**Rubric for Wellness and Life-Long Learning (GW) courses**

*Courses in this area will explore knowledge and behaviors that are essential to enjoying a healthy and fulfilling lifestyle. Courses may emphasize a range of topic including, health, physical fitness, learning and time management, and personal and career development. Students will develop lifelong learning skills such as self-monitoring, reflection, educated decision-making, and implementing strategies for personal change.*

**Content aligns well with the requested elective category Yes \_\_ No \_\_**

* Explores knowledge and behaviors that are essential to enjoying a healthy and fulfilling lifestyle.
* May emphasize one or more aspects of wellness such as health, physical fitness, learning and time management, and personal and career development.
* Students have opportunity develop lifelong learning skills such as self-monitoring, reflection, educated decision-making, and implementing strategies for personal change.

**Accessible to general student population Yes \_\_ No \_\_**

* Minimal or no prerequisites
* Designed for general student population

**Outcomes and assessment are appropriate Yes \_\_ No \_\_**

* Selected outcomes are appropriate for courses in this category
* Selected outcomes drawn from two or more of the seven goal areas
* Students are assessed and receive feedback on at least some of the primary outcomes
* Assessment methods appear appropriate to course content and level

**Syllabus conforms to GERC expectations Yes \_\_ No \_\_**

* Identifies the course as an elective within the General Education program.
* Explains which elective category that the course fulfills, preferably using the descriptions of the elective categories as the basis for that explanation.
* Identifies which of the General Education learning goals and associated learning outcomes are emphasized in the course.
* Briefly explains how students will be assessed and given feedback on their achievement of those outcomes.

**Recommend approval\_\_\_\_ Recommend with changes\_\_\_\_ Do not recommend\_\_\_**