' and participatory instructional techniques. Repeatable for a maximum of 9 credits in major/degree.

#5120 Section 01 [units: 3] NOTE: Required additional course fee is \$135. Class travels to Camp Manitowish YMCA in Boulder Junction the weekend of October 16-18.

10/10	S	08:00 AM - 04:00 PM	WC0184	L Brenda Clayton	OUTDOOR ED & CHALLENG
10/16	F	12:00 PM - 10:30 PM	OFF CAMPUS	L Brenda Clayton	
10/17	S	07:30 AM - 10:30 PM	OFF CAMPUS	L Brenda Clayton	
10/18	U	07:30 AM - 02:30 PM	OFF CAMPUS	L Brenda Clayton	

PEPROF 492 FIELD STUDY ... A course designed to increase the student's understanding of a specific area of recreation through involvement in an off-campus internship at a recognized Physical Education agency or business which is suited to the student's area of interest. Repeatable. Prereq: Junior status or consent of department chair.

PREREQ: JUNIOR/SENIOR STATUS

#5131	Section 01	[units: 1-12]	09/02-12/22	Arranged	Arranged		Karen L Barak	Dept. Consent
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#5132	Section 02	[units: 1-12]	09/02-12/22	Arranged	Arranged		Kathleen A Happel	Dept. Consent
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#6113	Section 03	[units: 1-12]	09/02-12/22	Arranged	Arranged		William A Skelly	Dept. Consent
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PEPROF 493 HEALTH, HUMAN PERFORMANCE & RECREATION INTERNSHIP ... The internship is a culminating learning experience for students studying in Health, Physical Education, and Recreation. This experience allows students the opportunity to practice the application of theory and apply the knowledge acquired through academic preparation. The internship is an in-depth supervised work and study experience, preferably at the supervisor or mid-management level, where the student has a degree of responsibility for planning, directing and supervising the work of others. A desired result of this course design is to stimulate good judgement and sound decisions while improving problem solving, communication, human development and relation building skills.

PREREQ: PEPROF 209, WITHIN 9 CREDITS OF COMPLETING MAJOR AND MINOR, APPLICATION MATERIALS FILED BY DUE DATES SEMESTER PRIOR TO PLACEMENT, AND CONSENT OF PROGRAM COORDINATOR

#5133	Section 01	[units: 6-12]	09/02-12/22	Arranged	Arranged		Karen L Barak	Dept. Consent
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Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

PEPROF 793 PRACTICUM ... Prereq: Graduate status, application and interview, completion of 9 credits at UW-Whitewater, and designated curriculum check sheet requirements. (Not to be used for first-time certification)

#5341 Section 01 [units: 1-6] Dept. Consent
09/02-12/22 Arranged Arranged Steven J Albrechtsen

PEPROF 798 INDIVIDUAL STUDIES ... Study of selected topic or topics under the direction of a faculty member.

#4671 Section 01 [units: 1-3] Dept. Consent
09/02-12/22 Arranged Arranged Steven J Albrechtsen

#5140 Section 02 [units: 1-3] Dept. Consent
09/02-12/22 Arranged Arranged Kathleen A Happel

#5951 Section 03 [units: 1-3] Dept. Consent
09/02-12/22 Arranged Arranged L Brenda Clayton

#6065 Section 04 [units: 1-3] Dept. Consent
09/02-12/22 Arranged Arranged Bruce J Bukowski

PEPROF 799 THESIS RESEARCH ... Students must complete a Thesis Proposal Form in the Graduate Studies Office before registering for this course.

#4672 Section 01 [units: 1-6] Dept. Consent
09/02-12/22 Arranged Arranged Steven J Albrechtsen
P/F Grading Basis Only

#5144 Section 02 [units: 1-6] Dept. Consent
09/02-12/22 Arranged Arranged William A Skelly
P/F Grading Basis Only

Recreation

RECREATN 232 INTRODUCTION TO RECREATION AND LEISURE ... An introduction to the field of recreation with class lecture and discussion on the historical, philosophical and theoretical aspects of leisure, recreation and play, as well as an overview of the recreation profession and its potential careers.

#5151 Section 01 [units: 2]
09/02-12/22 MW 01:10 PM - 02:00 PM WC0183B Thomas F Gustafson

RECREATN 388 SPECIAL EVENTS MANAGEMENT ... This course examines local, national and international special events from an international perspective. Skills and knowledge required by professionals involved in Event Management (such as conceptualization, project management, staffing, budget operation, marketing plans, sponsorship, facility operation, and risk management) will be addressed through readings, lectures, and assignments.

PREREQ: JUNIOR/SENIOR STATUS

#5153 Section 01 [units: 3]
09/02-12/22 W 06:00 PM - 08:30 PM WC0183B Karen L Barak

RECREATN 391 OUTDOOR RECREATION LEADERSHIP ... This course provides the fundamental knowledge, skills, and experience necessary to lead people in outdoor recreational activities. The course includes topics on trip planning, safety procedures, equipment and food logistics, leadership methods and expedition behavior for a variety of outdoor trip activities. The course also includes a 3 day outdoor trip experience.

#5155 Section 01 [units: 3] NOTE: Required additional course fee is \$137.
09/03-09/10 R 06:00 PM - 09:30 PM WC0144 Karen L Barak
09/18 F 12:00 PM - 11:00 PM WC0202 Karen L Barak
09/19 S 07:00 AM - 11:00 PM OFF CAMPUS Karen L Barak
09/20 U 07:00 AM - 01:00 PM OFF CAMPUS Karen L Barak

RECREATN 490 WORKSHOP ... Variable topics. Group activity oriented presentations emphasizing `hands on` and participatory instructional techniques. Repeatable for a maximum of 6 credits in major/degree.

#5161 Section 01 [units: 2]
09/02-12/22 R 02:15 PM - 03:55 PM WC0183B Karen L Barak FACILITATION LEADERSHIP & GAME

RECREATN 492 FIELD STUDY: RECREATION ... A course designed to increase the student's understanding of a specific area of recreation through involvement in an off-campus internship at a recognized recreational agency or business which is suited to the student's area of interest. Repeatable for a maximum of 12 credits in major/degree. Prereq: Jr status or consent of department chair.

PREREQ: JUNIOR/SENIOR STATUS

#5160 Section 01 [units: 1-12] Dept. Consent
09/02-12/22 Arranged Arranged Karen L Barak

RECREATN 496 SPECIAL STUDIES ... Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings. Repeatable for a maximum of 6 credits in major/degree.

#5858 Section 01 [units: 3]
09/02-12/22 MWF 09:55 AM - 10:45 AM WC0183A Thomas F Gustafson COMMERCIAL RECREATION

RECREATN 498 INDEPENDENT STUDY IN RECREATION ... Study of a selected topic or topics under the direction of a faculty member. Repeatable for a maximum 6 credits in major/degree.

PREREQ: REC/LEISR MINOR AND 2.75 GPA OR DEPARTMENT CONSENT

#5168 Section 01 [units: 1-3] Dept. Consent
09/02-12/22 Arranged Arranged Karen L Barak

***** GRADUATE LEVEL COURSES *****

Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)

RECREATN 591 OUTDOOR RECREATION LEADERSHIP ... This course provides the fundamental knowledge, skills, and experience necessary to lead people in outdoor recreational activities. The course includes topics on trip planning, safety procedures, equipment and food logistics, leadership methods and expedition behavior for a variety of outdoor trip activities. The course also includes a 3 day outdoor trip experience.

#5159 Section 01 [units: 3] NOTE: Required additional course fee is \$137.

09/03-09/10	R	06:00 PM - 09:30 PM	WC0144	Karen L Barak
09/18	F	12:00 PM - 11:00 PM	WC0202	Karen L Barak
09/19	S	07:00 AM - 11:00 PM	OFF CAMPUS	Karen L Barak
09/20	U	07:00 AM - 01:00 PM	OFF CAMPUS	Karen L Barak

RECREATN 690 WORKSHOP ... Variable topics. Group activity oriented presentations emphasizing `hands on` and participatory instructional techniques.

#5166 Section 01 [units: 2]

09/02-12/22	R	02:15 PM - 03:55 PM	WC0183B	Karen L Barak	FACILITATION LEADERSHIP & GAME
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RECREATN 696 SPECIAL STUDIES ... Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings.

#5859 Section 01 [units: 3]

09/02-12/22	MWF	09:55 AM - 10:45 AM	WC0183A	Thomas F Gustafson	COMMERCIAL RECREATION
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RECREATN 799 THESIS RESEARCH ... Students must complete a Thesis Proposal Form in the Graduate Studies Office before registering for this course.

#5170 Section 01 [units: 1-6]

09/02-12/22	Arranged	Arranged		William A Skelly	
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P/F Grading Basis Only

Dept. Consent