

Rubric for Wellness and Life-Long Learning (GW) courses

Courses in this area will explore knowledge and behaviors that are essential to enjoying a healthy and fulfilling lifestyle. Courses may emphasize a range of topic including, health, physical fitness, learning and time management, and personal and career development. Students will develop lifelong learning skills such as self-monitoring, reflection, educated decision-making, and implementing strategies for personal change.

Content aligns well with the requested elective category Yes ___ No ___

- Explores knowledge and behaviors that are essential to enjoying a healthy and fulfilling lifestyle.
- May emphasize one or more aspects of wellness such as health, physical fitness, learning and time management, and personal and career development.
- Students have opportunity develop lifelong learning skills such as self-monitoring, reflection, educated decision-making, and implementing strategies for personal change.

Accessible to general student population Yes ___ No ___

- Minimal or no prerequisites
- Designed for general student population

Outcomes and assessment are appropriate Yes ___ No ___

- Selected outcomes are appropriate for courses in this category
- Selected outcomes drawn from two or more of the seven goal areas
- Students are assessed and receive feedback on at least some of the primary outcomes
- Assessment methods appear appropriate to course content and level

Syllabus conforms to GERC expectations Yes ___ No ___

- Identifies the course as an elective within the General Education program.
- Explains which elective category that the course fulfills, preferably using the descriptions of the elective categories as the basis for that explanation.
- Identifies which of the General Education learning goals and associated learning outcomes are emphasized in the course.
- Briefly explains how students will be assessed and given feedback on their achievement of those outcomes.

Recommend approval _____

Recommend with changes _____

Do not recommend _____