

UW-WHITEWATER CHILDREN'S CENTER

MENU

AGES 1-2

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are Avoiding Nuts. Menu Start Date 1/1/2025					
BREAKFAST	Banana Muffin WG ½ ea Pears ¼ c <u>(Blue Scoop)</u> Milk 4 oz	French Toast Sticks WG 2 ea Banana 1 ea Milk 4 oz	Pancakes WG ½ ea Diced Peaches ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Pumpkin WG ½ slice Mandarin Oranges ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Cheerios WG ½c Blueberries ¼c <u>(Blue Scoop)</u> Milk 4 oz
LUNCH	Cheese Pizza WG ½ Each Broccoli 1/8 c <u>(Black Scoop)</u> Mandarin Oranges 1/8 c <u>(Black Scoop)</u> Milk 4 oz	Sloppy Joe 1oz meat ½ bread Mixed Vegetable 1/8 c <u>(Black Scoop)</u> Cantaloupe 1/8 c <u>(Black Scoop)</u> Milk 4 oz	Baked Ziti WG ½ c Fresh steamed carrots 1/8 c <u>(Black Scoop)</u> Pear Halves 1/8 c <u>(Yellow Spoodle)</u> Milk 4 oz	Chicken Teriyaki 1oz <u>(Blue Scoop)</u> Brown Rice ¼ cup <u>(Blue Scoop)</u> Broccoli 1/8 c <u>(Black Scoop)</u> Fruit Salad 1/8 c <u>(Yellow Spoodle)</u> Milk 4 oz	2 Chicken Nuggets Cauliflower 1/8 c <u>(Black Scoop)</u> Applesauce 1/8 c <u>(Black Scoop)</u> Milk 4 oz
SNACK	String Cheese ½ Peaches ½ C <u>(Grey Scoop)</u>	Pineapple Tidbits ½ c <u>(Grey Scoop)</u> Blueberry Greek Yogurt 1/4 c <u>(Grey Scoop)</u>	Cheddar Cheese Slice 1 ea Graham Crackers 2 Ea	Blueberry Muffin 1/2 Banana (½ ea.)	Diced Peaches ½ c <u>(Grey Scoop)</u> Cottage Cheese (1/8 cup)

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 3-5

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are Avoiding Nuts. Menu Start Date: 1/1/2025					
BREAKFAST	Banana Muffin WG ½ Pears ½ c <u>(Grey Scoop)</u> Milk 6 oz	French Toast Sticks WG 2 ea Banana 1 ea Milk 6 oz	Pancake WG 1 ea Diced Peaches ½ c <u>(Grey Scoop)</u> Milk 6 oz	Pumpkin Bread WG 1 slice Orange Slices ½ c (1 Each) Milk 6 oz	Cheerios WG 1/2 c Blueberries ½ c Milk 6 oz
LUNCH	Cheese Pizza WG 1 Each Broccoli ¼ c <u>(Blue Scoop)</u> Mandarin Oranges ¼ c <u>(Blue Scoop)</u> Milk 6 oz	Sloppy Joe WG 1.5oz meat Mixed Vegetables ¼ c <u>(Blue Scoop)</u> Cantaloupe ¼ c <u>(Blue Scoop)</u> Milk 6 oz	Baked Ziti WG ¾ c Carrot Coins ¼ c <u>(Blue Scoop)</u> Diced Pears ¼ c Milk 6 oz	Chicken Teriyaki ¼ cup <u>(Grey Scoop)</u> Brown Rice ¼ cup <u>(Blue Scoop)</u> Broccoli ¼ c <u>(Blue Scoop)</u> Fruit Salad ¼ c <u>(Red Spoodle)</u> Milk 6 oz	3 WG Chicken Nuggets Cauliflower 1/4 c <u>(Black Scoop)</u> Applesauce 1/4 c <u>(Black Scoop)</u> Milk 6 oz
SNACK	String Cheese 1 Ea Peaches (½ cup) <u>(Grey Scoop)</u>	Pineapple Tidbits ½ c <u>(Grey Scoop)</u> Yogurt ¼ c <u>(Grey Scoop)</u>	Cheddar Cheese Slice 1 ea Graham Crackers 2 Ea	Blueberry Muffin 1/2 ea Banana ½ ea	Diced Peaches ½ c <u>(Grey Scoop)</u> Cottage Cheese (1/8 cup) WG Graham Crackers (2 ea.)

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 6-12

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are Avoiding Nuts. Menu Start Date: 1/1/2025					
BREAKFAST	Banana Muffin WG 1 each Pears ½ c <i>(Grey Scoop)</i> Milk 8 oz	French Toast Sticks 4 WG Banana 1 ea Milk 8 oz	Pancake WG 2 each Diced Peaches ½c <i>(Grey Scoop)</i> Milk 8 oz	Pumpkin Bread WG 1 each Orange Slices ½ c (1 Each) Milk 8 oz	Cheerios WG 1cup Blueberries ½ c Milk 8 oz
LUNCH	Cheese Pizza WG 1 each Broccoli ½ c <i>(grey Scoop)</i> Mandarin Oranges ¼ <i>(Blue Scoop)</i> Milk 8 oz	Sloppy Joe WG 1 ea *2 oz meat* Mixed Vegetables 1/2c <i>(grey Scoop)</i> Cantaloupe ¼ c <i>(Blue Scoop)</i> Milk 8 oz	Baked Ziti WG ¾ c Carrot Coins ½ c <i>(grey Scoop)</i> Diced Pears ¼ c Milk 8 oz	Chicken Teriyaki ½ cup <i>(Grey Scoop)</i> Brown Rice ¼ cup <i>(Blue Scoop)</i> Broccoli ½ c <i>(grey Scoop)</i> Fruit Salad ¼ c <i>(Red Spoodle)</i> Milk 8 oz	4 WG Chicken Nuggets Cauliflower ½ c <i>(grey Scoop)</i> Applesauce 1/4 c <i>(Black Scoop)</i> Milk 8 oz
SNACK	String Cheese 2 ea Peaches ¾ cup	Pineapple Tidbits ¾ cup Yogurt ½ c <i>(Grey Scoop)</i>	Cheddar Cheese Slice 2 ea Graham Crackers 4 Ea	Blueberry Muffin 2 ea Banana 1 ea	Diced Peaches ¾ cup Cottage Cheese (1/4 cup) WG Graham Crackers (4 ea.)

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 1-2

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are nut free. Menu Start Date: 1/1/2025					
BREAKFAST	Cheerios WG ½ c Pears Halves ¼c <u>(Blue Scoop)</u> Milk 4 oz	English Muffin WG 1/2 ea Mandarin Oranges ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Blueberry Muffin WG 1/2 Cubed Cantaloupe ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Pancake WG 1 ea Applesauce ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Corn Chex Cereal ½ c Banana ½ c Milk 4 oz
LUNCH	Pancakes WG 1 ea Turkey Sausage Patty 1 ea Tater Tots ¼ c <u>(Red Spoodle)</u> Applesauce ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Chicken Parmesan WG ½ Each Mixed Veggies 1/8 c <u>(Black Scoop)</u> Cubed Pineapple 1/8 c <u>(Black Scoop)</u> Milk 4 oz	Grilled Cheese WG ½ ea Sweet Potato Fries 1/8 c <u>(Yellow Spoodle)</u> Cubed Honeydew 1/8 c <u>(Yellow Spoodle)</u> Milk 4 oz	Savory Meatloaf 1 oz Green Beans 1/2 c <u>(Black Scoop)</u> Fruit Salad 1/8 c <u>(Yellow Spoodle)</u> Milk 4 oz	Turkey Burger WG ½ ea Jo Jo Potato Wedges 1/8 c <u>(Yellow Spoodle)</u> Cubed Cantaloupe 1/8 c <u>(Yellow Spoodle)</u> Milk 4 oz
SNACK	Banana Muffin WG ½ ea Cucumber Slices (½ Cup)	Graham Crackers WG 2 Ea Applesauce ½ c <u>(Grey Scoop)</u>	Peaches ½ c <u>(Grey Scoop)</u> Cheddar Cheese 1 slice	Graham Crackers WG 2 Ea Mandarin Oranges ½ c <u>(Grey Scoop)</u>	Whole Wheat Bread (½ slice) Hummus (1 oz)

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITEWATER CHILDREN'S CENTER

MENU

AGES 3-5

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are nut free. Menu Start Date: 1/1/2025					
BREAKFAST	Cheerios Cereal WG Pears ½ c <u>(Grey Scoop)</u> Milk 6 oz	English Muffin WG ½ ea Mandarin Oranges ½ c <u>(Grey Scoop)</u> Milk 6 oz	Blueberry Muffin WG ½ each Cantaloupe ½ c <u>(Grey Scoop)</u> Milk 6 oz	Pancake WG ½ ea Applesauce ½ c <u>(Grey Scoop)</u> Milk 6 oz	Corn Chex Cereal ½ c Banana ½ c Milk 6 oz
LUNCH	Pancake WG 1 ea Turkey Sausage Patty 1 ea Tater Tots ¼ c <u>(Red Spoodle)</u> Applesauce ¼ c <u>(Blue Scoop)</u> Milk 6 oz	Chicken Parmesan WG 1 Each Mixed Veggies ¼ c <u>(Blue Scoop)</u> Fresh Pineapple ¼ c <u>(Blue Scoop)</u> Milk 6 oz	Grilled Cheese WG 1 ea Sweet Potato Fries ¼ c <u>(Red Spoodle)</u> Honeydew ¼ c <u>(Red Spoodle)</u> Milk 6 oz	Savory Meatloaf 2 oz Green Beans ¼ c <u>(Blue Scoop)</u> Fruit Salad ¼ c <u>(Red Spoodle)</u> Milk 6 oz	Turkey Burger WG 1 ea Jo Jo Potatoes Wedges ¼ c <u>(Red Spoodle)</u> Cantaloupe ¼ c <u>(Red Spoodle)</u> Milk 6 oz
SNACK	Banana Muffin WG ½ ea Cucumber Slices (½ Cup)	Graham Crackers WG 2 Ea Applesauce ½ c <u>(Grey Scoop)</u>	Peaches ½ c <u>(Grey Scoop)</u> Cheddar Cheese 1 slice	Graham Crackers WG 2 Ea Mandarin Oranges ½ c <u>(Grey Scoop)</u>	Whole Wheat Bread (½ slice) Hummus (1 oz)

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 6-12

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are nut free. Menu Start Date: 1/1/2025					
BREAKFAST	Cheerios Cereal WG 1 cup Pears ½ c <u>(Grey Scoop)</u> Milk 8 oz	English Muffin WG 1 ea Mandarin Oranges ½ c <u>(Grey Scoop)</u> Milk 8 oz	Blueberry Muffin WG 1 each Cantaloupe ½ c <u>(Grey Scoop)</u> Milk 8 oz	Pancake WG 1ea Applesauce ½ c <u>(Grey Scoop)</u> Milk 8 oz	Corn Chex Cereal 1 cup Banana 1 ea Milk 8 oz
LUNCH	Pancake WG 2 ea Turkey Sausage Patty 2 ea Tater Tots 1/2 c Applesauce ¼ c <u>(Blue Scoop)</u> Milk 8 oz	Chicken Parmesan 1 WG Each Mixed Veggies 1/2 c Fresh Pineapple ¼ c <u>(Blue Scoop)</u> Milk 8 oz	Grilled Cheese WG 1 ea Sweet Potato Fries 1/2 c Honeydew ¼ c <u>(Red Spoodle)</u> Milk 8 oz	Savory Meatloaf 4 oz Green Beans 1/2cup Fruit Salad ¼ c <u>(Red Spoodle)</u> Milk 8 oz	Turkey Burger WG 1 ea Jo Jo Potatoes Wedges ½ cup Cantaloupe ¼ c <u>(Red Spoodle)</u> Milk 8 oz
SNACK	Banana Muffin WG 1 ea Cucumber Slices (3/4 Cup)	Graham Crackers WG 4 Ea Applesauce 3/4c	Peaches 3/4c Cheddar Cheese 2 slice	Graham Crackers WG 4 Ea Mandarin Oranges 3/4 c	Whole Wheat Bread (1 slice) Hummus 1 oz

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 1-2

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	*Menus are nut free. Menu Start Date: 1/1/2025				
BREAKFAST	English Muffin WG ½ ea Diced Pears ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Corn Chex Cereal ¾ c Peaches ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Blueberry Greek Yogurt ¼ c <u>(Blue Scoop)</u> Blueberries ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Pancake WG ½ Applesauce ¼ c <u>(Blue Scoop)</u> Milk 4 oz	Banana Muffin ½ ea Banana ½ ea Milk 4 oz
LUNCH	1 Beef Tacos Refried Beans and lettuce, Cheese, Tomatoes Watermelon 1/8 c <u>(yellow Spoodle)</u> Milk 4 oz	Chicken Nuggets WG 2 Steamed Carrots 1/8 c <u>(Black Scoop)</u> Cinnamon Applesauce 1/8 c <u>(Black Scoop)</u> Milk 4 oz	Spaghetti W/Beef Sauce WG ½ c <u>(Green Spoodle-Noodles Grey Scoop-Meat Sauce)</u> Mixed Vegetables 1/8 c <u>(Black Scoop)</u> Cubed Cantaloupe 1/8 c <u>(Yellow Spoodle)</u> Milk 4 oz	Cheese Pizza WG ½ Each Cauliflower 1/8 c <u>(Black Scoop)</u> Fresh Pineapple 1/8 c <u>(Black Scoop)</u> Milk 4 oz	BBQ Pulled Pork Sandwich WG ½ oz meat Mixed Vegetables 1/8 c <u>(Black Scoop)</u> Fruit Salad 1/8 c <u>(Yellow Spoodle)</u> Milk 4 oz
SNACK	Mandarin Oranges ½ c <u>(Grey Scoop)</u> Greek Yogurt ¼ c	String Cheese 1/2 ea Graham Crackers WG 2 Ea	Apple Spice Muffin ½ ea Sliced Banana ½ ea	Diced Juiced Pack Pears ½ c <u>(Grey Scoop)</u> FF Cottage Cheese (¼ cup)	String Cheese ½ Ea Cucumber Slices (½ cup) <u>(Green Spoodle/8 Slices ea)</u>

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 3-5

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are nut free. Menu Start Date: 1/1/2025					
BREAKFAST	English Muffin WG ½ ea Diced Pears 4oz <u>(Grey Scoop)</u> Milk 6 oz	Corn Chex Cereal ½ c Peaches ½ c <u>(Grey Scoop)</u> Milk 6 oz	Blueberry Greek Yogurt ¼ c Blueberries ½ c <u>(Grey Scoop)</u> Milk 6 oz	Pancake WG ½ Applesauce ½ c <u>(Grey Scoop)</u> Milk 6 oz	Banana Muffin 1 ea Banana ½ c Milk 6 oz
LUNCH	1 Beef Taco Refried Beans and lettuce, Cheese, Tomatoes Watermelon 1/8 c <u>(yellow Spoodle)</u> Milk 6 oz	Chicken Nuggets WG 4 Steamed Carrots ¼ c <u>(Blue Scoop)</u> Cinnamon Applesauce ¼ c <u>(Blue Scoop)</u> Milk 6 oz	Spaghetti W/Beef Sauce WG 1 c <u>(Green Spoodle-Noodles Grey Scoop-Meat Sauce)</u> Mixed Vegetables ¼ c <u>(Blue Scoop)</u> Cubed Cantaloupe ¼ c <u>(Red Spoodle)</u> Milk 6 oz	Cheese Pizza WG 1 Each Cauliflower ¼ c <u>(Blue Scoop)</u> Fresh Pineapple ¼ c <u>(Blue Scoop)</u> Milk 6 oz	BBQ Pulled Pork Sandwich WG 1 ea Mixed Vegetables ¼ c <u>(Blue Scoop)</u> Fruit Salad ¼ c <u>(Red Spoodle)</u> Milk 6 oz
SNACK	Mandarin Oranges ½ c <u>(Grey Scoop)</u> Greek Yogurt ¼ c	String Cheese 1/2 ea Graham Crackers WG 2 Ea	Apple Spice Muffin 1/2 ea Sliced Banana ½ fa	Diced Juiced Pack Pears ½ c <u>(Grey Scoop)</u> FF Cottage Cheese (¼ cup)	String Cheese ½ Ea Cucumber Slices (½ cup) <u>(Green Spoodle/8 Slices ea)</u>

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 6-12

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are nut free. Menu Start Date: 1/1/2025					
BREAKFAST	English Muffin WG 1 ea Diced Pears 4oz <i>(Grey Scoop)</i> Milk 8 oz	Corn Chex Cereal 1 c Peaches ½ c <i>(Grey Scoop)</i> Milk 8 oz	Blueberry Greek Yogurt 1/2c Blueberries ½ c <i>(Grey Scoop)</i> Milk 8 oz	Pancake WG 2 ea Applesauce ½ c <i>(Grey Scoop)</i> Milk 8 oz	Banana Muffin 2 ea Banana ½ c Milk 8 oz
LUNCH	2 Beef Tacos Refried Beans and lettuce, Cheese, Tomatoes Watermelon 1/8 c <i>(yellow Spoodle)</i> Milk 8 oz	Chicken Nuggets WG 6 Steamed Carrots 1/2 c Cinnamon Applesauce ¼ c <i>(Blue Scoop)</i> Milk 8 oz	Spaghetti W/Beef Sauce WG 1 c?? <i>(Green Spoodle-Noodles Grey Scoop-Meat Sauce)</i> Mixed Vegetables ½ c Cubed Cantaloupe ¼ c <i>(Red Spoodle)</i> Milk 8 oz	Cheese Pizza WG 2 Each Cauliflower ½ c Fresh Pineapple ¼ c <i>(Blue Scoop)</i> Milk 8 oz	BBQ Pulled Pork Sandwich WG 2 ea *2 oz meat* Mixed Vegetables ½ c Fruit Salad ¼ c <i>(Red Spoodle)</i> Milk 8 oz
SNACK	Mandarin Oranges 3/4c Greek Yogurt 1c	String Cheese 2 ea Graham Crackers WG 4 Ea	Apple Spice Muffin 2 ea Sliced Banana 1 ea	Diced Juiced Pack Pears ¾ c FF Cottage Cheese (1/2 cup)	String Cheese 2 Ea Cucumber Slices 3/4c

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 1-2

WEEK 4

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*Menus are nut free.
Menu Start Date: 1/1/2025

BREAKFAST	Cheerios Cereal WG ½ c Banana 1/2 ea Milk 4 oz	Blueberry Muffin WG (1 ea) Mandarin Oranges ¼ c (<u>Blue Scoop</u>) Milk 4 oz	Pumpkin Bread WG ½ slice each Diced Pears ¼ c (<u>Blue Scoop</u>) Milk 4 oz	Cottage Cheese 1/8c (<u>Blue Scoop</u>) Fresh Pineapple ¼ c (<u>Blue Scoop</u>) Milk 4 oz	Pancake WG ½ea Cinnamon Applesauce ¼ c (<u>Blue Scoop</u>) Milk 4 oz
	Mac & Cheese 1/4 c WG Steamed Peas 1/8 c (<u>Black Scoop</u>) Diced Pears 1/8 c (<u>Black Scoop</u>) Milk 4 oz	Meatballs 2 ea WG Roll (1 ea.) Mashed Potatoes (1/8 cup) Fruit Salad 1/8 c (<u>Yellow Spoodle</u>) Milk 4 oz	Mini Turkey Corndogs 3ea Roasted Broccoli 1/8 c (<u>Black Scoop</u>) Peaches 1/8 c (<u>Yellow Spoodle</u>) Milk 4 oz	Cheeseburger WG ½ ea Sweet Potato Fries 1/8 c (<u>Black Scoop</u>) Cantaloupe 1/8 c (<u>Yellow Spoodle</u>) Milk 4 oz	Chicken Taco with Cheese WG Tortilla (1 ea) Steamed Carrots 1/8 c (<u>Blue Scoop</u>) Banana 1 Ea Milk 4 oz
	Pineapple Chunks ½ cup Graham Crackers 2 ea	String Cheese ½ ea Pears ½ c (<u>Grey Scoop</u>)	Vanilla Yogurt ¼ c (<u>Green Spoodle</u>) Mandarin Oranges ½ c (<u>Grey Scoop</u>)	Banana Muffin ½ ea Cinnamon Applesauce ½ c (<u>Green Spoodle</u>)	Whole Wheat Bread (½ slice) Hummus (1 oz)

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 3-5

WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are nut free. Menu Start Date: 1/1/2025					
BREAKFAST	Cheerios Cereal WG 1/2 c Banana 1 ea Milk 6 oz	Mini Blueberry Waffles WG (4 mini's) Mandarin Oranges ½ c <u>(Grey Scoop)</u> Milk 6 oz	Pumpkin Bread WG 1 slice each Diced Pears ½ c <u>(Grey Scoop)</u> Milk 6 oz	Cottage Cheese 1/8 c <u>(Blue Scoop)</u> Fresh Pineapple ½ c <u>(Grey Scoop)</u> Milk 6 oz	Pancake WG 1 ea Cinnamon Applesauce ½ c <u>(Grey Scoop)</u> Milk 6 oz
LUNCH	Mac & Cheese WG 2/3 c <u>(White Scoop)</u> Steamed Peas ¼ c <u>(Blue Scoop)</u> Diced Pears ¼ c <u>(Blue Scoop)</u> Milk 6 oz	Meatballs 2 ea WG Roll (1 ea.) Mashed Potatoes (1/4cup) Fruit Salad 1/4 c <u>(Yellow Spoodle)</u> Milk 6 oz	Mini Turkey Corn Dog 4ea Roasted Broccoli 1/4 c <u>(Black Scoop)</u> Peaches 1/4 c <u>(Yellow Spoodle)</u> Milk 6 oz	Cheeseburger WG 1 ea Sweet Potato Fries ¼ c <u>(Blue Scoop)</u> Cantaloupe ¼ c <u>(Red Spoodle)</u> Milk 6 oz	Chicken Taco with Cheese WG Tortilla (1 ea) Steamed Carrots ¼ c <u>(Blue Scoop)</u> Banana 1 Ea Milk 6 oz
SNACK	Pineapple Chunks ½ c Graham Crackers 2 ea	String Cheese 1 ea Pears ½ c <u>(Grey Scoop)</u>	Vanilla Yogurt ¼ c <u>(Green Spoodle)</u> Mandarin Oranges ½ c (Grey Scoop)	Banana Muffin ½ ea Cinnamon Applesauce ½ c (Green Spoodle)	Whole Wheat Bread (½ slice) Hummus (1 oz)

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining

UW-WHITewater CHILDREN'S CENTER

MENU

AGES 6-12

WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Menus are nut free. Menu Start Date: 1/1/2025					
BREAKFAST	Cheerios Cereal WG 1 cup Banana 1 ea Milk 8 oz	Mini Blueberry Waffles WG (6 mini's) Mandarin Oranges ½ c <u>(Grey Scoop)</u> Milk 8 oz	Pumpkin Bread WG 1 slice each Diced Pears ½ c <u>(Grey Scoop)</u> Milk 8 oz	Cottage Cheese ¼ c <u>(Blue Scoop)</u> Fresh Pineapple ½ c <u>(Grey Scoop)</u> Milk 8 oz	Pancake WG 2 ea Cinnamon Applesauce ½ c <u>(Grey Scoop)</u> Milk 8 oz
LUNCH	Mac & Cheese WG 1 c Steamed Peas 1/2 c Diced Pears ¼ c <u>(Blue Scoop)</u> Milk 8 oz	Meatballs 4 ea WG Roll (1 ea.) Mashed Potatoes (1/2 c) Fruit Salad 1/4c Milk 8 oz	Mini Turkey Corn Dogs 6ea Roasted Broccoli 1/2c Peaches ¼ c Milk 8 oz	Cheeseburger WG 1 ea Sweet Potato Fries ½ c Cantaloupe ¼ c <u>(Red Spoodle)</u> Milk 8 oz	Chicken Taco with Cheese WG Tortilla (2 ea) Steamed Carrots 1/2c Banana 1 Ea Milk 8 oz
SNACK	Pineapple Chunks 3/4c Graham Crackers 4 ea	String Cheese 2 ea Pears 3/4c	Vanilla Yogurt ½ c <u>(Green Spoodle)</u> Mandarin Oranges 3/4c	Banana Muffin 1 ea Cinnamon Applesauce 3/4c	Whole Wheat Bread (1 slice) Hummus 2oz

*All grain products are whole grain. WG = Whole Grain

Note: Please see CACFP Child Meal Pattern guidelines: http://www.fns.usda.gov/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Milk: Must be unflavored whole milk for children age one.

Must be unflavored low-fat (1%) or unflavored fat-free (skim) milk for children 2-5 years old

WARHAWK
Dining