GymHawk Update!

The GymHawk level 6s finished off their season at the state gymnastics meet in Madison on March 19. Injuries kept a few of our gymnasts from competing but overall the GymHawks had a great showing!

Ali Edmonds had a season best on three events; vault, beam, and floor. Trinity Nickels had a season best on floor. Julia Nelson was closed out her season with an amazing beam routine. All three girls were first year level 6s who had competed level 5 in the fall. We are so proud of you!

Above: Julia Nelson and Trinity Nickels salute to the crowd at their level 6 State Meet. Right: Ali Edmonds gives her coach a big smile before the level 6 state meet.

New Private Lesson Policy

Our private lesson has recently changed. In order to set up a private lesson with any of our coaches you must do the following.

- Go online to the GymHawks webpage on uww.edu
- Request a private with desired coach and desired time.
- Pay for the private ahead of time.
- Coach Allison will confirm your lesson time with desired coach.
- Show up for your private lesson and have a great time!

If you have any questions regarding this new policy, please e-mail

Find us on Facebook
**Gymnasts of the Month!**

**Team Gymnast of the Month: Maya Geiger**
Maya competed level 3 for the GymHawks in the fall. Over the last few months she has improved drastically on every event. Her hard work and resilience in the gym makes her a joy to work with! Most recently Maya got her kip on bars! Congrats Maya and keep up the fantastic work!

**Recreational Gymnast of the Month: Maren Selle**
Maren is in Tumbling 2 class this session. She works very hard and is always asking for extra drills on the side to improve her gymnastics. Her coach says she is awesome to work with and always helpful and respectful to the other girls and her coach! Congrats Maren!

**Warhawk Update!**

The Warhawks ended their season with a second place showing at the WIAC Conference/West Regional meet and a third place finish at the NCGA National meet!

Katie Fiorilli defended her national vault title by tying for first and scoring a 9.875. She also placed second in the all-around. Lisa O’Donnell also secured a national championship with a 9.85 on the floor exercise. Mackenzie Smith added a national title on the bars with a 9.825. In total the Warhawks had 12 All-American honors.

The Warhawks ended their season 3rd in the nation with 12 All-American honors. Way to go Warhawks!

Mackenzie Smith then represented UW-Whitewater at the D1 Regionals in Minneapolis, MN.

She had a strong showing, scoring a 9.650, placing 33rd.

**Birthday Parties Available! Contact Allison at gymhawks@uw.edu to set up!**