

UW-Whitewater Counselor Education Department 2019-2020 Counseling Interns - Year-End Assessment

Please indicate your emphasis.

Answer	%	Count
School Counseling	15.15%	5
Clinical Mental Health Counseling	78.79%	26
Combined School/Clinical Mental Health Counseling	6.06%	2
Total	100%	33

Displays professional identity through behavior, disposition, attire, etc.

Answer	%	Count
Strongly agree	87.88%	29
Agree	12.12%	4
Disagree	0.00%	0
Strongly disagree	0.00%	0
Non applicable	0.00%	0
Total	100%	33

Knows the history and philosophy of the counseling profession.

Answer	%	Count
Strongly agree	39.39%	13
Agree	60.61%	20
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates a commitment to personal development, and a readiness to participate and contribute to the profession/professional organizations.

Answer	%	Count
Strongly agree	78.79%	26
Agree	21.21%	7
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Knows the roles and responsibilities of counselors as collaborative members of interdisciplinary teams (e.g. treatment teams, student services teams, behavioral health teams).

Answer	%	Count
Strongly agree	60.61%	20
Agree	39.39%	13
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Understands the role of counselor supervision and the consultation process.

Answer	%	Count
Strongly agree	96.97%	32
Agree	3.03%	1
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Knows the role and process for advocating on behalf of the counseling profession.

Answer	%	Count
Strongly agree	60.61%	20
Agree	39.39%	13
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Maintains appropriate boundaries with supervisor, peers, and clients.

Answer	%	Count
Strongly agree	87.88%	29
Agree	12.12%	4
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Engages in self-exploration and reflection of self throughout counseling process.

Answer	%	Count
Strongly agree	96.97%	32
Agree	3.03%	1
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Understands limitations and develops strategies to ensure client welfare.

Answer	%	Count
Strongly agree	66.67%	22
Agree	33.33%	11
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates an understanding of personal values and how they may impact practice.

Answer	%	Count
Strongly agree	78.79%	26
Agree	21.21%	7
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Knows and adheres to ethical guidelines.

Answer	%	Count
Strongly agree	81.82%	27
Agree	18.18%	6
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Functions ethically in a professional setting.

Answer	%	Count
Strongly agree	93.94%	31
Agree	6.06%	2
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates the ability to use technology to support the delivery of services (e.g. video recording, using a software program for diagnosis, documentation, intake, etc.)

Answer	%	Count
Strongly agree	68.75%	22
Agree	31.25%	10
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	32

Recognizes ways to advocate on local, state, and national level for diverse client and student populations.

Answer	%	Count
Strongly agree	39.39%	13
Agree	57.58%	19
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	3.03%	1
Total	100%	33

Understands multicultural variability (e.g. help-seeking behaviors) within and among diverse groups.

Answer	%	Count
Strongly agree	21.21%	7
Agree	78.79%	26
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates multicultural counseling competencies (e.g. impact of heritage, attitudes and beliefs within counseling session).

Answer	%	Count
Strongly agree	30.30%	10
Agree	69.70%	23
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Uses a theoretical lens to formulate a comprehensive case conceptualization.

Answer	%	Count
Strongly agree	66.67%	22
Agree	33.33%	11
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Utilizes a career lens to facilitate client/student career/life-planning and interrelationship with mental health.

Answer	%	Count
Strongly agree	42.42%	14
Agree	51.52%	17
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	6.06%	2
Total	100%	33

Accesses and utilizes research to inform the counseling process.

Answer	%	Count
Strongly agree	51.52%	17
Agree	48.48%	16
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Can use data and effectively conduct program evaluation in the clinical or school setting (e.g. monitor treatment, outcomes, program, etc.)

Answer	%	Count
Strongly agree	36.36%	12
Agree	57.58%	19
Disagree	3.03%	1
Strongly disagree	0.00%	0
NA	3.03%	1
Total	100%	33

Demonstrates the ability to implement and facilitate groups.

Answer	%	Count
Strongly agree	60.61%	20
Agree	39.39%	13
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates exploration skills (e.g. attending, listening, open questions).

Answer	%	Count
Strongly agree	90.91%	30
Agree	9.09%	3
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates insight skills (e.g. challenges, interpretations, immediacy).

Answer	%	Count
Strongly agree	75.76%	25
Agree	24.24%	8
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates action skills (e.g. feedback, information-giving, role-play, behavioral rehearsal).

Answer	%	Count
Strongly agree	69.70%	23
Agree	30.30%	10
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Engages in treatment planning with clients (e.g. identify client concerns, set goals, and evaluate progress).

Answer	%	Count
Strongly agree	69.70%	23
Agree	30.30%	10
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Knows how to select, utilize, and interpret counseling assessment instruments.

Answer	%	Count
Strongly agree	33.33%	11
Agree	63.64%	21
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	3.03%	1
Total	100%	33

Can use diagnostic criteria to help guide the treatment process.

Answer	%	Count
Strongly agree	50.00%	16
Agree	40.63%	13
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	9.38%	3
Total	100%	32

Shows initiative and motivation (meets deadlines, attends class).

Answer	%	Count
Strongly agree	87.88%	29
Agree	12.12%	4
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates professional writing skills (forms, reports, case notes).

Answer	%	Count
Strongly agree	78.79%	26
Agree	21.21%	7
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Accepts and uses feedback.

Answer	%	Count
Strongly agree	93.94%	31
Agree	6.06%	2
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Interacts in a collegial fashion with peers; collaborates well.

Answer	%	Count
Strongly agree	90.91%	30
Agree	9.09%	3
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates self-awareness (e.g. impact of self on others).

Answer	%	Count
Strongly agree	87.88%	29
Agree	12.12%	4
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates emotional stability (e.g. congruence between mood and affect) and self-control (e.g. impulse control).

Answer	%	Count
Strongly agree	84.85%	28
Agree	15.15%	5
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Demonstrates the ability to adapt to changing circumstances, unexpected events, and new situations.

Answer	%	Count
Strongly agree	81.25%	26
Agree	18.75%	6
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	32

Demonstrates honesty, integrity, and respect for others.

Answer	%	Count
Strongly agree	96.97%	32
Agree	3.03%	1
Disagree	0.00%	0
Strongly disagree	0.00%	0
NA	0.00%	0
Total	100%	33

Learning achieved that is not listed in objectives above:

Able to gather, organize and present community resources that can enhance client welfare (e.g. case management)

Effectively adapt counseling process to fit the specific needs of individuals and to meet the client where they are at. Can work with individuals with intellectual and developmental disabilities.

Reflection on myself and how I am growing professionally and personally as a counselor has gotten better, along with knowing I will always be learning about myself and my profession.

I learned a lot about myself and the care that others have for my education.

Flexibility and the ability to be my own advocate.

Time management and maintenance of self-care.

Professional development in the form of networking, professional networking through social media, and documentation pertaining to obtaining career placement.

Learned to collaborate effectively with school staff (including teachers and other student services personnel). Learned classroom management skills and effective boundary-setting for students. Learned the role of the school counselor as an educator. Learned how to give an effective classroom lesson. Learned to communicate effectively with students in Spanish.

Opportunity to learn and collaborate in a holistic approach at non-profit clinic.

Being a well-rounded professional, who feels prepared to enter into the work field, while still knowing that more learning will and needs to take place throughout my entire professional career.

A lot of professional development through professional outreach, and seminars.

Additional comments:

I know that while I still have a long way to go in my self-confidence and belief in myself as a counselor, I have also come a long way since Fall 2017. It is nice to be reminded - and I would love to see the results of the comparison between then and now if possible.

Deep gratitude to the entire department - my experience here was exceptional!

Overall, I feel that over my time in this program I have grown to be more confident in my abilities, as well as using the knowledge that I learned to become an efficient counselor. I really appreciated all of my peers and professors in the program. It has been a wonderful experience. I will miss my time at UW-Whitewater and I am grateful for it.

The program was well organized and prepared me for my responsibilities as a counselor.

Thank you to the program and the staff for these last three years!
