

OTHER TOBACCO PRODUCTS

Other tobacco products (OTP) are products including smokeless and “non-cigarette” materials. For more information on smoking and how to quit using tobacco products, check out our page on [tobacco](#).

A tobacco user may actually absorb more nicotine from chewing tobacco or snuff than they do from a cigarette (Mayo Clinic).

The health consequences of smokeless tobacco use include oral, throat and pancreatic cancer, tooth loss, gum disease and increased risk of heart disease, heart attack and stroke. (American Cancer Society, “Smokeless Tobacco” 2010)

Smokeless tobacco products contain at least 28 cancer-causing agents.

The risk of certain types of cancer increases with smokeless tobacco:
Esophageal cancer, oral cancer (cancer of the mouth, throat, cheek, gums, lips, tongue).

Other Tobacco Products (OTP) Include:

Chewing/Spit Tobacco

- A smokeless tobacco product consumed by placing a portion of the tobacco between the cheek and gum or upper lip teeth and chewing.
- Must be manually crushed with the teeth to release flavor and nicotine.
- Spitting is required to get rid of the unwanted juices.



Loose Tobacco

- Loose (pipe) tobacco is made of cured and dried leaves; often a mix of various types of leaves (including spiced leaves), with sweeteners and flavorings added to create an "aromatic" flavor.
- The tobacco used resembles cigarette tobacco, but is more moist and cut more coarsely.
- Pipe smoke is usually held in the mouth and then exhaled without inhaling into the lungs.



Blunt Wraps

- Blunt wraps are hollowed out tobacco leaf to be filled by the consumer with tobacco (or other drugs) and comes in different flavors. Flavors are added to create aromas and flavors. They don't have filters.



Some may claim that loose tobacco is “healthier” but all tobacco products are harmful. For any tobacco product to have a shelf life, preservatives must be added to the tobacco leaf. The preservatives on the leaf as well as the leaf itself contain many harmful chemicals.

Snus

- Snus is a form of smokeless tobacco originated from Sweden.
- It comes in small coffee filter-like pouches that contain tobacco and other flavorings. Users place the bag between their upper gum and lip and leave it in their mouth for about a half-hour without spitting.
- Because it does not require spitting, it can be easily concealed.
- The different flavors of Snus make it attractive to new tobacco users.



Because they are newer products (and they keep changing), we do not have documentation of the exact amounts of chemicals in these products. Amount of nicotine in each pouch has not been determined. Snus does contain nicotine and therefore is addicting. Like other types of tobacco, Snus also increases the risk of certain cancers.

Little Cigars/Cigarillos

- Cigars don't have filters.
- They contain cut tobacco wrapped in a tobacco leaf.



Hookah

- A hookah is a long pipe containing burned pipe tobacco and spices/flavoring.
- Tobacco is placed into the bowl, heated/burned by the charcoal and then smoke is sucked through water and out the hose
- Occurs over 50 minute sessions
- Different users are encouraged to use different mouthpieces, but that doesn't always happen.



Dissolvables

- New dissolvable products that are not yet in Wisconsin include: Orbs, Strips, and Sticks.
- Dissolvables are dried crushed tobacco leaves with bindings and flavorings. They are made from finely milled tobacco that is held together with food grade binders.
- The products melt in the mouth within three to fifteen minutes, with the strips melting the fastest, and the sticks lasting the longest.
- The amount of nicotine in dissolvable tobacco varies widely by brand and type, but some contain 3 times the nicotine in one cigarette.

