

University of Wisconsin-Whitewater  
Curriculum Proposal Form #4R  
**Change in or Deletion of an Existing Course**

Type of Action (check all that apply)

- Add Cross-listing \*
- Course Deletion
- Number Change
- (other)

- Pre-requisite Change
- Technological Literacy
- Title Change
- Writing Requirement

**Effective Term:** 2111 (Spring 2011)

**Current Course Number** (*subject area and 3-digit course number*): COUNSED 722

**Cross-listing** (*if applicable*):

**New Course Number** (*subject area and 3-digit course number*): **COUNSED 722**

**Cross-listing** (*if applicable*):

**\*If adding a cross-listing, include the following:**

Required in the major:

Required in the minor:

Number of credits:

Lab hours/week:

Contact hours/week:

Repeatable

**Current Course Title:** Theories of Counseling

**New Course Title:** **Theories of Counseling**

**25-Character Abbreviation** (*if new title*):

**Sponsor(s):** David Van Doren

**Department(s):** Counselor Education

**College(s):** Education

List all programs that are affected by this change:

None

If programs are listed above, will this change affect the Catalog and Advising Reports for those programs? If so, have Form 2's been submitted for each of those programs?

(Form 2 is necessary to provide updates to the Catalog and Advising Reports)

NA                       Yes                       They will be submitted in the future

Proposal Information: ([Procedures for form #4R](#))

I. **Detailed explanation of changes** (use FROM/TO format)

**FROM:**

From:

Exploration of the prominent theories of counseling. Each participant will develop an understanding of the relationships among philosophy, theory, and practice. The course will examine psychoanalytic, humanist/ existential, behavioral, cognitive-behavioral, and family systems; approaches, trends and issues in theory and application. Each participant will begin to identify the theoretical approaches which will serve as a guideline for their practice of counseling or have the opportunity to explore in-depth one particular theory.

Prereq: COUNSED 718 or consent of instructor.

**TO:**

This course examines prominent counseling theories that provide models for conceptualizing client issues and identifying appropriate intervention strategies. System theories and major models of family and related interventions will be highlighted. Attention will be given to multicultural and ethical issues in counseling. Students will be exposed to current professional research and practices in the field to enable the initial development of their personal theories of counseling.

**Corequisite:** COUNSED 718

II. **Justification for action**

Changes have been made to clarify the focus of the course and to update the language to more accurately represent the present terminology in the counseling field.