

Warhawks in Motion 2026

Join us on June 9th for Warhawks in Motion kickoff! Meet at 11:30am at the water feature/food trailer in the middle of campus for a walk/roll with Chancellor King and Willie the Warhawk!



How do I Sign Up?

There will be two ways to sign up:

1 - As a team of 3-5

2- As an individual Super Stepper if you report 300,000 or more steps per week

Teams are to be composed of 3-5 people with one appointed Team Captain



For more information

Complete details and sign up information can be found on the Worksite Wellness website. For questions, contact the Wellness Team at 262-472-1024 or worksitewellness@uww.edu

What is Warhawks in Motion?

Warhawks in Motion is a friendly, team step/movement competition encouraging healthy living and exercise. This is open to all employees!



Employer Sponsored Activity

Participation in this challenge (plus completing two coaching sessions, a health assessment, and a health check), earns you \$150! Visit webmdhealth.com/wellwisconsin



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