2020-2021

CAMPUS DINING

A complete guide to campus dining
We believe nothing brings people together like food—and nothing makes us happier than bringing people together. From our fresh approach to every meal, to our belief in warm, thoughtful service, that spirit is the first ingredient in everything we do. This guide has been designed to act as a quick reference to all of our services here at UW-Whitewater, so keep it handy and we hope that you enjoy all that we have to offer.
FAST FACTS

UW-W Dining employs over 220 student employees during a regular academic year.

Need a job? We’re Hiring!
Visit our website to learn more or reach out to a manager today!

The dining halls serve over 12,500 student each week during a regular academic year.

Prairie Street Market serves over 1200 customers each day during a regular academic year.

h'EAT in the University Center Down Under made over 32,000 pizza’s from last academic year!

September 2019 to the end of February 2020

MEET OUR MANAGERS

Jim Winn
Resident District Manager

Michael Rehfeldt
Campus Executive Chef

Cara Bohmann
Office Manager

Aeryn Barry
Operations Manager Retail Dining

Matthew Bennett
Esker Dining Hall Manager

Rachael Omdoll
Campus Dietitian

Leah Picardel
Catering Director

Mike Harrold
Drumlin Dining Hall Manager

Jessica Richards
Marketing Manager
UW-Whitewater requires all Freshman and Sophomores living on campus to participate in a Meal Plan. Meal Plans are convenient, easy to use, and give you access to dining locations starting as early as 7am through late in the evening.

Students have the opportunity to choose from 10, 14, 19, or 24 meals per week, plus a choice between $50, $75, $100, or $150 in add-on Dining Dollars each semester. Add-On Dining Dollars provide extra meals, snacks, or food from any of the campus dining halls or on-campus dining locations.

Weekly Meal Plans allow one meal to be eaten during a breakfast and late-night meal period. You may use two meals per lunch and two meals per dinner. There are 28 meal periods per week: breakfast, lunch, dinner and late night, seven days a week.

See our meal plan guide on page 9 for more information about meal plan periods.

### Weekly Meal Plan Options

<table>
<thead>
<tr>
<th>Weekly Meals</th>
<th>Base Cost</th>
<th>Plus $50 Dining Dollars (Per Semester)</th>
<th>Est. Cost Per Week</th>
<th>AVG Cost Per Meal</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Meals</td>
<td>$1225.00</td>
<td>$1275.00</td>
<td>$76.56</td>
<td>$7.66</td>
</tr>
<tr>
<td>14 Meals*</td>
<td>$1247.50</td>
<td>$1297.50</td>
<td>$77.97</td>
<td>$5.57</td>
</tr>
<tr>
<td>19 Meals</td>
<td>$1277.50</td>
<td>$1327.50</td>
<td>$79.84</td>
<td>$4.20</td>
</tr>
<tr>
<td>24 Meals</td>
<td>$1310.00</td>
<td>$1360.00</td>
<td>$81.88</td>
<td>$3.41</td>
</tr>
</tbody>
</table>

*Most Popular

WANT TO ADD MORE DINING DOLLARS?
Visit the HawkCard Website: uw.edu/uc/hawkcard/meal-plans/dining-dollars or visit the HawkCard Office located on the upper level of the University Center, Room 250

### Semester Rates 2020-2021

<table>
<thead>
<tr>
<th>Dining Dollar Plan Options</th>
<th>Price</th>
<th>Redemption Value</th>
<th>AVG Weekly Redemption</th>
<th>AVG Meals Per Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Dining Dollar Plan</td>
<td>$1415.00</td>
<td>$935.00</td>
<td>$58.44</td>
<td>6-7</td>
</tr>
<tr>
<td>Mega Dining Dollar Plan</td>
<td>$2070.00</td>
<td>$1475.00</td>
<td>$92.19</td>
<td>10-11</td>
</tr>
</tbody>
</table>

WANT TO ADJUST YOUR MEAL PLAN?
Meal plan changes will be accepted during the second and third weeks of fall semester and the first two weeks of spring semester.

To sign up or change a meal plan go to: uw.edu/uc/hawkcard/meal-plans
Or visit the HawkCard Office located on the upper level of the University Center, Room 250
Contact us for additional questions: 262.472.1437 | hawkcard@uww.edu

### Most Economical!

**Weekly Meal Plan**

Students have the opportunity to choose from 10, 14, 19, or 24 meals per week, plus a choice between $50, $75, $100, or $150 in add-on Dining Dollars each semester. Add-On Dining Dollars provide extra meals, snacks, or food from any of the campus dining halls or on-campus dining locations.

Weekly Meal Plans allow one meal to be eaten during a breakfast and late-night meal period. You may use two meals per lunch and two meals per dinner. There are 28 meal periods per week: breakfast, lunch, dinner and late night, seven days a week.

See our meal plan guide on page 9 for more information about meal plan periods.

### Most Flexible!

**Dining Dollar Plan**

Students have the opportunity to choose from the Full Dining Dollar Plan or the Mega Dining Dollar Plan. With the Full or Mega Dining Dollar plans, students receive discounted prices at campus dining locations or dining halls and do not pay sales tax.

Students can spend Dining Dollars at any campus dining location. $50 in Dining Dollars is the same as $50 cash, and you can buy items from any menu or at any market (convenience store). They are accepted at all campus dining locations.

### Save 10-15% and save sales tax

When paying with your dining dollars.
EXCLUSIVE!

MYMEALS PLAN

MyMeals consists of a block of meals to be used at campus dining locations. The cost per meal is $7.70 each. If you run out of meals you can purchase more. The MyMeals meal plan offers students substantial savings over retail value.

WHY IS THIS PLAN RIGHT FOR ME?

Don't lose your parking spot | Cashless | No Cooking/Meal Prep | No Shopping

Convenience: The variety, quality and value of our meals often exceed anything else found in Whitewater.

Flexibility: MyMeals allows you to use meals multiple times during a dining period, as many times or as few times as you'd like during each week.

Easier to budget money when you are on a meal plan. With MyMeals, you always know that even when money is running low, you have meals to get you through the week.

MYMEALS PLAN

MyMeals are available exclusively for:

• Juniors
• Seniors
• Grad Students
• Students who live off-campus not required to have a meal plan
• Faculty/Staff

WE'VE BUNDLED OUR MOST POPULAR ITEMS TO GET YOU THE BEST VALUE FOR YOUR MONEY!

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**SEMESTER RATES 2020-2021**

<table>
<thead>
<tr>
<th>MyMeal Plan Options</th>
<th>Student Price</th>
<th>Staff Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Meals</td>
<td>$77.70</td>
<td>$81.98</td>
</tr>
<tr>
<td>25 Meals</td>
<td>$194.25</td>
<td>$204.94</td>
</tr>
<tr>
<td>50 Meals</td>
<td>$388.50</td>
<td>$409.88</td>
</tr>
<tr>
<td>75 Meals</td>
<td>$582.75</td>
<td>$614.82</td>
</tr>
</tbody>
</table>

*Please note that 10 meals are available after an initial purchase of at least 25 meals*

**DINING LOCATIONS**

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<table>
<thead>
<tr>
<th>Location</th>
<th>Weekly Meal Plan Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drumlin Dining Hall</td>
<td>All You Care To Eat (Upper Level)</td>
</tr>
<tr>
<td></td>
<td>Drumlin Sandwich Shop (Lower Level)</td>
</tr>
<tr>
<td>Esker Dining Hall</td>
<td>All You Care To Eat (Upper Level Entrance)</td>
</tr>
<tr>
<td></td>
<td>Prairie Street Market &amp; Café (Lower Level)</td>
</tr>
<tr>
<td>Greenhill Center of the Arts: CAFÉ</td>
<td></td>
</tr>
<tr>
<td>Hyland Hall: Deloitte Café</td>
<td></td>
</tr>
<tr>
<td>Rock County Campus: Rockin' Grill</td>
<td></td>
</tr>
<tr>
<td>University Center: Restaurants:</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Einstein Bros. Bagels</td>
<td></td>
</tr>
<tr>
<td>Ike Schaffer Commons</td>
<td></td>
</tr>
<tr>
<td>H'EAT &amp; Fire</td>
<td></td>
</tr>
<tr>
<td>Willie's</td>
<td></td>
</tr>
<tr>
<td>Soup, Salad and Smoothies</td>
<td></td>
</tr>
</tbody>
</table>

**MEAL PERIODS TIME**

<table>
<thead>
<tr>
<th>Meal Period</th>
<th>Time</th>
<th>Meal Swipes Allowed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast</td>
<td>7:00am - 11:00am</td>
<td>Up to 1 Swipe</td>
</tr>
<tr>
<td>Lunch</td>
<td>11:00am - 4:00pm</td>
<td>Up to 2 Swipes</td>
</tr>
<tr>
<td>Dinner</td>
<td>4:00pm - 9:00pm</td>
<td>Up to 2 Swipes</td>
</tr>
<tr>
<td>Late Night</td>
<td>9:00pm - 11:00am</td>
<td>Up to 1 Swipe</td>
</tr>
</tbody>
</table>

**GUEST MEALS**

"Guest Meals" can be used from Thursday dinner through Sunday late night meal period, provided the account holder has enough meals left to use. Both the account holder and guest must be present. One guest meal is allowed per meal period.

**MEAL EXCHANGE**

Meal Exchange is only accepted during the following academic hours of operations:

- Ike Schaffer Commons: 7:00am - 10:00am (M-F)
- Einstein Bros. Bagels: 2:00pm - Close (M-F)
- H'EAT & Fire: 2:00pm - Close (M-F)
- All day Saturday & Sunday

**MEAL EXCHANGE FOR WEEKLY MEAL PLANS**

Meal Exchange is a program to allow students flexibility to use their meal plan across campus. Look for the meal exchange symbol explaining what combinations equal one meal swipe. Does not apply to all you care to eat locations.

Check out our online menus for additional information!
Meal Plans are loaded on to the student’s HawkCard and works similar to a debit card. Dining members will swipe their HawkCard and one meal and/or Dining dollars will automatically deduct from their account.

**ALL YOU CARE TO EAT**

**RESIDENTIAL DINING**

When dining at an ‘All You Care to Eat’ location, the student’s card will be swiped upon entry and one meal will be deducted from the account. Drumlin Dining Hall and Esker Dining Hall are our two ‘All You Care to Eat’ locations on campus.

*To-go option available

**RETAIL LOCATIONS**

All of our locations are set up in an ‘a la carte’ style. Your card will be swiped upon purchase. When dining at a retail location, students have the option of using Dining Dollars or a Meal Exchange. Meal Exchange is a program to allow students flexibility to use their meal plan across campus. At our retail locations a student is allowed to get designated items for a meal swipe which typically consists of an entrée, side item, and a drink. If you are purchasing items separately, Dining Dollars can be used instead of, or in addition to a meal swipe.

**ADD-ON DINING DOLLARS**

Dining Dollars are a small debit card-like account that are required part of your weekly meal plan. Dining Dollars can be used at all on-campus dining locations and have a dollar for dollar value. Students can use dining dollars to buy extra/ additional items a student may need. Here are some fast facts for you to remember about Dining Dollars:

- Students save Sales Tax (5.5%) when using Dining Dollars
- 15% discount at Esker & Drumlin Dining Hall
- 10% discount at all other on-campus dining locations

**WHERE ARE MY DINING OPTIONS?**

**Residential Dining**

- All You Care to Eat
  1. Esker Dining Hall
  2. Drumlin Dining Hall
  3. Ike Schaffer Commons Breakfast

**Residential Retail Dining**

- Prairie Street Market
- Drumlin Sandwich Shop

**University Center Retail Dining**

- Ike Schaffer Commons Lunch
- Einstein Bros. Bagels
- h‘EAT & Fire
- Willie’s
- Campus Food Trailer

**Academic Buildings Retail Dining**

- All Satellite locations offer good to go items, bakery items, and coffee

**UW-W at Rock County Retail Dining**

Located at Hyatt Smith Hall Commons

- Rockin Grill
MEET THE DIETITIAN

Rachael Omdoll

Rachael received a Bachelor of Science in Nutrition Science degree from Kaplan University in 2013. In 2014 Rachael continued her education at Mount Mary University and graduated in 2016 with a Certificate in Dietetics. Rachael has a passion for helping students make small but impactful changes in their nutrition lifestyle to help them feel better and perform better. As the campus dietitian she is available to help students in many ways from various walks of life. Here is a snap shot of some of the work she does on campus.

FREE STUDENT CONSULTATIONS!
Rachael is available to help students individually reach their nutrition/health goals. Meeting with students one-on-one allows Rachael to build a connection with students and help them make small changes over time to accomplish their personal goal. All students, athletes and non-athletes, are able to meet with Rachael and discuss anything related to nutrition.

NEED DIETARY ACCOMMODATIONS?
Students are encouraged to reach out to the campus dietitian for any dietary meal accommodations. They can help navigate through campus and help find options that fit anyone’s personal needs. UW-W Dining Services shall make every effort to accommodate a student’s special dietary need. In most cases, an accommodation can be made.

CONTACT RACHAEL TODAY!
Esker Room 101 | 262.472.1357 | omdollr@uww.edu
Fill out our form online to reach out to Rachael: uww.edu/uc/hawkcard/dining-services/ask-the-dietitian

DIETARY INFORMATION

The BeWell eating approach combines the latest in nutrition science and culinary trends to create a crave-worthy, nutritious menu of choices. Instead of a calorie-driven or fat-driven diet mentality, BeWell focuses on high-quality, whole food ingredients aimed to satisfy and help you feel good too. Based on six highly regarded diet patterns recommended by healthcare professionals, including the popular Mediterranean diet, the BeWell eating pattern emphasizes plant-based foods while still incorporating lean meats.

Additionally, BeWell recipes will be trans-fat free, use minimally-processed ingredients, and be prepared to keep sodium content to a minimum and portion control in check. Look for the BeWell Blueberry Icon for your BeWell Menu Options!

DINING HALLS
Foundations is a station located in both dining halls that features food that is allergen sensitive that provides a great healthy option for students with food allergies or students who are more health conscious.

Esker Dining Hall specializes in serving food free of Peanuts/Tree-Nuts.

BYO OPTIONS
Make sure to look out for our Build-Your-Own stations and restaurants throughout campus where you can customize your meal!

In both Dining Halls, our menus have allergen symbols to help guide students’ nutritional needs.
Safe Café is our way of telling our customers and guests that we have their health and safety in mind in everything we do. When you see the Safe Café sign, it means this location and its staff abide by strict standards of health and safety, as manifested by enhanced sanitation, social distancing, service modifications, PPE, and personal health monitoring.

CAN I BE EXEMPTED FROM THE MEAL PLAN?
UW-W Dining Services shall make every effort to accommodate a student’s special dietary need. In most cases an accommodation can be made. After the student has met with the campus dietitian and it has been determined that UW-W Dining Services is unable to satisfy a student’s special dietary need, the student will be directed to the Center for Students with Disabilities (CSD). CSD staff members will determine whether the student shall be released from any existing meal plan contract. Students will be required to provide written evidence from a physician that identifies specific circumstances that require special dietary consideration or exemption.

WHAT HAPPENS TO MY DINING DOLLARS AT THE END OF THE SEMESTER?
At the end of the fall semester, any unused Dining Dollars will roll over to your Dining Dollar account for the spring semester and be combined with your spring semester Dining Dollar deposit. Any Dining Dollars remaining on your account at the end of the spring semester will expire. Dining Dollars have to be used during the school year for which they were purchased. Students should carefully consider how much they will use their Dining Dollars over each semester. You may always purchase more as long as you have a meal plan. Dining Dollars are non-refundable.

WHAT HAPPENS TO THE MEALS THAT ARE NOT USED AT THE END OF THE WEEK?
A student on a weekly meal plan (10, 14, 19, or 24) has the opportunity to use that number of meals each week. The unused meals do not accumulate or roll over and do not figure into a refund.

WHAT IS A GUEST MEAL?
“Guest Meals” can be used from Thursday dinner through Sunday late night meal period, provided the account holder has enough meals left to use. Both the account holder and the guest must be present. One guest meal is allowed per meal period.

HOW DO I CHECK MY WEEKLY MEAL PLAN BALANCE?
There are multiple ways you can check your Weekly Meal Plan balance:
- Any dining location. The cashier can complete a balance check when asked.
- Stop by the HawkCard Office.
- Online using “eAccounts.” Learn more on our website: www.uww.edu/uc/hawkcard/meal-plans/weekly-meal-plan.

FOR ADDITIONAL INFORMATION AND FAQ:
Visit our website: uww.edu/uc/hawkcard/
Visit the HawkCard Office located on the upper level of the University Center, Room 250
Contact us for additional questions: 262.472.1437 | hawkcard@uww.edu
THANK YOU
WE LOOK FORWARD TO SERVING YOU!

For more information visit: uww.edu/uc/dining-service
or contact our office at 262.472.1161 or uwhitewater@aladdinfood.com