



## Membership Information

	ONE SEMESTER Fall <i>or</i> Spring	TWO SEMESTERS Fall/Spring <i>or</i> Spring/Summer	ANNUAL YEAR 9/1/2017 to 8/31/2018	SUMMER SEMESTER ONLY
<b>STUDENTS &amp; FACULTY/STAFF</b>				
Fitness	\$ 65	\$ 100	\$ 130	\$ 50
Group Fitness	\$ 45	-	-	\$ TBD
Cycling Only	\$ 30	-	-	\$ TBD
<b>COMMUNITY</b>				
Fitness	\$ 100	\$ 180	\$ 250	\$ 80
Gold	\$ 160	\$ 295	\$ 405	\$ 140
Silver	\$ 80	\$ 145	\$ 205	\$ 70
Group Fitness	\$ 60	-	-	\$ TBD
Cycling Only	\$ 35	-	-	\$ TBD
<b>ALUMNI &amp; ADDITIONAL FAMILY MEMBERS</b>				
Fitness	\$ 80	\$ 150	\$ 200	\$ 65
Gold	\$ 130	\$ 230	\$ 325	\$ 115
Silver	\$ 65	\$ 120	\$ 165	\$ 55
Group Fitness	\$ 60	-	-	\$ TBD
Cycling Only	\$ 35	-	-	\$ TBD
<b>GUEST</b>				
Monthly	\$ 45	<i>Guest Passes are good for the month, week, or day of purchase, and are not subject to semester restrictions.</i>		
Weekly	\$ 20			
Day	\$ 5			

*Memberships expire based on length purchased. Additional semester or summer fees will apply for extended membership privileges.*

### CONTACT US:

Recreation Sports & Facilities: (262) 472—1145

University Fitness Center: (262) 472—1260

Racquetball Reservations: (262) 472—1384

Daily Open Recreation Hotline: (262) 472—1400

[www.uww.edu/recsports](http://www.uww.edu/recsports)

### Membership Lengths

*All memberships are good for the semester they are purchased in. Multiple semester purchases are only good for the current plus consecutive semester(s).*

Fall Semester:

9/1—12/31/2017

Spring Semester:

1/1—5/19/2018

Summer Semester:

5/20—8/31/2018

The Rec Sports Annual year is September 1— August 31 and may only be purchased during the Fall Semester.

### Things to know!

- ◆ Senior Citizens 62 years of age or over receive a 10% discount on Community memberships.
- ◆ Proof of Alumni status required from Alumni Office.
- ◆ Proof of a family membership is required for Additional Family Membership pricing.
- ◆ Guest passes allow access to all open facilities.
- ◆ Students & Faculty/Staff must bring Hawk Card to use pool, gyms, and racquetball courts during open recreation - no membership fee required.
- ◆ *PLEASE SEE BACK FOR MORE DETAILS!*

The Weight Room and University Fitness (located in the basement of Wells Hall) are not just open to students and staff, but to the public as well! So, whether you come to lift, run/walk, bike etc., there is something for everyone.

Within each facility you will be greeted by a friendly and knowledgeable staff, and you will have access to free weights, strength machines, and a variety of cardio equipment. The Weight Room also has platforms available for Olympic lifts.

University students, faculty, and staff may access the aquatic facility, fieldhouse, or racquetball courts for free with their Hawk Card ID. Please see the below table for complete membership breakdowns.

	SILVER	FITNESS	GOLD	GROUP FITNESS	CYCLING	MONTHLY, WEEKLY, & DAY
Williams Center Weight Room		✓	✓			✓
University Fitness Center		✓	✓			✓
Group Fitness Classes		✓	✓	✓		✓
Cycling Classes		✓	✓	✓	✓	✓
Swimming Pool	✓		✓			✓
Fieldhouse	✓		✓			✓
Racquetball Courts	✓		✓			✓

## GENERAL RULES

- ◆ A shirt with sleeves must be worn—**no cutoffs or tank tops allowed** in the Weight Room or University Fitness Center.
- ◆ Head phones may not be used on the Weight Room strength floor, Monday—Friday, 2—6 pm. Headphones are allowed on the cardio deck and in University Fitness at all times.
- ◆ Help keep your gym clean: re-rack weights and wipe down your machine after each use.
- ◆ University Fitness may be accessed through Door #6 of Wells Hall off of Lauderdale Drive.
- ◆ Athletes have priority use of strength equipment, platforms and squat racks from 6—8 am and 2—6 pm in the Weight Room during the academic year only. Priority use does not apply to equipment on the cardio deck.
- ◆ Lockers are available year-round in the general locker rooms located by the swimming pool. Members must provide their own lock. Lockers are cleaned every two years—watch for signs.
- ◆ Swimming suits are required to use the aquatic facilities.
- ◆ Additional rules and regulations are located on the membership form and at [www.uww.edu/recsports](http://www.uww.edu/recsports).

### ACADEMIC YEAR

#### WEIGHT ROOM HOURS:

Monday-Thursday: 6 am—11 pm

Friday: 6 am—9 pm

Saturday: 8 am—5 pm

Sunday: Noon—11 pm

#### UNIVERSITY FITNESS HOURS:

Monday-Thursday: 7 am—11 pm

Friday: 7 am—7 pm

Saturday: 10 am—2 pm

Sunday: 3 pm—11 pm