

# Best Practices for Supporting Others Workshop- Presented by Acentra



## Session Description:

This seminar will allow participants to discuss best practices and techniques for providing support to others. Participants will learn how they can provide support without taking on the role of a counselor or therapist and leave with real life strategies and resources they can use to listen to and support their loved ones. Join this interactive discussion as we role play how best to react to workplace dynamics that will be well received by your employees.

Date: 5/14/2024

Time: 12:30pm

Click [Here](#) to Attend