

Warhawks in Motion│ **2025** **Team Sign-up Form**

**(Insert Logo Here)**

*Teams can be comprised of 3-5 team members. Teams can be made up of members from different departments.*

*Please note that regardless of the team size, the teams will be ranked based on overall steps that the team takes.*

*Please come up with a team name and delegate a team captain.*

*Please note, spouses of participants can also join the fitness challenge as a team member.*

*Last time to sign-up is June 20, 2025*

**Please complete all areas below:**

Team Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Department(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |
| --- | --- | --- |
| **Role** | **Name** | **Email** |
| **Team Captain / 1** |  |  |
| **Team Member 2** |  |  |
| **Team Member 3** |  |  |
| **Team Member 4** |  |  |
| **Team Member 5** |  |  |

A logo for a wellness company

Description automatically generated

Warhawks in Motion│ **2025** **Individual Sign-up Form**

**(Insert Logo Here)**

*Individuals who report more than 300,000 or more steps a week will register as a Super Stepper!*

*Please come up with a team name.*



*Last time to sign-up is June 20, 2025*

**Please complete all areas below:**

**Super Stepper Team Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Department:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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