Includes a Basic Program (2 years) and an Advanced Program (2 years)
Program Goals for Prospective Students

★ Prepare students for competitive employment
★ Prepare students for independent living
★ Prepare students to live a healthy & balanced lifestyle
★ Exposure to a full college experience, which provides socialization, maturation, friendships, building networks of support
★ Everybody should be given equal opportunity to experience college in a meaningful way.

Program Goals for UW-W Campus

★ Enhanced diversity and inclusion
★ Research and volunteer opportunities for faculty, staff, and students
★ 1st program of this nature in the UW system
Prospective Students

★ Young adults 18 - 25 with an intellectual disability
★ Function independently for several hours
★ No significant behavioral problems
★ Perform a basic hygiene routine
★ Adapt to change
★ Accept responsibility
★ Interest in being around others
★ Want to live independently
★ Want to work
★ Highly motivated

Levels of Support

★ Program Director
  ★ Faculty member in the department of special education
★ Program Coordinator
  ★ Full time involvement across all levels of the program
★ Instructors
  ★ Licensed special education teachers in graduate school at UW-W
  ★ Graduate students from different departments
★ Independent Living Assistants
  ★ Undergraduate teams dedicated to LIFE students in the residence hall
### Program Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00am-9:50am</td>
<td>LEISURE CLASS THROUGH UWW</td>
<td>CURRENT EVENTS/SAFETY SKILLS</td>
<td>LEISURE CLASS THROUGH UWW</td>
<td>SELF ADVOCACY/SELF DETERMINATION SKILLS</td>
<td>COMMUNICATION/SOCIAL SKILLS</td>
</tr>
<tr>
<td>10:00am-11:30am</td>
<td>FUNCTIONAL ACADEMICS</td>
<td>DAILY LIVING SKILLS</td>
<td>FUNCTIONAL ACADEMICS</td>
<td>DAILY LIVING SKILLS</td>
<td>DAILY LIVING SKILLS</td>
</tr>
<tr>
<td>11:30am-11:50am</td>
<td>BREAK</td>
<td>BREAK</td>
<td>BREAK</td>
<td>BREAK</td>
<td>BREAK</td>
</tr>
<tr>
<td>12:00pm-12:50pm</td>
<td>LUNCH</td>
<td>LUNCH</td>
<td>LUNCH</td>
<td>LUNCH</td>
<td>LUNCH</td>
</tr>
<tr>
<td>1:00pm-2:50pm</td>
<td>EMPLOYMENT SKILLS/CAREER DEVELOPMENT</td>
<td>EMPLOYMENT SKILLS/CAREER DEVELOPMENT</td>
<td>EMPLOYMENT SKILLS/CAREER DEVELOPMENT</td>
<td>EMPLOYMENT SKILLS/CAREER DEVELOPMENT</td>
<td>EMPLOYMENT SKILLS/CAREER DEVELOPMENT</td>
</tr>
<tr>
<td>3:00pm-4:30pm</td>
<td>COMMUNICATION/SOCIAL SKILLS</td>
<td>EXERCISE AT WILLIAMS CENTER</td>
<td>DAILY LIVING SKILLS</td>
<td>EXERCISE AT WILLIAMS CENTER</td>
<td>EXERCISE AT WILLIAMS CENTER</td>
</tr>
<tr>
<td>4:30pm-4:50pm</td>
<td>BREAK</td>
<td>BREAK</td>
<td>BREAK</td>
<td>BREAK</td>
<td>BREAK</td>
</tr>
<tr>
<td>5:00pm-6:00pm</td>
<td>DINNER</td>
<td>DINNER</td>
<td>DINNER</td>
<td>DINNER</td>
<td>DINNER</td>
</tr>
</tbody>
</table>

### Curriculum

- **COMMUNICATION/SOCIAL SKILLS** - FRIENDSHIPS, DATING, STRANGERS, BUSINESS, EMAIL, PHONE CALLS, FIRST IMPRESSIONS, CONFLICT RESOLUTION
- **CURRENT EVENTS/SAFETY SKILLS** – SIGNS, FIRE, TORNADO, 911, INTERNET, FIRST AID
- **DAILY LIVING SKILLS** – PUBLIC TRANSPORTATION, NUTRITION, GROCERY SHOP, MEAL PREP, PROPER STORAGE, LAUNDRY, SEWING, CLEANING, MAINTAINING A CALENDAR/SCHEDULE/APPOINTMENTS, HYGIENE, FITNESS/RECREATIONAL ACTIVITIES, APPLIED INSTRUCTION IN DORMS AND COMMUNITY
Curriculum

★ EMPLOYMENT SKILLS/CAREER DEVELOPMENT – RESUME, APPLICATIONS, INTERVIEW SKILLS, JOB ETIQUETTE, EMPLOYMENT GOALS, JOB SHADOWING, BUSINESS TOURS, JOB FAIRS, CLASSROOM BUSINESS, APPLIED INSTRUCTION ON CAMPUS AND IN COMMUNITY
★ FUNCTIONAL ACADEMICS – MAP/GPS, PAYCHECK, BUDGET, CHECKING ACCOUNT, DEBIT/CREDIT, SAVINGS, TIP, MEASUREMENTS, ADDRESSING AN ENVELOPE
★ LEISURE CLASS THROUGH UNIVERSITY – SEVERAL OPTIONS
★ SELF ADVOCACY/SELF DETERMINATION - STRENGTHS/CHALLENGES, ASKING FOR HELP/ADVOCATING NEEDS, UNDERSTANDING DISABILITY/HOW IT AFFECTS ASPECTS OF LIFE

Free time (evenings/weekends)

★ Best Buddies / Peer mentor
★ Book club / Library
★ Campus garden
★ Movie theater
★ Games
★ Bowling
★ Athletic events
★ Fitness center / Swimming
★ Community service
★ University entertainment
★ Student organizations
★ Grocery shopping / Cooking
★ Restaurants
**Housing**

- Resides in Tutt Hall for years 1-2 (on-campus)
  - Simon Suites for years 3-4 (off-campus)
- Multiple occupancy rooms
- Laundry facilities, vending machines, pool table, TV area
- ~2 Independent Living Assistants per 4 LIFE students when living on-campus
  - Assist during non-instructional times (mornings/evenings/weekends)

**Meal Plans**

- Set number of meals per week.
- Meals reset each week beginning with breakfast on Monday. Unused meals do not transfer over from week to week.
- Breakfast: 7am - 11am • Lunch: 11am - 4pm • Dinner: 4pm - 9pm • Late Night: 9pm - 2am. Variety of choices at each location.
- Dining Dollars are used to buy extra meals or snacks and are a required part of a weekly meal plan. Individual meals may also be purchased with Purple Points, cash, check, or credit card.
Same Opportunities

★ Student services
  ★ Fitness center
  ★ Residence hall
  ★ Meal plan
★ Academic services
  ★ Library
  ★ Computer labs
★ Social events
  ★ Athletics
  ★ Entertainment
  ★ Student organizations

Estimated Annual Cost

- Program Fees $24,000
- Housing $4,172
- Meal Plan $2,480 + $300 in Dining Dollars $638
- College Course (Leisure Skills) $145
- Fitness Membership $100

Total $31,835

Additional Fees
- Purple Points $300
- Monthly Allowance $100 per month ($800 annual)

Grand Total $32,935
Possible Funding Sources

★ State Vocational Rehabilitation agencies (DVR) – Complete application process 2 years before graduation from high school
  ★ Complete individual plan for employment
  ★ Attending college will assist the student in becoming competitively employed

★ Developmental disabilities state agencies (ADRC) – Functional screening at 17 years, 6 months of age
  ★ Complete long term functional screen and financial assessment
  ★ Self directed supports can support a student attending college in areas of daily living skills instruction, supportive home care, transportation, and self advocacy training

Possible Funding Sources

★ Federal Financial Aid – Approved

★ Social security benefits - Apply the month of 18th birthday
  ★ More money made usually equals less money received
  ★ PASS assists in keeping more income as an individual is able to exclude income that is being used for work.

★ Scholarships – Possible local community organizations or disability groups
  ★ Rotary clubs, churches
  ★ Society’s asset
  ★ We’re exploring options at UW-W as well
Parent Involvement/Communication

★ Family Fest in October
★ Newsletter/social media with student participation pictures/activities completed
★ Student journals/blog shared with parents about weekend/weekly activities
★ Check in after extended breaks at home/student assignment to complete with feedback

Next Steps

★ Complete application
   ★ Program staff will review

★ In person interview if considered for admission

★ Orientation in the summer for admitted students and their families
“There are no constraints on the human mind, no walls around the human spirit, no barriers to our progress except those we ourselves erect.”

Ronald Reagan

Questions

For more information:
http://www.uww.edu/coeps/departments/life-program