UW-Whitewater’s Inaugural Spring School Counselor Summit
2016 Schedule

8:30am    Check-In
9:00am    Welcome
9:15am    Opening Session

**Professional Vitality – Now and Always!**
Brenda Rust O'Beirne, PhD, Associate Professor & Chair

**Brief description:** Regardless of numbers of years in your current position, professional vitality is a “must” and sometimes a challenge. There are things you can do to help yourself be vital and “alive” in your work and personal life. In this active and interactive session, discover some of those strategies and recommit to self-care and vitality!!

10:15am   Workshop #1

**Counselors + Data: A Match Made in Heaven?**
Jennifer Betters-Bubon, PhD, Assistant Professor

**Brief Description:** As accountability measures continue to be of importance in education, school counselors must think about how they are changing student behavior and success in their programs. This session will explore ways in which school counselors can creatively integrate data into the work you do, including how to make data collection and reporting manageable. We will spend time examining google forms, WISEdash and other technology aids to make the data process more fun.

Workshop #2

**Taming “it”: Adolescents, Families, and the School Counselor**
Jeff Cook, PhD, Assistant Professor
Carrie Merino, Doctoral Teaching Intern

**Brief Description:** Personal experience and relationships in the community, at school, and at home are never linear. And often, a linear approach to troubled teens simply increases the student’s experience of isolation or acting out – only making the job of school counselor more daunting. This session will explore how problems are sustained by an ongoing series of actions and reactions, with application for the school counselor who is stretched for time.
11:30am      Lunch (student panel and information tables will be available)

1:00pm       Workshop #1
             **The Impact of Trauma and Trauma Responsive Approaches**
             David Van Doren, Associate Professor

             **Brief Description:** This presentation will provide an overview of the
             neurobiology of trauma and its impact on development and behavior. The presentation will examine top down and bottom up
             approaches to affect regulation and positive interventions with children who have experienced trauma.

             Workshop #2
             **LGBTQQIAA: Why Know the Acronym and How You Can Help as a School Counselor?**
             Cindy Anderton, PhD, Assistant Professor
             Amy Barth, PhD, Assistant Professor

             **Brief description:** Attendees will learn basic terminology related to the LGBTQ community. Attendees will have an understanding of
             sexual orientation identity development and the coming out process. Attendees will understand the role that school counselors
             can play in being a supportive person for LGBTQ students within their school.

     2:15pm       Custom Campus Experience (Optional)

*Schedule subject to change.*