

Be in the Moment

Be Present. Be Well.

Take Care and Be There for Life's Meaningful Moments

Tune in to greater well-being with Well Wisconsin
webmdhealth.com/wellwisconsin



WELL WISCONSIN
Healthier starts with you

We heard you: more simplicity, more personalization, more options.

This year, we've partnered with WebMD Health Services to improve your Well Wisconsin experience in every way. Customize Well Wisconsin to fit your interests and well-being goals to give you more personalized guidance and information.

What's new in 2021:

- Improved, personalized experience powered by WebMD ONE
- Recommended action plan
- New home page
- Simplified navigation
- More of what you want



Visit the new Well Wisconsin, powered by WebMD ONE, at webmdhealth.com/wellwisconsin.

What's staying the same: Rewards*

Complete these three activities by October 8, 2021, to earn a \$150 Well Wisconsin gift card:

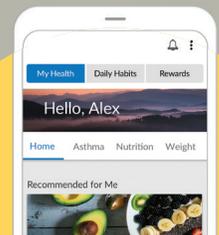
- **HEALTH ASSESSMENT:** Complete WebMD ONE's 10-minute questionnaire.
- **HEALTH CHECK:** Complete one of the following health checks:
 - Biometric screening
 - Dental exam
 - One coaching session
- **WELL-BEING ACTIVITY:** Complete one of the many activities WebMD has to offer.

Mark your calendar!

Complete your three Well Wisconsin activities by October 8, 2021, to earn your \$150* gift card.

Download our mobile app, Wellness At Your Side

1. Visit the Apple App Store or the Google Play Store and search for "Wellness At Your Side."
2. After downloading and opening the app, enter your Connection Code: **SOWI**.



*The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.