



Employee Assistance Program (EAP) October 2026 Live Webinar

HANDLING FINANCIAL STRESS

Join us on 10/14/2026 from
12:30 to 1:30 PM CST



WEBINAR DESCRIPTION:

With inflation driving up the cost of living, a significant percentage of Americans, many even with six-figure incomes, are living paycheck to paycheck. In this webinar, participants will learn concrete steps to stabilize and support their income, control spending, and plan for financial emergencies. We'll share best practices for maximizing earning and saving opportunities, providing practical strategies you can apply to your own financial circumstances during these challenging times. Join us to gain the tools you need to take control of your finances and build a more secure future.

The EAP is available 24/7 at 1.833.539.7285



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