**2020 Employee Wellness & Benefits Events**



**Wellness Initiative**

**StayWell Million Step Challenge**

* Send your team roster with your team name, team captain, and team members to benefits@uww.edu
* Challenge ends on October 9th, 2020

**Mindful Gratitude Speaker** | September 30th, 2020 from 12PM – 1:30PM | Via WebEx | To register, please email benefits@uww.edu

**Nature WINGO –** This year’s version of WINGO is all about getting outside, going for a hike, visiting a park, and enjoying nature. We have designed a WINGO card with 16 different parks, trails, gardens, and more.

* Email benefits@uww.edu to receive your WINGO card & compass carbineer for signing up
* Runs from July 15th – November 15th

**Upcoming 2020 Benefit Events**

**Biometric Screenings:**

* Will take place on September 25 & 30 at the CEC
* Examiners will be on campus to administer health screenings

for the $150 incentive program.

* Appointments required – employees can sign up in their StayWell Portal

**Open Enrollment 2020:**

* Open enrollment will be September 28 – October 23, 2020

**Benefits Fair:**

* The 2020 Benefits Fair will be virtual this year. More details to come

**Benefits Enrollment Assistance Sessions (BEAS):**

* Will be offered on October 6th, 14th, and 23rd at the CEC
* By appointment only, more details to come

**Flu Shot Clinic**

* Tuesday, November 3rd in UC 68 & Thursday, November 5th at Rock County Campus
* A nurse from StayWell will be on campus to administer flu shots to employees
* Appointments are required, a sign up will be sent out soon