

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

1. All students entering the pre-professional education pre-block courses, including undergraduates, transfer students, and baccalaureate degree holding students, must meet the following criteria:

[a] Passing scores on at least two subtests of the Pre-Professional Skills Test PPST;

[b] A 2.75 grade point average on a minimum of 12 credits.

2. Students seeking teacher licensure must be admitted to Professional Education in order to enroll in selected upper divisions courses (300-400) in Education. For information pertaining to admission to Professional Education, check at Winther Hall Information Desk.

3. The Wisconsin Department of Public Instruction licensure code requires all new graduates in Early Childhood and Elementary Education to complete the Environmental Education requirement. Either Biology 214, Ecology and Society, or Geography 252, Human Environmental Problems, will partially satisfy the requirement. Students should check with their advisers about the requirement.

#### PROFESSIONAL EDUCATION ADMISSION

For courses Restricted to Professional Education Admission: Practicing Teachers must have a copy of their teaching certificate and the application to Professional Education for Licensed Teachers on file with the College of Education (send to Winther Hall 2033, UW-W, Whitewater, WI 53190) prior to registering. Teachers seeking their first license must be admitted to Professional Education at UW-W. This is in addition to being admitted to, and enrolled in, a graduate program.

### HEALTH, PHYSICAL EDUCATION, RECREATION AND COACHING

#### Coaching

**COACHING 240 INTRODUCTION TO COACHING ...** A course designed to introduce undergraduate students to the profession of coaching. The nature of the profession, qualifications, skills and issues relative to the profession will be explored.

#4181 Section 01 [units: 2]

01/19-05/19 MW 11:00 AM - 11:50 AM WC0144 David E Wiederrecht

#4187 Section 02 [units: 2]

01/19-05/19 MW 08:50 AM - 09:40 AM SA0010 Brian J Borland

#5335 Section 03 [units: 2] NOTE: This class is totally web-based and taught out of D2L. Access to the class will be given via email once you have registered for the class. For more information about the class, contact Dianne Jones via email at [jonesd@uww.edu](mailto:jonesd@uww.edu). Required additional course fee is \$60/credit.

01/19-05/19 Arranged Arranged WEB BASED Dianne C Jones

#5334 Section 04 [units: 2] NOTE: This class is totally web-based and taught out of D2L. Access to the class will be given via email once you have registered for the class. For more information about the class, contact Dianne Jones via email at [jonesd@uww.edu](mailto:jonesd@uww.edu). Required additional course fee is \$60/credit.

01/19-05/19 Arranged Arranged WEB BASED Dianne C Jones

#5336 Section 05X [units: 2]

LEARNING COMMUNITIES - DOUBLE COVERAGE OR LEADERS IN ACTION

01/19-05/19 MW 12:05 PM - 12:55 PM WC0184 Bruce J Bukowski

**COACHING 250 APPLICATION OF MECHANICAL PRINCIPLES TO COACHING ...** This course is designed as an introductory course to the fundamentals of movement.

**PREREQ: PEPROF 271 OR BIOL 120 OR BIOL 360**

#4202 Section 01 [units: 2]

01/19-05/19 TR 11:00 AM - 11:50 AM WC0184 Kelly S Witte

01/19-05/19 TR 11:00 AM - 11:50 AM WC0191 Kelly S Witte

**COACHING 252 SPORTS PEDAGOGY: TEACHING AND COACHING SPORTS SKILLS ...** This course introduces the student to motor learning/motor development, teaching styles, understanding and writing of teaching/coaching objectives, and the planning, teaching and organization of sports skills. It will also involve the student in a teaching practicum.

#4203 Section 01 [units: 3]

01/19-05/19 TR 09:30 AM - 10:45 AM SA0011 David A Perchinsky

**COACHING 255 CONDITIONING FOR INTERSCHOLASTIC SPORTS ...** This course is designed to give the student the knowledge needed to develop an agility, endurance, and strength program for all sports.

**PREREQ: COACHING 250**

#4204 Section 01 [units: 2]

01/19-05/19 TR 09:30 AM - 10:45 AM WC0183B Kelly S Witte

**COACHING 256 PSYCHO-SOCIAL ASPECTS OF COACHING ...** A study of the social and psychological factors that impact athletic performance. Theoretical and applied perspectives will be explored from a coaching framework.

#4555 Section 01 [units: 2]

01/19-05/19 MW 08:50 AM - 09:40 AM WC0184 Kelly S Witte

#4556 Section 02 [units: 2]

01/19-05/19 MW 11:00 AM - 11:50 AM WC0183A Kelly S Witte

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**COACHING 260 HISTORY AND SOCIAL ASPECTS OF ATHLETICS ...** This course is designed to deal with the historical and sociological aspects of athletics as they pertain to every day living. Emphasis will be directed toward the social aspects and historical implications. Areas to be covered include those of socio-economic relationships, building athletics into an American heritage, industrial revolution, athletics and the school, and the future of athletics in our society.

#4205 Section 01 [units: 3]  
01/19-05/19 TR 11:00 AM - 12:15 PM SA0009 Steve Dinkel

**COACHING 265 COACHING OF COMMUNITY SPONSORED SPORTS ...** Designed for men and women who wish to take part in the coaching of community sponsored sports. The role of community sponsored sports in the total picture of a young person's development, the organization and administration, and the actual coaching of community sponsored sports will be covered.

#4206 Section 01 [units: 3]  
01/19-05/19 TR 12:30 PM - 01:45 PM SA0011 Brian J Borland

**COACHING 350 COACHING OF FOOTBALL ...** An in-depth study of the game of football, and the coaching techniques that lead to a successful program. Special emphasis in the areas of building offenses and defenses, with a good hard look at related areas.

#4207 Section 01 [units: 2]  
01/19-05/19 M 06:15 PM - 08:00 PM SA0010 Brian J Borland

**COACHING 351 COACHING OF BASKETBALL ...** This course is designed for those men and women who wish to become basketball coaches. The administration, organization, and management principles, as well as rules, techniques of individual and team play, strategy, psychology, and problems of coaching are pursued through lectures, discussions, practices, and demonstrations.

#4208 Section 01 [units: 2]  
01/19-03/12 TR 11:00 AM - 12:40 PM WC0183A Patrick J Miller

**COACHING 353 COACHING OF TRACK AND FIELD/CROSS COUNTRY ...** Primarily designed for men and women who wish to become track and field /cross country coaches. The organization, motivation, coaching techniques and training programs for each event /sport will be covered by lecture and demonstration.

#4209 Section 01 [units: 3]  
01/19-05/19 TR 09:30 AM - 10:45 AM WC0183A Michael J Johnson

**COACHING 460 ORGANIZATION AND ADMINISTRATION OF INTERSCHOLASTIC ATHLETICS ...** This course is designed for those individuals who wish to become athletic coaches or administrators. The organization and administration of an athletic program will be covered.

**PREREQ: COACHING 240, 250, 255, 256, 461 AND 2 CREDITS IN COACHING COURSES 350-361**

#4210 Section 01 [units: 2] NOTE: WEB Contact Keri Carollo at Carollok@uww.edu for further info  
01/19-05/19 Arranged Arranged WEB BASED Keri L Carollo

**COACHING 461 PREVENTION AND CARE OF ATHLETIC INJURIES ...** This course is designed to give the student the knowledge needed to develop agility, endurance, and strength programs for all sports.

**PREREQ: COACHING 250**

#4212 Section 01 [units: 2] NOTE: Required additional course fee is \$10  
01/19-05/19 MW 11:00 AM - 11:50 AM WC0185 Chad Kelsey

**COACHING 463 CHILDREN AND SPORTS ...** Explore the historical perspective and the present controversy surrounding the involvement of children in competitive sport. Future directions for competitive sport for children will be a major focus.

#5337 Section 01 [units: 3] NOTE: This class is totally web-based and taught out of D2L. Access to the class will be given via email once you have registered for the class. For more information about the class, contact Dianne Jones via email at jonesd@uww.edu. Required additional course fee is \$60/credit.

01/19-05/19 Arranged Arranged WEB BASED Dianne C Jones

**COACHING 464 MANAGING ATHLETIC PRACTICE SESSIONS ...** Explore the historical perspective and the present controversy surrounding the involvement of children in competitive sport. Future directions for competitive sport for children will be a major focus.

**PREREQ: PSYCH 211 OR EQUIV AND CONSENT OF INSTRUCTOR**

#4213 Section 01 [units: 2]  
01/19-05/19 M 06:15 PM - 08:00 PM WC0183B Patrick J Miller

**COACHING 470 PRACTICUM IN ATHLETIC TRAINING ...** A course designed to give the prospective student trainer actual experience in the training room, working with athletes.

**PREREQ: COACHING 461 AND PEPFOP 271 AND 281**

#4214 Section 01 [units: 1-4]  
01/19-05/19 Arranged Arranged Chad Kelsey

Dept. Consent

**COACHING 490 WORKSHOP IN INTERCOLLEGIATE OR INTERSCHOLASTIC ATHLETICS ...** Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques. Repeatable for a maximum of 6 credits in major. Prereq: Consent of advisor or department chair.

#4615 Section 01 [units: 3]  
01/19-05/19 M 06:30 PM - 09:30 PM SA0009 Lance O Leipold CURRENT TRENDS IN FOOTBALL

**COACHING 492 FIELD STUDY IN COACHING ...** Field study in coaching provides undergraduate students with a supervised capstone experience in coaching. Students will be placed with department approved university/public/private/community teams/programs to obtain practical experience in the sport(s) of their choice. The site selection will be consistent with the professional objectives selected by the student. Prereq: Consent of department chair.

#4215 Section 01 [units: 2-3] NOTE: Consent of Department - Contact Dr. Kelly Witte at wittek@uww.edu for permission  
01/19-05/19 Arranged Arranged Kelly S Witte

Dept. Consent

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**COACHING 498 INDEPENDENT STUDY ... Study of a selected topic or topics under the direction of a faculty member. Repeatable for a maximum of 4 credits in major. Prereq: Consent of advisor or department chair.**

#4216 Section 01 [units: 1-4]

Dept. Consent

01/19-05/19 Arranged Arranged Kelly S Witte

\*\*\* GRADUATE LEVEL COURSES \*\*\*

**COACHING 660 ORGANIZATION AND ADMINISTRATION OF INTERSCHOLASTIC ATHLETICS ... This course is designed for those individuals who wish to become athletic coaches or administrators. The place of athletics education and the organization and administration of an athletic program will be covered. A research paper dealing with an appropriate topic will be required.**

#4211 Section 01 [units: 2] NOTE: WEB Contact Keri Carollo at Carollok@uww.edu for further info

01/19-05/19 Arranged Arranged WEB BASED Keri L Carollo

**COACHING 661 PREVENTION AND CARE OF ATHLETIC INJURIES ... Principles governing the prevention and treatment of common athletic injuries. A research paper dealing with a mutually agreed upon topic will be required.**

#4557 Section 01 [units: 2] NOTE: Required additional course fee is \$10

01/19-05/19 MW 11:00 AM - 11:50 AM WC0185 Chad Kelsey

**COACHING 663 CHILDREN AND SPORTS ... Explores the historical perspective and the present controversy surrounding children in competitive sports. Future directions of competitive sport for children will be a major focus.**

#5338 Section 01 [units: 3] NOTE: This class is totally web-based and taught out of D2L. Access to the class will be given via email once you have registered for the class. For more information about the class, contact Dianne Jones via email at jonesd@uww.edu. Required additional course fee is \$60/credit.

01/19-05/19 Arranged Arranged WEB BASED Dianne C Jones

**COACHING 690 WORKSHOP IN INTERCOLLEGIATE OR INTERSCHOLASTIC ATHLETICS ... Variable topics. Group activity oriented presentations emphasizing "hands on" and participatory instructional techniques.**

#4800 Section 01 [units: 3]

01/19-05/19 M 06:30 PM - 09:30 PM SA0009 Lance O Leipold CURRENT TRENDS IN FOOTBALL

**COACHING 710 CURRENT TRENDS AND ISSUES ATHLETICS ... This course will examine the current trends and issues in athletics. The concepts will be explored from a theoretical and applied perspective. Prereq: At least one year of coaching experience or consent of instructor.**

#5339 Section 01 [units: 3] NOTE: This class is totally web-based and taught out of D2L. Access to the class will be given via email once you have registered for the class. For more information about the class, contact Dianne Jones via email at jonesd@uww.edu. Required additional course fee is \$75/credit.

01/19-05/19 Arranged Arranged WEB BASED Dianne C Jones

## Health Education

**HEALTHED 181 CONTEMPORARY HEALTH ... An investigation of health areas and behaviors as they relate to the college student.**

**PREREQ: PEGNRL 192**

#4217 Section 01 [units: 2]

01/19-05/19 TR 09:30 AM - 10:20 AM WC0184 Nancy K Farmer

#4220 Section 02 [units: 2]

01/19-05/19 TR 02:15 PM - 03:05 PM WC0185

**HEALTHED 280 INTRODUCTION TO HEALTH EDUCATION AND PROMOTION ... This course is the designated gateway course required for students who choose to minor in health education or health promotion and should be taken within the first 6 units of declaring a health minor or pursuing health licensure requirements. It serves as an introduction to knowledge, research, and application of skills necessary for helping others with health behavior changes, while creating healthier environments in the home, school, workplace, and community.**

#4221 Section 01 [units: 2]

01/19-05/19 TR 09:30 AM - 10:20 AM WC0185 Melissa J Haitcox

**HEALTHED 340 SECONDARY HEALTH EDUCATION ... An introduction to various health belief models and philosophies with particular emphasis on health education content at the secondary level.**

#4222 Section 01 [units: 3]

01/19-05/19 T 02:30 PM - 05:00 PM WC0183A Cristy A Jefson

**HEALTHED 341 YOGA/STRESS REDUCTION ... A course designed to help students and professionals learn to effectively handle stress through specific Yoga training and mind/body connections.**

**PREREQ: JUNIOR/SENIOR STATUS**

#4224 Section 01 [units: 2]

01/19-05/19 TR 08:00 AM - 09:15 AM WC0182 Jodi R Landowski

**HEALTHED 360 CURRENT TOPICS IN HEALTH AND WELLNESS ... The course examines, interprets, and evaluates wellness as it relates to current topics in health, disease prevention, health promotion, and health education. Topics included are cardiovascular health, alcohol and other drugs, nutrition concepts, health hazards, tobacco, and topics related to public health such as physical activity and behavior changes.**

**PREREQ: JUNIOR/SENIOR STATUS OR CONSENT OF INSTRUCTOR**

#4227 Section 01 [units: 3]

01/19-05/19 MWF 11:00 AM - 11:50 AM WC0184 Ann W Garvin

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**HEALTHED 362 STRESS MANAGEMENT ...** The course explains what stress is, its various causes, and its effects. It helps develop a personal "Stress Profile" which enables the participants to pinpoint the specific sources and manifestations of stress and tension. The course shows how to combine biofeedback, relaxation techniques, exercise, diet, and other skills into an individualized "Stress Management System" that will help individuals feel healthier and cope better with daily pressure.

**PREREQ: SOPHOMORE/JUNIOR/SENIOR STATUS**

#5256	Section 01	[units: 3]				
	01/19-05/19	TR	12:30 PM - 01:45 PM	WC0185	Melissa J Haithtcox	
#5274	Section 02	[units: 3]	NOTE: Required additional course fee is \$60.00 per credit			
	01/19-05/19	Arranged	Arranged	WEB BASED	Cara L Sidman	

**HEALTHED 382 ELEMENTARY HEALTH EDUCATION ...** Teaching and learning experiences in selected content areas of health education. Designed for the elementary teacher.

**PREREQ: RESTRICTED TO STUDENTS WITH PROFESSIONAL EDUCATION ADMISSION**

#4231	Section 01	[units: 2]				
	01/19-05/19	MW	01:10 PM - 02:00 PM	WC0183A	Cristy A Jefson	
#4232	Section 02	[units: 2]				
	01/19-05/19	MW	02:10 PM - 03:00 PM	WC0183A	Cristy A Jefson	
#5340	Section 03	[units: 2]				
	01/19-05/19	T	12:45 PM - 02:25 PM	WC0183A	Cristy A Jefson	

**HEALTHED 391 NUTRITION FOR HEALTH ...** The course helps students plan, evaluate, and analyze dietary intake based on sound nutritional guidelines, principles, and knowledge for the purpose of health enhancement, improved mental and physical performance, and decreasing risk of disease.

**PREREQ: SOPHOMORE STATUS**

#4233	Section 01	[units: 3]				
	01/19-05/19	MWF	08:50 AM - 09:40 AM	WC0185	Ann W Garvin	
#4234	Section 02	[units: 3]				
	01/19-05/19	MWF	09:55 AM - 10:45 AM	WC0185	Ann W Garvin	

**HEALTHED 445 TEACHING HEALTH EDUCATION ...** A study of philosophy, trends and teaching-learning strategies. Emphasis will be placed on developing and utilizing models and strategies in health education.

**PREREQ: HEALTHED 340**

#4238	Section 01	[units: 3]				
	01/19-05/19	M	05:00 PM - 07:30 PM	WC0185	Cristy A Jefson	

**HEALTHED 465 HEALTH PROMOTION STRATEGIES ...** This course will focus on: 1) the development, implementation and evaluation of worksite health promotion programs, and 2) examination of the relationship of these programs to the organization as a whole and to the benefits for both the employee and employer.

**PREREQ: JUNIOR/SENIOR STATUS OR CONSENT OF INSTRUCTOR**

#4697	Section 01	[units: 3]	NOTE: Required additional course fee is \$50.00 per credit.			
	01/19-05/19	Arranged	Arranged	WEB BASED	Melissa J Haithtcox	

**HEALTHED 470 FACILITATING HEALTH BEHAVIOR ...** This course is designed as a capstone experience for non-teaching health minor students who have had at least 12 credits of work in the health minor. This course offers opportunities to gain the skills necessary for helping others with health behavior changes, while creating healthier environments in the home, workplace and community.

**PREREQ: HEALTHED 360/560 AND CONSENT OF INSTRUCTOR**

#4241	Section 01	[units: 3]				
	01/19-05/19	TR	11:00 AM - 12:15 PM	WC0185	Melissa J Haithtcox	

**HEALTHED 471 RESEARCH IN HEALTH AND PHYSICAL ACTIVITY ...** The content of this course is from a psychophysiological perspective. Emphasis will be place on research involving the effects of physical activity on psychological states and traits as well as how affect influences performance. Topic will include research design, motivation and adherence, attention, arousal, overtraining, behavior change, personality dynamics, and mental health.

**PREREQ: JUNIOR/SENIOR STATUS OR CONSENT OF INSTRUCTOR**

#5342	Section 01	[units: 3]				
	01/23	S	08:30 AM - 02:30 PM	WC0185	Ann W Garvin	
	02/06	S	08:30 AM - 02:30 PM	WC0185	Ann W Garvin	
	05/01	S	08:30 AM - 10:30 AM	WC0185	Ann W Garvin	
	01/19-05/19	Arranged	Arranged	WEB BASED	Ann W Garvin	

**HEALTHED 492 FIELD STUDY: HEALTH ...** Studies designed to increase the student's understanding of specific areas of health through involvement in off-campus experiences such as elementary or secondary schools, health volunteer agencies, or health maintenance organizations under the direction of department instructors. Repeatable.

**PREREQ: JUNIOR/SENIOR STATUS OR CONSENT OF INSTRUCTOR**

#4244	Section 01	[units: 1-12]				Dept. Consent
	01/19-05/19	Arranged	Arranged		Karen L Barak	
#4245	Section 02	[units: 1-12]				Dept. Consent
	01/19-05/19	Arranged	Arranged		Cristy A Jefson	



*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**HEALTHED 671 RESEARCH IN HEALTH AND PHYSICAL ACTIVITY ...** The content of this course is from a psychophysiological perspective. Emphasis will be place on research involving the effects of physical activity on psychological states and traits as well as how affect influences performance. Topic will include research design, motivation and adherence, attention, arousal, overtraining, behavior change, personality dynamics, and mental health.

**PREREQ: JUNIOR/SENIOR STATUS OR CONSENT OF INSTRUCTOR**

#5343	Section 01	[units: 3]			
01/23	S	08:30 AM - 02:30 PM	WC0185	Ann W Garvin	
02/06	S	08:30 AM - 02:30 PM	WC0185	Ann W Garvin	
05/01	S	08:30 AM - 10:30 AM	WC0185	Ann W Garvin	
01/19-05/19	Arranged	Arranged	WEB BASED	Ann W Garvin	

**HEALTHED 745 EXERCISE AND HEALTH ...** A course designed to introduce how exercise relates to an individual's health, specifically cardiovascular endurance, relaxation and nutrition. It will include background information regarding holistic health, exercise prescription, nutrition and relaxation. Application of this background information will also be a part of the course through evaluation of present levels and participation in individually designed programs.

#4251	Section 01	[units: 3]	NOTE: Hybrid class. Required additional course fee is \$50.00 per credit.		
01/20-01/27	W	08:00 PM - 10:00 PM	WC0106	Steven J Albrechtsen	
02/17	W	08:00 PM - 10:00 PM	WC0106	Steven J Albrechtsen	
03/10	W	08:00 PM - 10:00 PM	WC0106	Steven J Albrechtsen	
04/07	W	08:00 PM - 10:00 PM	WC0106	Steven J Albrechtsen	
04/28	W	08:00 PM - 10:00 PM	WC0106	Steven J Albrechtsen	
05/12	W	08:00 PM - 10:00 PM	WC0106	Steven J Albrechtsen	
01/19-05/19	Arranged	Arranged	WEB BASED	Steven J Albrechtsen	

**HEALTHED 793 PRACTICUM ... Prereq: Graduate status, application and interview, completion of 9 credits at UW-Whitewater and designated curriculum check sheet requirements. (Not to be used for first-time certification)**

#4249	Section 01	[units: 1-6]			Dept. Consent
01/19-05/19	Arranged	Arranged		Karen L Barak	
#5513	Section 02	[units: 1-6]			Dept. Consent
01/19-05/19	Arranged	Arranged		Steven J Albrechtsen	

**HEALTHED 798 INDIVIDUAL STUDIES ... Study of a selected topic or topics under the direction of a faculty member.**

#4252	Section 01	[units: 1-3]			Dept. Consent
01/19-05/19	Arranged	Arranged		Ann W Garvin	

### Physical Education Field

**PEFIELD 411 DIRECTED TEACHING PHYSICAL EDUCATION-ELEMENTARY SCHOOL ... Directed Teaching - Physical Education - Elementary**

**PREREQ: PEPFROF 330/530, PEPFROF 340/540, PEPFROF 380/580, PEPFROF 400/600, PEPFROF 492 S/NC, AND SUCCESSFUL COMPLETION OF ALL COURSES IN MAJOR**

#4254	Section 01	[units: 1-12]			
01/19-05/19	Arranged	Arranged		L Brenda Clayton	
01/19-05/19	Arranged	Arranged		Jodi Roehl	
S/NC Grading Basis Only					

#5611	Section 02	[units: 6]			
01/19-05/19	Arranged	Arranged		Penny Portman	
S/NC Grading Basis Only					

#5612	Section 03	[units: 6]			
01/19-05/19	Arranged	Arranged		Nancy K Farmer	
S/NC Grading Basis Only					

**PEFIELD 412 DIRECTED TEACHING PHYSICAL EDUCATION-MIDDLE SCHOOL ... Directed Teaching - Physical Education - Middle School**

**PREREQ: PEPFROF 330/530, PEPFROF 340/540, PEPFROF 380/580, PEPFROF 400/600, PEPFROF 492 S/NC, AND SUCCESSFUL COMPLETION OF ALL COURSES IN MAJOR**

#4255	Section 01	[units: 1-12]			
01/19-05/19	Arranged	Arranged		L Brenda Clayton	
01/19-05/19	Arranged	Arranged		Jodi Roehl	
S/NC Grading Basis Only					

**PEFIELD 414 DIRECTED TEACHING PHYSICAL EDUCATION-SECONDARY ... Directed Teaching - Physical Education - Secondary**

**PREREQ: PEPFROF 330/530, PEPFROF 340/540, PEPFROF 380/580, PEPFROF 400/600, PEPFROF 492 S/NC, AND SUCCESSFUL COMPLETION OF ALL COURSES IN MAJOR**

#4256	Section 01	[units: 1-12]			
01/19-05/19	Arranged	Arranged		L Brenda Clayton	
S/NC Grading Basis Only					

#5613	Section 02	[units: 6]			
01/19-05/19	Arranged	Arranged		Penny Portman	
S/NC Grading Basis Only					

<i>Start/End Dates</i>	<i>Meeting Days</i>	<i>Meeting Times</i>	<i>Location</i>	<i>Instructor</i>	<i>Course Topic (if applicable)</i>
#5614 Section 03 [units: 6]					
01/19-05/19	Arranged	Arranged		Nancy K Farmer	
S/NC Grading Basis Only					

### Physical Education General

**PEGNRL 103 BEGINNING ARCHERY ... An activity course designed to teach the student the fundamental techniques of archery for use as a leisure-time activity.**

#4258 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: Required additional course fee is \$5.00  
03/15-05/19 MW 01:00 PM - 01:50 PM WC0104C Timothy A Fader

#4259 Section 02 [units: 0.5] Gen Ed Physical Education (GP) NOTE: Required additional course fee is \$5.00  
03/15-05/19 TR 11:00 AM - 11:50 AM WC0104C Timothy A Fader

**PEGNRL 104 BEGINNING BADMINTON ... An activity course designed to teach the student the basic skills, knowledges, strategies, and understandings of badminton.**

#4266 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 MW 09:55 AM - 10:45 AM WC0201 Stacy Boudreau

#4268 Section 02 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 MW 08:50 AM - 09:40 AM WC0201 Stacy Boudreau

**PEGNRL 108 BEGINNING BOWLING ... An activity course designed to develop or improve the fundamental skills of bowling so that bowling can be utilized now, and later in life, as a recreational activity.**

#4269 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: FOR STUDENTS WITH A BOWLING AVERAGE BELOW 130. REQUIRED COURSE FEE IS \$25.00  
01/19-03/12 MW 09:55 AM - 10:45 AM UC0045 Keri L Carollo

#4271 Section 02 [units: 0.5] Gen Ed Physical Education (GP) NOTE: FOR STUDENTS WITH A BOWLING AVERAGE BELOW 130. REQUIRED COURSE FEE IS \$25.00  
01/19-03/12 TR 12:30 PM - 01:20 PM UC0045 Amy J Zelinger

#4272 Section 03 [units: 0.5] Gen Ed Physical Education (GP) NOTE: FOR STUDENTS WITH A BOWLING AVERAGE BELOW 130. REQUIRED COURSE FEE IS \$25.00  
03/15-05/19 MW 09:55 AM - 10:45 AM UC0045 Stacy Boudreau

#4273 Section 04 [units: 0.5] Gen Ed Physical Education (GP) NOTE: FOR STUDENTS WITH A BOWLING AVERAGE BELOW 130. REQUIRED COURSE FEE IS \$25.00  
03/15-05/19 TR 11:00 AM - 11:50 AM UC0045 Amy J Zelinger

#4703 Section 05 [units: 0.5] Gen Ed Physical Education (GP) NOTE: FOR STUDENTS WITH A BOWLING AVERAGE BELOW 130. REQUIRED COURSE FEE IS \$25.00  
03/15-05/19 TR 12:30 PM - 01:20 PM UC0045 Amy J Zelinger

**PEGNRL 109 INTERMEDIATE BOWLING ... A course designed to develop the bowler on the intermediate skill level through intermediate and advanced techniques.**

#4276 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: FOR STUDENTS WITH A BOWLING AVERAGE ABOVE 130. REQUIRED ADDITIONAL COURSE FEE IS \$25.  
03/15-05/19 MW 01:10 PM - 02:00 PM UC0045 Amber L Griffin

**PEGNRL 120 BEGINNING GOLF ... To learn the basic skills, rules, and etiquette of golf for use as a leisure-time activity.**

#4281 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: REQUIRED COURSE FEE IS \$4.00  
03/15-05/19 MW 09:55 AM - 10:45 AM WC0104A Todd A Skrivseth

#4282 Section 02 [units: 0.5] Gen Ed Physical Education (GP) NOTE: REQUIRED COURSE FEE IS \$4.00  
03/15-05/19 TR 09:30 AM - 10:20 AM WC0104A Todd A Skrivseth

#4283 Section 03 [units: 0.5] Gen Ed Physical Education (GP) NOTE: REQUIRED COURSE FEE IS \$4.00  
03/15-05/19 TR 11:00 AM - 11:50 AM WC0104A Todd A Skrivseth

#4284 Section 04 [units: 0.5] Gen Ed Physical Education (GP) NOTE: REQUIRED COURSE FEE IS \$4.00  
03/15-05/19 TR 12:30 PM - 01:20 PM WC0104A Todd A Skrivseth

**PEGNRL 121 INTERMEDIATE GOLF ... An activity course designed to give the student the opportunity to develop and utilize intermediate skills in golf. Students will practice their skills in an actual nine-hole course setting.**

#4285 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: REQUIRED COURSE FEE IS \$4.00  
03/15-05/19 TR 08:25 AM - 09:20 AM WC0104A Patrick J Miller

**PEGNRL 135 BICYCLING ... This bicycling course is designed for both the beginner to the intermediate rider. A variety of topics will be included: safety, proper size and riding technique, equipment, repairs & amaintenance, basic physiological benefits, cycle touring and route development. Trips will be on low traveled roads and bike paths. Bikes and helmets are available.**

#4286 Section 01 [units: 1] Gen Ed Physical Education (GP)  
03/15-05/19 F 08:50 AM - 11:40 AM WC0104A Stacy Boudreau

**PEGNRL 141 BEGINNING YOGA ... An activity course which introduces the techniques of performing basic asanas (exercises) and purposeful breathing. Extra emphasis is given to toning the body, using deep muscle isometrics, and concentration in relaxation and better mental attitudes.**

#4295 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 MW 07:45 AM - 08:35 AM WC0182 Jodi R Landowski

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**PEGNRL 142 INTERMEDIATE YOGA ... An activity course designed which expands on the techniques of performing intermediate asanas and new methods for breathing, massage, and imagery. Special emphasis is given to limbering the body while using deep muscle isometrics, imagery in everyday life, stress reduction, and nutrition designed to improve lifelong health.**

#4294 Section 01 [units: 0.5] Gen Ed Physical Education (GP) NOTE: MUST HAVE COMPLETE BEGINNING YOGA OR INSTRUCTOR CONSENT  
03/15-05/19 MW 07:45 AM - 08:35 AM WC0182 Jodi R Landowski

**PEGNRL 149 BEGINNING COUNTRY WESTERN DANCE ... This course is an introduction to contemporary Country Western dance, with selections drawn from an array of continuously emerging line and partner dances, as well as the standard couple dances. Some standard CW couple dances include, but are not limited to Waltz, Polka, Two Step, Triple Two Step, Double Two Step, Progressive Two Step, and Pony.**

#4296 Section 01 [units: 2] Gen Ed Physical Education (GP)  
01/19-05/19 TR 02:15 PM - 03:30 PM WC0182 Denay Trykowski

**PEGNRL 150 BEGINNING SWIMMING (ARC LEVELS III-IV) ... An activity class designed to help the student develop proficiency in the front crawl, back crawl, elementary backstroke, and treading water. The breaststroke and sidestroke are introduced. Prereq: Demonstrate all completion requirements in the American Red Cross Level II course.**

#4297 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 MW 01:10 PM - 02:00 PM WC0174 Nancy K Farmer

**PEGNRL 151 INTERMEDIATE SWIMMING (ARC LEVEL V-VI) ... An activity course designed to polish the students front crawl and back crawl, as well as develop proficiency in the breaststroke and sidestroke. The butterfly, approach stroke, turns, and surface dives are introduced.**

**PREREQ: ARC LEVEL IV OR ITS EQUIVALENT**

#4301 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
03/15-05/19 MW 01:10 PM - 02:00 PM WC0174 Nancy K Farmer

**PEGNRL 158 BEGINNING SKIN AND SCUBA DIVING ... An activity course emphasizing basic skin and scuba diving knowledges, skills, safety precautions, and recreational benefits through 22 hours of classroom and practical work. Successful completion of the course qualifies students for check-out dives and final scuba diver certification. The course is taught under the auspices of the Professional Association of Diving Instructors (PADI).**

#4302 Section 01 [units: 1] Gen Ed Physical Education (GP) NOTE: REQUIRED COUSE FEE IS \$50.00

01/19-03/12 R 06:30 PM - 09:30 PM WC0183B Bill Krieger  
01/19-03/12 R 06:30 PM - 09:30 PM WC0174 Bill Krieger

#4303 Section 02 [units: 1] Gen Ed Physical Education (GP) NOTE: REQUIRED COUSE FEE IS \$50.00

03/15-05/19 R 06:30 PM - 09:30 PM WC0183B Bill Krieger  
03/15-05/19 R 06:30 PM - 09:30 PM WC0174 Bill Krieger

**PEGNRL 160 BEGINNING TENNIS ... An activity course instructing students in the basic fundamentals of tennis. The course consists of learning and practicing six basic strokes. An attempt is made to develop an appreciation and love for the game so the student will participate in the activity after college.**

#4304 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
03/15-05/19 MW 09:55 AM - 10:45 AM WC0104B Heather M Zebrowski

#4305 Section 02 [units: 0.5] Gen Ed Physical Education (GP)  
03/15-05/19 TR 11:00 AM - 11:50 AM WC0104B Heather M Zebrowski

**PEGNRL 167 BEGINNING WEIGHT TRAINING ... A course designed to develop a basic understanding of the use of weights as fundamental techniques and skills and to help the individual set up and understand a good program of training.**

#4306 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 MW 08:50 AM - 09:40 AM WC0195 David A Perchinsky

#4307 Section 02 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 MW 09:55 AM - 10:45 AM WC0195 David A Perchinsky

#4309 Section 03 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 MW 11:00 AM - 11:50 AM WC0195

#4315 Section 04 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 TR 11:00 AM - 11:50 AM WC0195 Michael J Johnson

#4316 Section 05 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 TR 12:30 PM - 01:20 PM WC0195 Michael J Johnson

**PEGNRL 170 BEGINNING SELF DEFENSE ... An activity course designed to increase personal fitness, to develop skills in the defense of one's self, and to develop skills to identify crime situations and how to handle them.**

#4317 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 W 06:15 PM - 07:55 PM WC0203 Trent A Norrell

#4318 Section 02 [units: 0.5] Gen Ed Physical Education (GP)  
03/15-05/19 M 06:15 PM - 07:55 PM WC0202 Austin G Sams

#4319 Section 03 [units: 0.5] Gen Ed Physical Education (GP)  
03/15-05/19 W 06:15 PM - 07:55 PM WC0203 Trent A Norrell

**PEGNRL 175 BEGINNING TAE KWON DO: KARATE ... An activity course designed to teach the fundamental physical and mental skills of Tae Kwon Do, a Korean style of karate. The course will cover basic blocks, kicks, strikes, and forms, as well as proper breathing techniques and the theory of power. Emphasis will be placed on how karate can be used for self-defense.**

#4320 Section 01 [units: 0.5] Gen Ed Physical Education (GP)  
01/19-03/12 M 06:15 PM - 07:55 PM WC0203 Barbara S Barnett

<i>Start/End Dates</i>	<i>Meeting Days</i>	<i>Meeting Times</i>	<i>Location</i>	<i>Instructor</i>	<i>Course Topic (if applicable)</i>
#4321 Section 02 [units: 0.5]		Gen Ed Physical Education (GP)			
01/19-03/12	T	06:15 PM - 07:55 PM	WC0203	Barbara S Barnett	
#4322 Section 03 [units: 0.5]		Gen Ed Physical Education (GP)			
03/15-05/19	T	06:15 PM - 07:55 PM	WC0203	Barbara S Barnett	

**PEGNRL 176 INTERMEDIATE TAE KWON DO: KARATE ...** An activity course designed to teach the intermediate physical and mental skills of Tae Kwon Do, a Korean martial art. The course will review skills learned in Beginning Tae Kwon Do. Emphasis will be placed on forms and self-defense techniques.

**COREQ: PEGNRL 175**

#4323 Section 01 [units: 0.5]		Gen Ed Physical Education (GP)			
03/15-05/19	M	06:15 PM - 07:55 PM	WC0203	Barbara S Barnett	

**PEGNRL 178 ADVANCED TAE KWON DO ...** The course is designed to enhance skills learned in the beginning and intermediate classes along with developing more advanced skills. Students will discuss and practice various advanced techniques, skills, strategies and philosophies in martial arts, along with a constant focus on sound structural basics.

**PREREQ: PEGNRL 175 AND PEGNRL 176**

#4324 Section 01 [units: 1]		Gen Ed Physical Education (GP)			
01/19-05/19	R	06:15 PM - 07:55 PM	WC0202	Trent A Norrell	

**PEGNRL 183 EXERCISEWALKING ...** An activity class to teach students a variety of walking styles and training routines. Students develop a program of exercise walking which best fits their lifestyle and physical fitness needs.

#4325 Section 01 [units: 0.5]		Gen Ed Physical Education (GP)			
01/19-03/12	TR	11:00 AM - 11:50 AM	WC0104B	Stacy Boudreau	
#4326 Section 02 [units: 0.5]		Gen Ed Physical Education (GP)			
03/15-05/19	MW	01:10 PM - 02:00 PM	WC0104B	Stacy Boudreau	
#4327 Section 03 [units: 0.5]		Gen Ed Physical Education (GP)			
03/15-05/19	TR	09:30 AM - 10:20 AM	WC0104B	Stacy Boudreau	

**PEGNRL 187 MILITARY CONDITIONING ...** An activity course which is an introductory study for men and women of military calisthenics designed to develop both individual fitness and leadership skills essential to the management of an effective organizational physical fitness program.

#4328 Section 01 [units: 1]		Gen Ed Physical Education (GP)			
01/19-03/12	MTR	06:30 AM - 07:20 AM	WC0201A	David C Shono	
#4593 Section 02 [units: 1]		Gen Ed Physical Education (GP)			
03/15-05/19	MTR	06:30 AM - 07:20 AM	WC0104A	Charles R Hensen	

**PEGNRL 190 SWIM FOR FITNESS ...** An activity course helping students utilize their swimming skills to develop and maintain fitness; distance, fartlek, interval techniques, and dry land exercises are taught. Out-of-class activity is recommended.

#4329 Section 01 [units: 0.5]		Gen Ed Physical Education (GP)			NOTE: PREREQ: INTERMEDIATE SWIM ABILITY
01/19-03/12	TR	11:00 AM - 11:50 AM	WC0174	Joel M Rollings	
#4330 Section 02 [units: 0.5]		Gen Ed Physical Education (GP)			NOTE: PREREQ: INTERMEDIATE SWIM ABILITY
03/15-05/19	TR	11:00 AM - 11:50 AM	WC0174	Joel M Rollings	

**PEGNRL 192 PERSONAL HEALTH AND FITNESS FOR LIFE ...** An activity course which develops students understanding of the importance of a healthy lifestyle, while experiencing the choices available. Students will develop a basic understanding of creating and/or assessing healthy and safe exercise program(s) relative to their goals and needs.

#4331 Section 01 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	MW	08:50 AM - 09:40 AM	WH2001	Heather M Zebrowski	
#4332 Section 02 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	MW	08:50 AM - 09:40 AM	WH2001	Heather M Zebrowski	
#4333 Section 03 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	MW	01:10 PM - 02:00 PM	WH1001	To Be Arranged	
#4334 Section 04 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	MW	01:10 PM - 02:00 PM	WH1001	To Be Arranged	
#4335 Section 05 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	MW	01:10 PM - 02:00 PM	WH2001	Heather M Zebrowski	
#4336 Section 06 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	MW	01:10 PM - 02:00 PM	WH2001	Heather M Zebrowski	
#4337 Section 07 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	TR	08:25 AM - 09:15 AM	WH2001	Heather M Zebrowski	
#4338 Section 08 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	TR	08:25 AM - 09:15 AM	WH2001	Heather M Zebrowski	
#4339 Section 09 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	TR	08:25 AM - 09:15 AM	WH1001	Brian J Borland	
#4340 Section 10 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	TR	08:25 AM - 09:15 AM	WH1001	Brian J Borland	
#4341 Section 11 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	TR	08:25 AM - 09:15 AM	SA0010	Todd A Skrivseth	
#4342 Section 12 [units: 1]		Gen Ed Physical Education (GP)			NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00
01/19-03/12	TR	08:25 AM - 09:15 AM	SA0010	Todd A Skrivseth	

<i>Start/End Dates</i>	<i>Meeting Days</i>	<i>Meeting Times</i>	<i>Location</i>	<i>Instructor</i>	<i>Course Topic (if applicable)</i>
#4343 Section 13	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	MW	08:50 AM - 09:40 AM	WH2001	David A Perchinsky	
#4344 Section 14	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	MW	08:50 AM - 09:40 AM	WH2001	David A Perchinsky	
#4345 Section 15	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	08:50 AM - 09:40 AM	WH1001	David A Perchinsky	
#4346 Section 16	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	08:50 AM - 09:40 AM	WH1001	David A Perchinsky	
#4347 Section 17	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	MW	01:10 PM - 02:00 PM	WH2001	Heather M Zebrowski	
#4348 Section 18	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	MW	01:10 PM - 02:00 PM	WH2001	Heather M Zebrowski	
#4349 Section 19	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	08:25 AM - 09:15 AM	WH2001	Heather M Zebrowski	
#4350 Section 20	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	08:25 AM - 09:15 AM	WH2001	Heather M Zebrowski	
#4351 Section 21	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	MW	08:50 AM - 09:40 AM	WH1001	Michael J Johnson	
#4352 Section 22	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	MW	08:50 AM - 09:40 AM	WH1001	Michael J Johnson	
#4353 Section 23	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	08:25 AM - 09:15 AM	SA0010	To Be Arranged	
#4354 Section 24	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	08:25 AM - 09:15 AM	SA0010	To Be Arranged	
#4355 Section 25	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	09:30 AM - 10:20 AM	SA0010	Brian J Borland	
#4357 Section 26	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	09:30 AM - 10:20 AM	SA0010	Brian J Borland	
#4360 Section 27	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	11:00 AM - 11:50 AM	SA0010	Stacy Boudreau	
#4362 Section 28	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	MW	11:00 AM - 11:50 AM	WH3010	David A Perchinsky	
#4365 Section 29	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	01:10 PM - 02:00 PM	WC0184	Heather M Zebrowski	
#4374 Section 30	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
03/15-05/19	TR	01:10 PM - 02:00 PM	WC0184	Heather M Zebrowski	
#5269 Section 31	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
01/19-03/12	MW	09:55 AM - 10:45 AM	SA0010	Brian J Borland	
#5270 Section 32	[units: 1]	Gen Ed Physical Education (GP)	NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$15.00		
01/19-03/12	MW	09:55 AM - 10:45 AM	SA0010	Brian J Borland	

**PEGNRL 209 AMERICAN PARTNER DANCE: LINDY, LATIN & NIGHT CLUB ... Students enrolling in this course must register with a partner. Students practice partner dancing that evolved from interactions of Americans with African-Americans, Afro-Cubans, and other Caribbean Cultures. American Lindy Hop, Night Club Two Step, Cha Cha, and Mambo/Salsa dances are presented for beginners. Cultural-historical backgrounds, musical accompaniment, gender role expectations, and partnering dance skills are introduced through practice, readings, community outreach, lecture, and assignments.**

#4382 Section 01	[units: 3]	Gen Ed Interdisciplinary (GI)	NOTE: NOT FOR AUDIT OR S/NC MUST REGISTER WITH A PARTNER. CONTACT DENAY TRYKOWSKI AT TRYKOWSD@UWW.EDU FOR MORE INFO		
01/19-05/19	MW	01:10 PM - 02:25 PM	WC0182	Denay Trykowski	
#4385 Section 02	[units: 3]	Gen Ed Interdisciplinary (GI)	NOTE: NOT FOR AUDIT OR S/NC MUST REGISTER WITH A PARTNER. CONTACT DENAY TRYKOWSKI AT TRYKOWSD@UWW.EDU FOR MORE INFO		
01/19-05/19	MW	02:45 PM - 04:00 PM	WC0182	Denay Trykowski	

**PEGNRL 490 WORKSHOP ... Variable topics. Group activity oriented presentations emphasizing `hands on` and participatory instructional techniques.**

#4599 Section 01	[units: 0.5]				
01/19-03/12	T	06:15 PM - 07:30 PM	WC0202	Sam K Gnatzig	BEGINNING PILATES
#4600 Section 02	[units: 0.5]				
03/15-05/19	T	06:15 PM - 07:30 PM	WC0202	Sam K Gnatzig	INTERMEDIATE PILATES
#4692 Section 03	[units: 1]	NOTE: REQUIRED COURSE FEE IS \$40.00			
01/19-03/12	TR	11:00 AM - 12:15 PM	WC0144	Timothy A Fader	INTRO TO ROCKCLIMBING
#4693 Section 04	[units: 1]	NOTE: REQUIRED COURSE FEE IS \$20.00. If bike rental is need by student, cost is \$85.00. Ability to bike 5 miles			
03/15-05/19	R	02:30 PM - 05:00 PM	WC0183A	Timothy A Fader	INTRO TO MOUNTAIN BIKING
#5397 Section 05	[units: 3]	NOTE: Required additional course fee is \$90.			
01/19-03/12	T	05:00 PM - 07:00 PM	WC0183A	Jen Kaina	ACE PERSONAL TRAINING PREP
01/19-03/12	S	08:00 AM - 12:00 PM	WC0183A	Jen Kaina	

Start/End Dates

Meeting Days

Meeting Times

Location

Instructor

Course Topic (if applicable)

**Physical Education Professional**

**PEPROF 165 INTRODUCTION TO PHYSICAL EDUCATION ...** This course is designed for the beginning student considering a career as a professional physical educator with a Physical Education Broadfield K-12 License or a Health, Human Performance, Recreation major. The class will focus on the development of a physical education philosophy, career orientation, the history of physical education and sport, and the various sub-disciplines related to the field of physical education.

#4388 Section 01 [units: 2]  
01/19-05/19 TR 09:30 AM - 10:20 AM SA0009 David E Wiederrecht

#4594 Section 02 [units: 2] NOTE: Required additional course fee is \$50/credit  
01/19-05/19 Arranged Arranged WEB BASED Guoli Liang

#4700 Section 03 [units: 2]  
01/19-05/19 TR 08:00 AM - 08:50 AM SA0009

**PEPROF 171 FUNDAMENTALS OF FLAG FOOTBALL AND TEAM HANDBALL ...** A course designed to teach the physical education major/minor the basic skills, knowledge, strategies, and mechanical principles relative to flag football and team handball.

**PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS**

#4389 Section 01 [units: 1]  
03/15-05/19 TR 08:00 AM - 09:15 AM WC0183A Steve Dinkel  
03/15-05/19 TR 08:00 AM - 09:15 AM WC0104C James P Zebrowski

**PEPROF 172 FUNDAMENTALS OF BASKETBALL ...** Designed to teach the physical education major/minor the basic skills, knowledge, strategies, and mechanical principles relative to basketball.

**PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS**

#4390 Section 01 [units: 1]  
01/19-03/12 MWF 11:00 AM - 11:50 AM WC0201A Keri L Carollo

**PEPROF 173 FUNDAMENTALS OF TUMBLING ...** An activity-centered course designed to provide the physical education major/minor with basic tumbling skills as well as an understanding of the mechanics of movement.

**PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS**

#4391 Section 01 [units: 1]  
01/19-03/12 MWF 11:00 AM - 11:50 AM WC0203 Nancy K Farmer

**PEPROF 174 FUNDAMENTALS OF VOLLEYBALL ...** Designed to teach physical education majors/minors the basic skills, knowledge, strategies and mechanical principles relative to volleyball.

**PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS**

#4392 Section 01 [units: 1]  
01/19-03/12 MWF 11:00 AM - 11:50 AM WC0191 Stacy Boudreau

**PEPROF 175 FUNDAMENTALS OF BOWLING AND BADMINTON ...** Designed to teach the physical education major/minor the basic skills, knowledge, strategies and mechanical principles relative to bowling and badminton.

**PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS**

#4398 Section 01 [units: 1] NOTE: REQUIRED COURSE FEE IS \$13.00  
01/19-03/12 TR 11:00 AM - 12:15 PM WC0201 Keri L Carollo

**PEPROF 176 FUNDAMENTALS OF ARCHERY AND GOLF ...** Designed to teach the physical education major/minor the basic skills, knowledge, strategies and mechanical principles relative to golf and archery.

**PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS**

#4406 Section 01 [units: 1]  
03/15-05/19 MWF 11:00 AM - 11:50 AM WC0104B Timothy A Fader  
03/15-05/19 MWF 11:00 AM - 11:50 AM WC0104B Amy J Zelinger

**PEPROF 177 FUNDAMENTALS OF TRACK AND FIELD ...** Designed to teach the physical education major/minor the basic skills, knowledge, strategies and mechanical principles relative to track and field.

**PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS**

#4479 Section 01 [units: 1]  
01/19-03/12 MWF 08:30 AM - 09:20 AM WC0104B Michael J Johnson

**PEPROF 200 FUNDAMENTALS OF RHYTHMS ...** A course designed to teach movement patterns that will be used in the execution of basic dance steps and dances.

**PREREQ: PHYSICAL EDUCATION MAJOR, RECREATION MINOR, DANCE EDUCATION MINOR, OR CONSENT OF INSTRUCTOR**

#4480 Section 01 [units: 2]  
01/19-05/19 TR 11:00 AM - 12:15 PM WC0182 Denay Trykowski

**PEPROF 209 INVESTIGATING COMMUNITY PROFESSIONS IN PHYSICAL EDUCATION ...** This course prepare students majoring in Physical Education, who are not pursuing a teaching license, for the required Field Study course. This course provides resources and instruction for designing a plan for professional development and field study placement. Students will visit potential field study sites, interview professionals and develop a resume. Satisfactory/No Credit grade basis only.

#4481 Section 01 [units: 1]  
01/19-05/19 T 07:30 AM - 08:25 AM WC0183B Thomas F Gustafson  
S/NC Grading Basis Only

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**PEPROF 212 FUNDAMENTALS OF APPARATUS ...** An activity course designed to teach the physical education major/minor the skills necessary for performance on apparatus and an understanding of the mechanical principles involved.

**PREREQ: PEPROF 173 AND PHYSICAL EDUCATION LICENSE MAJOR OR RECREATION MINOR**

#4482 Section 01 [units: 1]

03/15-05/19 MWF 09:55 AM - 10:45 AM WC0203 Jennifer R Regan

**PEPROF 213 FUNDAMENTALS OF TENNIS ...** Designed to teach the physical education major/minor the basic skills, knowledge, strategies and mechanical principles relative to tennis.

**PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS**

#4483 Section 01 [units: 1]

03/15-05/19 MWF 08:50 AM - 09:40 AM WC0104C Heather M Zebrowski

**PEPROF 215 FUNDAMENTALS OF WEIGHT TRAINING & PHYSICAL FITNESS ...** A course designed to develop a general understanding of physical fitness programs and the use of weights as a means of developing strength and physical fitness. The course involves surveying weight training and fitness programs and learning when and where each is used.

**PREREQ: PHYSICAL EDUCATION MAJORS AND/OR RECREATION MINORS**

#4484 Section 01 [units: 1]

01/19-03/12 MWF 01:10 PM - 02:00 PM WC0195 David E Wiederrecht

**PEPROF 240 THEORY OF TEAM AND INDIVIDUAL ACTIVITIES ...** A course that bridges the gap between participation in and the teaching of team and individual activities.

**PREREQ: PEPROF 165, 1 CREDIT OF INDIVIDUAL SPORTS PEPROF SERIES (PEPROF 175, 176 AND 213) AND 1 CREDIT OF TEAM SPORTS PEPROF SERIES (CHOOSE FROM PEPROF 171, 172, 174, 178 AND 210)**

#4485 Section 01 [units: 3]

01/19-05/19 MW 01:10 PM - 02:30 PM WC0183B Guoli Liang

**PEPROF 271 STRUCTURE AND FUNCTION OF THE HUMAN BODY ...** Study of the basic structure and function of the human body. Emphasis will be placed on the interrelationships between the systems of the body and their application to human movement.

**PREREQ: GENERAL STUDIES LAB SCIENCE OR CONSENT OF INSTRUCTOR**

#4486 Section 01 [units: 4]

01/19-05/19 R 08:00 AM - 09:40 AM WC0186 Matt Zwaschka

01/19-05/19 MWF 08:50 AM - 09:40 AM WC0183B William A Skelly

#4488 Section 02 [units: 4]

01/19-05/19 R 09:55 AM - 11:35 AM WC0186 Matt Zwaschka

01/19-05/19 MWF 08:50 AM - 09:40 AM WC0183B William A Skelly

#4489 Section 03 [units: 4]

01/19-05/19 R 11:50 AM - 01:30 PM WC0186 Matt Zwaschka

01/19-05/19 MWF 08:50 AM - 09:40 AM WC0183B William A Skelly

#4490 Section 04 [units: 4]

01/19-05/19 R 06:15 PM - 07:55 PM WC0186 Matt Zwaschka

01/19-05/19 MWF 08:50 AM - 09:40 AM WC0183B William A Skelly

**PEPROF 281 FIRST AID AND C.P.R. ...** A study of the human body in relation to accidents and emergency care. A study of the methods of, and the importance of, immediate care of a person who has been injured or has been suddenly taken ill. It includes self-help and home care if medical assistance is not available or is delayed. It includes techniques of cardio-pulmonary resuscitation.

#4491 Section 01 [units: 2] NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$20

01/19-05/19 MWF 09:55 AM - 10:45 AM WC0183B Chad Kelsey

#4492 Section 02 [units: 2] NOTE: REQUIRED ADDITIONAL COURSE FEE IS \$20

01/19-05/19 TR 08:30 AM - 09:25 AM WC0183B Joel M Rollings

**PEPROF 291 LIFEGUARDING ...** This course leads to a three-year certification as an American Red Cross Lifeguard, a Waterfront Lifeguard and a Head Lifeguard as well as certification in First Aid and Cardiopulmonary Resuscitation for the Professional Rescuer.

#4495 Section 01 [units: 3] Gen Ed Physical Education (GP) NOTE: ARC LEVEL VI OR ITS EQUIVALENT.

04/10-04/18 SU 09:00 AM - 06:00 PM WC0174 Joel M Rollings

**PEPROF 324 TECHNIQUES OF TEACHING GYMNASTICS ...** A course for physical education majors and minors designed to develop an understanding of progressions in and mechanical skill analysis of tumbling, apparatus, and floor exercise activities to be used in the teaching of gymnastics. It includes hands on teaching experiences.

**PREREQ: PEPROF 173 AND 212 OR EQUIVALENT**

#4494 Section 01 [units: 3]

01/19-05/19 TR 11:00 AM - 12:15 PM WC0203 Jennifer R Regan

**PEPROF 325 P.E. FOR THE KINDERGARTEN PRIMARY (K-3) CLASSROOM TEACHER ...** Required of students in elementary education who intend to teach children in the kindergarten through third grade levels. Emphasis is placed upon the preparation of the classroom teacher to meet the developmental needs of children in grades K-3 through the medium of motor activities.

**PREREQ: RESTRICTED TO STUDENTS WITH PROFESSIONAL EDUCATION ADMISSION**

#4497 Section 01 [units: 2]

01/19-05/19 TR 11:00 AM - 12:15 PM R1042 Penny Portman

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**PEPROF 326 P.E. FOR THE ELEMENTARY (4-8) CLASSROOM TEACHER ... Required of students enrolled in the elementary education curriculum. Specific emphasis is placed upon preparing the classroom teacher to meet the needs of children in grades 4-8 in the area of physical education.**

**PREREQ: RESTRICTED TO STUDENTS WITH PROFESSIONAL EDUCATION ADMISSION**

#4499 Section 01 [units: 2]

01/19-05/19 TR 09:30 AM - 10:45 AM R1042 Penny Portman

**PEPROF 327 MOTOR PROGRAMMING FOR EARLY CHILDHOOD ... This course is designed for those who plan to work with children in any type of pre-school program. Emphasis will be placed on providing ideas for developmental motor activities that will aid children with their 1) physical coordination, 2) emotional reactions to various experiences, 3) social interactions and, 4) mental development.**

**PREREQ: RESTRICTED TO STUDENTS WITH PROFESSIONAL EDUCATION ADMISSION**

#4501 Section 01 [units: 2] NOTE: 1ST MEETING WILL BE IN R1042

01/19-05/19 W 12:30 PM - 03:00 PM OFF CAMPUS Kathleen A Happel

**PEPROF 330 TECHNIQUES OF TEACHING MOVEMENT ACTIVITIES IN ELEMENTARY SCHOOL ... A course which combines the theory of curriculum development with the planning and conducting of lessons suitable for both the K-3 grades and the upper elementary grades. Emphasis is on the planning for lessons suitable for the K-3 child including basic manipulative, non-manipulative and locomotor skills, activities of simple organization and lead-up activities in progression.**

**PREREQ: ADMISSION TO PROFESSIONAL EDUCATION, PHYSICAL EDUCATION K-12 LICENSE MAJOR, EDFOUND 222, EDFOUND 212 OR 481, PEPROF 240.**

**COREQ: PEPROF 340, PEPROF 380, PEPROF 492**

#4504 Section 01 [units: 3]

01/19-05/19 MWF 08:00 AM - 09:15 AM R1042 L Brenda Clayton

**PEPROF 340 TEACHING PHYSICAL EDUCATION IN SECONDARY SCHOOLS ... A course which combines the theory of curriculum development (games stages, cooperative/adventure, and fitness) with planning and conducting lessons and developing unit plans suitable for 5-12 grade students in physical education.**

**PREREQ: PEPROF 240**

#4561 Section 01 [units: 3]

01/19-05/19 MWF 09:20 AM - 10:45 AM R1042 Penny Portman

**PEPROF 371 KINESIOLOGY ... The study of mechanical principles which are essential to the analysis of sport techniques as well as the performance of motor skills. The course includes a review of muscle-skeletal anatomy and the thorough study of human movement.**

**PREREQ: PEPROF 271**

#4560 Section 01 [units: 3]

01/19-05/19 MWF 08:50 AM - 09:40 AM WC0183A Chad Kelsey

**PEPROF 380 PERCEPTUAL MOTOR ACTIVITIES FOR YOUNG CHILDREN ... A study of motor maturation, developmental variances affecting motor efficiency, gross motor assessment instruments, and prescriptive techniques involving perceptual motor activities.**

**PREREQ: ADMISSION TO PROFESSIONAL EDUCATION, PHYSICAL EDUCATION K-12 LICENSE MAJOR, EDFOUND 222, EDFOUND 212 OR EDFOUND 481, PEPROF 240 COREQ: PEPROF 330, PEPROF 340, PEPROF 492**

#4505 Section 01 [units: 3]

01/19-05/19 MWF 10:45 AM - 12:00 PM R1042 Guoli Liang

01/19-05/19 MWF 10:45 AM - 12:00 PM WH3011 Guoli Liang

**PEPROF 410 STUDENT TEACHING SEMINAR-PHYSICAL EDUCATION ... Restricted to students currently enrolled in Directed Teaching.**

**COREQ: RESTRICTED TO STUDENTS CURRENTLY ENROLLED IN DIRECTED TEACHING**

#4507 Section 01 [units: 2]

01/19-05/19 W 05:00 PM - 07:30 PM WC0183A L Brenda Clayton

Dept. Consent

**PEPROF 471 PHYSIOLOGY OF EXERCISE ... A comprehensive study of physiological changes which occur during exercise and the adaptations which occur during exercise training. The student receives practical experience in the organization, interpretation and reporting of laboratory experiences relative to class discussion. A study of physiological adaptations of the human body during work and play while under stress. A study of nutritional and environmental aspects of exercise and the effect of conditioning on the body.**

**PREREQ: PEPROF 271**

#4508 Section 01 [units: 3]

01/19-05/19 T 08:40 AM - 10:20 AM WC0186 Michael J Johnson

01/19-05/19 T 08:40 AM - 10:20 AM WC0186 Steven J Albrechtsen

01/19-05/19 T 08:40 AM - 10:20 AM WC0186 Matt Zwaschka

#4509 Section 01C [units: 3]

01/19-05/19 T 06:15 PM - 08:05 PM UH0145 Steven J Albrechtsen

01/19-05/19 T 06:15 PM - 08:05 PM UH0145 Michael J Johnson

#4513 Section 02 [units: 3]

01/19-05/19 T 10:35 AM - 12:15 PM WC0186 Michael J Johnson

01/19-05/19 T 10:35 AM - 12:15 PM WC0186 Steven J Albrechtsen

#4515 Section 03 [units: 3]

01/19-05/19 T 12:30 PM - 02:10 PM WC0186 Matt Zwaschka

01/19-05/19 T 12:30 PM - 02:10 PM WC0186 Steven J Albrechtsen

#4517 Section 04 [units: 3]

01/19-05/19 T 02:25 PM - 04:05 PM WC0186 Matt Zwaschka

01/19-05/19 T 02:25 PM - 04:05 PM WC0186 Steven J Albrechtsen

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**PEPROF 475 ADAPTED PHYSICAL EDUCATION ... A study of the problems of the atypical child in relation to the physical education activity program. Emphasis is placed on the atypical child in the public school. Areas studied include postural deviations, orthopedic and neurological disabilities, sensory handicaps, the mentally handicapped and the behaviorally deviant child.**

#4511 Section 01 [units: 3]

01/19-05/19 W 06:15 PM - 08:45 PM WC0183B Kathleen A Happel

**PEPROF 490 WORKSHOP IN PHYSICAL EDUCATION ... Variable topics. Group activity oriented presentations emphasizing 'hands on' and participatory instructional techniques. Repeatable for a maximum of 9 credits in major/degree.**

#4694 Section 01 [units: 3] NOTE: Required additional course fee is \$135.00

04/17 S 08:00 AM - 04:00 PM WC0183A L Brenda Clayton OUTDOOR ED & CHALLENGE

04/23 F 01:00 PM - 10:30 PM OFF CAMPUS L Brenda Clayton

04/24 S 07:00 AM - 10:30 PM OFF CAMPUS L Brenda Clayton

04/25 U 07:00 AM - 02:30 PM OFF CAMPUS L Brenda Clayton

#5618 Section 02 [units: 0.5-6]

04/17 S 08:00 AM - 04:00 PM WC0183A L Brenda Clayton OUTDOOR ED & CHALLENGE

04/23 F 01:00 PM - 10:30 PM OFF CAMPUS L Brenda Clayton

04/24 S 07:00 AM - 10:30 PM OFF CAMPUS L Brenda Clayton

04/25 U 07:00 AM - 02:30 PM OFF CAMPUS L Brenda Clayton

**PEPROF 492 FIELD STUDY ... A course designed to increase the student's understanding of a specific area of recreation through involvement in an off-campus internship at a recognized Physical Education agency or business which is suited to the student's area of interest. Repeatable. Prereq: Junior status or consent of department chair.**

**PREREQ: JUNIOR/SENIOR STATUS**

#4522 Section 01 [units: 1-12]

01/19-05/19 Arranged Arranged Karen L Barak Dept. Consent

#4523 Section 02 [units: 1-12]

01/19-05/19 Arranged Arranged L Brenda Clayton Dept. Consent

#4524 Section 03 [units: 1-12]

01/19-05/19 Arranged Arranged Kathleen A Happel Dept. Consent

#4525 Section 04 [units: 1-12]

01/19-05/19 Arranged Arranged Guoli Liang Dept. Consent

#4526 Section 05 [units: 1-12]

01/19-05/19 Arranged Arranged Penny Portman Dept. Consent

**PEPROF 493 HEALTH, HUMAN PERFORMANCE & RECREATION INTERNSHIP ... The internship is a culminating learning experience for students studying in Health, Physical Education, and Recreation. This experience allows students the opportunity to practice the application of theory and apply the knowledge acquired through academic preparation. The internship is an in-depth supervised work and study experience, preferably at the supervisor or mid-management level, where the student has a degree of responsibility for planning, directing and supervising the work of others. A desired result of this course design is to stimulate good judgement and sound decisions while improving problem solving, communication, human development and relation building skills.**

**PREREQ: PEPROF 209, WITHIN 9 CREDITS OF COMPLETING MAJOR AND MINOR, APPLICATION MATERIALS FILED BY DUE DATES SEMESTER PRIOR TO PLACEMENT, AND CONSENT OF PROGRAM COORDINATOR**

#4527 Section 01 [units: 6-12]

01/19-05/19 Arranged Arranged Karen L Barak Dept. Consent

**PEPROF 498 INDEPENDENT STUDY ... Study of a selected topic or topics under the direction of a faculty member. Repeatable for a maximum of 3 credits in major/degree.**

**PEREQ: PHY ED MAJORS OR MINORS AND 2.75 GPA OR DEPARTMENT CONSENT**

#4529 Section 01 [units: 1-3]

01/19-05/19 Arranged Arranged Steven J Albrechtsen Dept. Consent

#4530 Section 02 [units: 1-3]

01/19-05/19 Arranged Arranged Karen L Barak Dept. Consent

#4531 Section 03 [units: 1-3]

01/19-05/19 Arranged Arranged L Brenda Clayton Dept. Consent

#4533 Section 04 [units: 1-3]

01/19-05/19 Arranged Arranged Penny Portman Dept. Consent

#4534 Section 05 [units: 1-3]

01/19-05/19 Arranged Arranged William A Skelly Dept. Consent

#5450 Section 06 [units: 1-3]

01/19-05/19 Arranged Arranged Nancy K Farmer Dept. Consent

#5475 Section 07 [units: 1-3]

01/19-05/19 Arranged Arranged Jennifer R Regan Dept. Consent

#5512 Section 08 [units: 1-3]

01/19-05/19 Arranged Arranged Heather M Zebrowski Dept. Consent

#5548 Section 09 [units: 1-3]

01/19-05/19 Arranged Arranged Denay Trykowski Dept. Consent

\*\*\* GRADUATE LEVEL COURSES \*\*\*

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**PEPROF 526 P.E. FOR THE ELEMENTARY (4-8) CLASSROOM TEACHER ... Required of students enrolled in the elementary education curriculum. Specific emphasis is placed upon preparing the classroom teacher to meet the needs of children in grades 4-8 in the area of physical education.**

#4500 Section 01 [units: 2]

01/19-05/19 TR 09:30 AM - 10:45 AM R1042 Penny Portman

**PEPROF 527 MOTOR PROGRAMMING FOR EARLY CHILDHOOD ... This course is designed for those who plan to work with children in any type of preschool program. Emphasis will be placed on providing ideas for developmental motor activities that will aid children with their 1) physical coordination, 2) emotional reactions to various experiences, 3) social interactions, and 4) mental development.**

#4502 Section 01 [units: 2] NOTE: 1ST MEETING WILL BE IN R1042

01/19-05/19 W 12:30 PM - 03:00 PM OFF CAMPUS Kathleen A Happel

**PEPROF 580 PERCEPTUAL MOTOR ACTIVITIES FOR YOUNG CHILDREN ... A study of motor maturation, developmental variances affecting motor efficiency, gross motor assessment instruments, and prescriptive techniques involving perceptual motor activities.**

**PREREQ: ADMISSION TO PROFESSIONAL EDUCATION, PHYSICAL EDUCATION, PHYSICAL EDUCATION K-12 LICENSE MAJOR, EDFOUND 222, EDFOUND 212 OR EDFOUND 481, PEPROF 240 COREQ: PEPROF 330, PEPROF 340, PEPROF 492**

#4506 Section 01 [units: 3]

01/19-05/19 MWF 10:45 AM - 12:00 PM R1042 Guoli Liang

01/19-05/19 MWF 10:45 AM - 12:00 PM WH3011 Guoli Liang

**PEPROF 675 ADAPTED PHYSICAL EDUCATION ... A study of the problems of the atypical child in relation to the physical education activity program. Emphasis is placed on the atypical child in the public school. Areas studied include postural deviations, orthopedic and neurological disabilities, sensory handicaps, the mentally handicapped and the behaviorally deviant child.**

#4512 Section 01 [units: 3]

01/19-05/19 W 06:15 PM - 08:45 PM WC0183B Kathleen A Happel

**PEPROF 690 WORKSHOP IN PHYSICAL EDUCATION ... Variable topics. Group activity oriented presentations emphasizing 'hands on' and participatory instructional techniques.**

#4695 Section 01 [units: 3] NOTE: Required additional course fee is \$135.00

04/17 S 08:00 AM - 04:00 PM WC0183A L Brenda Clayton OUTDOOR ED & CHALLENGE

04/23 F 01:00 PM - 10:30 PM OFF CAMPUS L Brenda Clayton

04/24 S 07:00 AM - 10:30 PM OFF CAMPUS L Brenda Clayton

04/25 U 07:00 AM - 02:30 PM OFF CAMPUS L Brenda Clayton

#5619 Section 02 [units: 0.5-6]

04/17 S 08:00 AM - 04:00 PM WC0183A L Brenda Clayton OUTDOOR ED & CHALLENGE

04/23 F 01:00 PM - 10:30 PM OFF CAMPUS L Brenda Clayton

04/24 S 07:00 AM - 10:30 PM OFF CAMPUS L Brenda Clayton

04/25 U 07:00 AM - 02:30 PM OFF CAMPUS L Brenda Clayton

**PEPROF 725 CARDIORESPIRATORY PHYSIOLOGY ... An advanced course in the anatomy and physiology of the cardiac, vascular and pulmonary systems with an emphasis on the impact and adaptations during exercise to these systems.**

#5304 Section 01 [units: 3] NOTE: Required additional course fee is \$50.00 per credit.

01/19-05/19 Arranged Arranged WEB BASED Steven J Albrechtsen

**PEPROF 793 PRACTICUM ... Prereq: Graduate status, application and interview, completion of 9 credits at UW-Whitewater, and designated curriculum check sheet requirements. (Not to be used for first-time certification)**

#4538 Section 01 [units: 1-6]

01/19-05/19 Arranged Arranged Steven J Albrechtsen

Dept. Consent

#5306 Section 02 [units: 1-6]

01/19-05/19 Arranged Arranged Karen L Barak

Dept. Consent

**PEPROF 798 INDIVIDUAL STUDIES ... Study of selected topic or topics under the direction of a faculty member.**

#4536 Section 01 [units: 1-3]

01/19-05/19 Arranged Arranged Steven J Albrechtsen

Dept. Consent

**PEPROF 799 THESIS RESEARCH ... Students must complete a Thesis Proposal Form in the Graduate Studies Office before registering for this course.**

#4537 Section 01 [units: 1-6]

01/19-05/19 Arranged Arranged Steven J Albrechtsen

Dept. Consent

P/F Grading Basis Only

## Recreation

**RECREATN 232 INTRODUCTION TO RECREATION AND LEISURE ... An introduction to the field of recreation with class lecture and discussion on the historical, philosophical and theoretical aspects of leisure, recreation and play, as well as an overview of the recreation profession and its potential careers.**

#4539 Section 01 [units: 2]

01/19-05/19 MW 09:55 AM - 10:45 AM WC0184 Thomas F Gustafson

#5263 Section 02 [units: 2]

01/19-05/19 MW 08:50 AM - 09:40 AM WC0144 Thomas F Gustafson

*Start/End Dates Meeting Days Meeting Times Location Instructor Course Topic (if applicable)*

**RECREATN 334 RECREATION PROGRAMMING AND LEADERSHIP ... Students learn processes involved in assessing recreation participants' needs, program development, goal setting, program implementation, and evaluation. Leadership theories are studied, and skills are enhanced through group process experiences and in-class activity leadership.**

**PREREQ: JUNIOR STANDING OR RECREATION/LEISURE STUDIES MINOR OR CONSENT OF INSTRUCTOR**

#4540 Section 01 [units: 3]

01/19-05/19 MWF 11:00 AM - 11:50 AM WC0183B Karen L Barak

**RECREATN 360 AGING AND LEISURE ... Examines conceptualizations of leisure and aging in the leisure and gerontological literature, examines the benefits of exercise for older persons, and the process of developing an exercise program for older persons as well as examining the benefits of other leisure areas such as the arts, education and outdoor recreation.**

#4542 Section 01 [units: 3]

01/19-05/19 M 06:00 PM - 08:30 PM WC0184 Kathleen A Happel

**RECREATN 489 MANAGING RECREATIONAL SPORT PROGRAMS ... A study of recreational management concepts in the areas of human resources, facility operations, budget development, marketing, public relations, policy development, and program service design.**

**PREREQ: JUNIOR STANDING OR ENROLLED IN THE RECREATION MINOR OR INSTRUCTOR CONSENT**

#4548 Section 01 [units: 3] NOTE: CRAVATH LAKE FRONT BUILDING

01/19-05/19 MWF 11:00 AM - 11:50 AM SA0010 Therese K Kennedy

**RECREATN 492 FIELD STUDY: RECREATION ... A course designed to increase the student's understanding of a specific area of recreation through involvement in an off-campus internship at a recognized recreational agency or business which is suited to the student's area of interest. Repeatable for a maximum of 12 credits in major/degree. Prereq: Jr status or consent of department chair.**

**PREREQ: JUNIOR/SENIOR STATUS**

#4550 Section 01 [units: 1-12]

01/19-05/19 Arranged Arranged Karen L Barak

Dept. Consent

**RECREATN 496 SPECIAL STUDIES ... Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings. Repeatable for a maximum of 6 credits in major/degree.**

#5262 Section 01 [units: 3]

01/19-05/19 TR 12:30 PM - 02:00 PM WC0183B Thomas F Gustafson RECREATIONAL FACILITIES

**RECREATN 498 INDEPENDENT STUDY IN RECREATION ... Study of a selected topic or topics under the direction of a faculty member. Repeatable for a maximum 6 credits in major/degree.**

**PREREQ: REC/LEISR MINOR AND 2.75 GPA OR DEPARTMENT CONSENT**

#4551 Section 01 [units: 1-3]

01/19-05/19 Arranged Arranged Karen L Barak

Dept. Consent

**\*\*\* GRADUATE LEVEL COURSES \*\*\***

**RECREATN 689 MANAGING RECREATIONAL SPORTS PROGRAMS ... A study of recreational management concepts in the areas of human resources, facility operations, budget development, marketing, public relations, policy development, and program service design.**

**PREREQ: JUNIOR STANDING OR ENROLLED IN THE RECREATION MINOR OR INSTRUCTOR CONSENT**

#4549 Section 01 [units: 3] NOTE: CRAVATH LAKE FRONT BUILDING

01/19-05/19 MWF 11:00 AM - 11:50 AM SA0010 Therese K Kennedy

**RECREATN 696 SPECIAL STUDIES ... Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings.**

#5329 Section 01 [units: 3]

01/19-05/19 TR 12:30 PM - 02:00 PM WC0183B Thomas F Gustafson RECREATIONAL FACILITIES

**RECREATN 796 SPECIAL STUDIES ... Variable topics. Group activity. Not offered regularly in the curriculum but offered on topics selected on the basis of timeliness, need, and interest, and generally in the format of regularly scheduled Catalog offerings.**

#5261 Section 01 [units: 3]

01/19-05/19 W 06:00 PM - 08:00 PM WC0184 Thomas F Gustafson FOUNDATION OF REC AND LEISURE

**RECREATN 798 INDIVIDUAL STUDIES ... Study of a selected topic or topics under the direction of a faculty member.**

#4552 Section 01 [units: 1-3]

01/19-05/19 Arranged Arranged Karen L Barak

Dept. Consent

**RECREATN 799 THESIS RESEARCH ... Students must complete a Thesis Proposal Form in the Graduate Studies Office before registering for this course.**

#4553 Section 01 [units: 1-6]

01/19-05/19 Arranged Arranged Karen L Barak

Dept. Consent

P/F Grading Basis Only