CLUB SPORTS
OFFICER TRAINING

DAY THREE
RISK MANAGEMENT
INTRO TO RISK MANAGEMENT

• WHY IS THIS POSITION REQUIRED?
  • HEALTH AND SAFETY FIRST
  • MITIGATE RISK
  • UNDERSTAND EMERGENCY ACTION PLANS
  • HOW TO CALL 9-1-1
  • HELP WITH COLLECTION OF WAIVER FORMS
  • TRAVEL ASSISTANCE – WHAT TO DO IN CASE OF OFF-CAMPUS SCENARIOS
  • MONITORING EQUIPMENT & FACILITY CONDITIONS
  • COMPLIANCE
  • AND MORE
ADMIN RESPONSIBILITIES

- COMPLIANCE
- WAIVER FORMS
- PRACTICE ATTENDANCE
- TRAVEL ITINERARY & ROSTER FORMS
- HOME EVENT FORMS
- DRIVER AUTHORIZATION COMPLIANCE
- BASICALLY HELPING US HELP YOUR CLUB
- ANYONE CAN BE RISK MANAGEMENT OFFICER; CAN HAVE MULTIPLE POSITIONS WITHIN YOUR CLUB
CAMPUS COMPLIANCE

• WHAT TO EXPECT FOR 2021-22
  • FLEXIBILITY
  • FOLLOW CAMPUS POLICIES
  • YOUR CLUB CAN BE ACTIVE; UNDERSTAND WHAT THAT MEANS
  • COMMUNICATE TO CLUB MEMBERS – ESP. WHEN INDOORS
  • MOST MEMBERS (IF NOT ALL) ARE GOING TO FOCUS ON THE ACT OF WHATSOEVER YOUR CLUB MAY DO
    • WE NEED RISK OFFICERS TO HELP ASSIST WITH COMPLIANCE
    • EXPECT SOME FRUSTRATION – BE CONSISTENT
PRACTICES

- Watch for weather reports (if applicable)
- Monitor playing conditions
- Safety in getting to campus – you can make decisions; especially in snowy weather
- Know parking regulations
- Covid compliance – watch for signs & symptoms
- Equipment – safe and usable?
- Facility – safe and playable?
SANITIZEING

• ALL EQUIPMENT SHOULD BE SANITIZED
• EQUIPMENT ROOM OPERATIONS
• NEED SUPPLIES? ASK
• SANITIZING NEEDS TO BECOME PART OF YOUR DAILY PRACTICE ROUTINE
• WHAT TO USE?
• WHERE TO PUT EQUIPMENT – HOW IT CAN WORK
TRAVEL

• CHECKING TRAVEL ROSTERS
• DRIVER AUTHORIZATIONS
• HOTEL COMMUNICATIONS & ASSIGNMENTS
• MAKING SURE PEOPLE KNOW WHERE THEY ARE GOING
• IF POSSIBLE, CARAVAN
• VEHICLE RENTALS – TAKE CARE OF PROPERTIES
• SAME STOPPING PLACES – STAY TOGETHER
• STAY ALERT – IT’S ALL ABOUT BEING A UNIT AND WATCHING OUT FOR ONE ANOTHER
DRIVER AUTHORIZATIONS

• MANDATED PROCESS FOR ANY DRIVERS
• INCLUDES RENTAL VEHICLES, PERSONAL VEHICLES, ETC.
• AUTHORIZE DRIVERS NOW
• THIS WOULD BE THE BIGGEST REASON (ASIDE FROM WAIVERS AND FUNDING) A CLUB CANNOT TRAVEL
• MUST HAVE A 4:1 MEMBER TO DRIVER RATIO
• PROCESS OUTLINED ON THE CLUB SPORTS WEBSITE
• YOU CAN ALSO CHECK IF A DRIVER IS AUTHORIZED
• GET IT DONE
BREAK FOR QUESTIONS
BASIC FIRST AID SUPPLIES AVAILABLE FROM REC SPORTS STAFF IN WILLIAMS CENTER

FIRST AID BAGS IN ESKER 108 AND ROSEMAN

IF YOU NEED SUPPLIES, JUST ASK

ALL REC SPORTS STUDENT LEADERSHIP CERTIFIED IN CPR, AED AND FIRST AID ADMINISTRATION
FIRST AID AND CPR

- MAJOR INJURY? CALL 9-1-1
- WHEN IN-DOUBT, GET EMS HERE
- FIRST RESPONDERS TYPICALLY CAMPUS POLICE
- GOOD SAMARITAN LAWS
- CHEST COMPRESSIONS; NO RESCUE BREATHS
- KEEP PERFORMING UNTIL EMS ARRIVES AND TAKES OVER
CARING FOR INJURIES

• INJURIES MUST BE PRIORITY #1
• CLEAR THE SCENE & TRY TO GIVE/MAINTAIN PRIVACY
  • SPECTATORS
  • MEMBERS
  • EQUIPMENT
  • OTHER HAZARDS
  • STAY CALM AS BEST AS POSSIBLE
• IF PRACTICES MUST BE CALLED/PUT ON-PAUSE, DO IT
• WHAT HAPPENS IF THERE’S AN INJURY DURING A CONTEST?
CARING FOR INJURIES

- WEAR GLOVES
- SATURATION – WHAT TO DO?
  - PERSONAL ITEMS
  - CLUB-OWNED ITEMS
  - LAUNDRY SERVICES
- RESUMPTION OF PLAY FOLLOWING AN INJURY
  - BLEEDING MUST BE STOPPED
- CHECK EQUIPMENT AND FACILITIES – INFORM MATT IF ANYTHING NEEDS TO BE SERVICED/CHANGED/ADDRESSED
REPORTING INCIDENTS

• INJURY FORM
• CALL ROOM 100 STAFF; THEY CAN HELP
• IF YOUR EVENT HAS STAFF, LET STAFF TAKE OVER; THEY HAVE MORE TRAINING
CONCUSSIONS

• HEAD INJURIES TAKE PRECEDENCE OVER ANYTHING ELSE BESIDES CARDIAC SITUATIONS
• UNDERSTAND SIGNS AND SYMPTOMS
• IF SOMEONE HITS THEIR HEAD; THEY SIT OUT
• CAN LEAD TO TOUGH SITUATIONS, BUT LEADERS MUST WATCH OUT FOR THE BEST INTEREST OF THEIR MEMBERS
• ASSISTANCE WITH CLASSES AND UHCS REFERRALS
CONCUSSIONS

• HEADACHE
• RINGING IN THE EARS
• NAUSEA/VOMITING
• FATIGUE/DROWSINESS/CONFUSION
• BLURRED VISION/SEEING STARS
• DAZED APPEARANCE, SLURRED SPEECH, DELAYED RESPONSE
• FORGETFULNESS, DIFFICULTY CONCENTRATING
• IRRITABLE
• LIGHT OR NOISE SENSITIVITIES
• POSSIBLY SOME MORE
INSURANCE

• CLUB SPORTS DOES NOT PROVIDE INSURANCE FOR MEMBERS
• VALUE OF WAIVERS
• MEMBERS MUST HAVE THEIR OWN HEALTH INSURANCE
• IF WAIVER NOT FILED AND AN INJURY HAPPENS, REC SPORTS AND UW-WHITEWATER ASSUMES NO RESPONSIBILITY, BUT CLUBS CAN GET INTO BIG TROUBLE
• CLUB SPORTS DOES NOT SELL INSURANCE OR HAVE A PREFERRED PROVIDER
ATHLETIC TRAINERS

• CANNOT USE ATHLETIC TRAINERS ON CAMPUS – THEY ARE CONTRACTED FOR ATHLETICS ONLY – IT’S NOT THEIR FAULT, IT’S A CONTRACT AND WE ARE NOT ATHLETICS

• CAN REQUEST FOR HOME EVENTS AT YOUR CLUB’S EXPENSE (MATT WILL ADDRESS)

• DON’T EXPECT TRAINERS TO BE AVAILABLE

• REC SPORTS STAFF WILL BE ON-SITE AND CAN DO AS MUCH AS AN ATHLETIC TRAINER ACCEPT TAPE

• STAFF WILL NEVER DIAGNOSE INJURIES
WHERE TO GO

- UHCS
- FORT HEALTH CARE
- MERCY HOSPITAL
- URGENT CARE IN WHITEWATER
CLUB SPORTS
OFFICER TRAINING

BREAK FOR QUESTIONS
CALLING 9-1-1

• SIMPLY DIAL 9-1-1; NO NEED TO “DIAL OUT”
• STATE YOUR NAME AND AFFILIATION AND REQUEST TO BE TRANSFERRED TO CITY OF WHITEWATER DISPATCH
• ONCE TRANSFERRED, REPEAT YOUR NAME, AFFILIATION, WHERE YOU ARE AND THE SUSPECTED NATURE FOR THE CALL
• PROVIDE AS MANY DETAILS AS YOU CAN
• NEVER BE THE FIRST TO HANG UP; HANG UP WHEN THE DISPATCHER SAYS IT’S OKAY TO DO SO
CALLING 9-1-1

- WATCH FOR EMS
- HAVE PEOPLE STATIONED AT VARIOUS ENTRY POINTS
- SOMEONE SHOULD ALWAYS STAY WITH THE PERSON REQUIRING ATTENTION
- IT’S OKAY TO GO WITH SOMEONE TO THE HOSPITAL
- EMS/AMBULANCE RIDES AND BILLING
KNOW WHERE YOU ARE

- ON-CAMPUS, BE ABLE TO DESCRIBE
- KNOW BUILDINGS & LANDMARKS (PERKINS STADIUM IS NORTH)
- WATCH FOR DOOR NUMBERS AT ENTRANCES
- KNOW STREET NAMES (EX. SCHWAGER DRIVE)
- DON’T ASSUME EMS OR POLICE PERSONAL KNOW WHERE YOU ARE; GIVE AS MANY DETAILS IN A PRECISE TIME AS POSSIBLE
KNOW WHERE YOU ARE

• WHEN TRAVELING, KNOW THE CITY YOU’RE GOING TO
• WATCH FOR MILE MARKERS IN THE EVENT OF ACCIDENTS/TRAVEL SITUATIONS
• UNDERSTAND YOUR CARDINAL DIRECTIONS
• KNOW CAMPUS BUILDINGS/COMPLEXES YOU’RE GOING TO
• EVERYONE SHOULD KNOW THEIR HOTELS
• USE GPS TO YOUR ADVANTAGE IF NEED-BE
MANAGING THE “OPTICS”

• PERCEPTIONS OFTEN EQUAL REALITY
• CLUBS NEED TO UNDERSTAND WHAT THEIR ACTIONS REPRESENT TO OTHER PEOPLE
• TAKE THE HIGH ROAD EVERY TIME
• DON’T PUT YOURSELVES OR YOUR CLUB IN COMPROMISING SITUATIONS IF THEY’RE AVOIDABLE
• BE RESPECTFUL
• MANAGE WHAT YOU CAN CONTROL AND USE CRITICAL THINKING FOR THE UNFORESEEN CIRCUMSTANCES; YOU WILL NOT KNOW HOW TO HANDLE EVERYTHING
COMMON MISPERCEPTIONS

• MATT WILL GET ANGRY IF THERE IS AN INJURY
• YOUR CLUB WILL BE PUNISHED IF THERE IS AN INJURY
• INDIVIDUALS ARE AUTOMATICALLY CHARGED IF AN AMBULANCE IS CALLED
• ONLY ATHLETIC TRAINERS CAN TREAT INJURIES
• CONTESTS CANNOT HAPPEN IF A TRAINER IS NOT PRESENT
• CLUB SPORTS ARE THE SAME AT EVERY CAMPUS
• RESOURCES ARE THE SAME AT EVERY CAMPUS
BREAK FOR QUESTIONS
THE UW-W REC SPORTS APP: REC SPORTS AT YOUR FINGERTIPS

& MORE!

CLUB SPORTS SCHEDULES
CLUB SPORTS INTEREST
FACILITY/FIELD STATUS
INTRAMURAL SPORTS
HOURS OF OPERATIONS
FITNESS MEMBERSHIPS
GROUP FITNESS CLASSES
SOCIAL MEDIA FEEDS
REC SPORTS EMPLOYMENT INFO
ROCK COUNTY RECREATION

DOWNLOAD FOR FREE
CLUB SPORTS STAFF CONTACTS

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END OF DAY THREE